



COOLSCULPTING® PRE-CARE

- CoolSculpting® is a non-surgical procedure that takes one to two hours per treatment area.
- No topical anesthesia or pain medication is required.
- Typically, there is minimal to no recovery time after CoolSculpting. Most patients return to their regular daily routine, including work and working out, immediately after the procedure.
- You may not be pregnant for any treatment.

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We work hard to perfect the patient experience at Elevé MedSpa and would love to hear your feedback.



- During the course of your treatments, notify our staff of any changes to your medical history, health status, or personal activities that may be relevant to your treatment.
- Eat a healthy meal prior to your treatment.
- Items to bring to your appointment: matching under garments or a two-piece swimsuit; compression, if treating the abdomen; comfortable clothing to leave in; and snacks, if desired. (Note: Patients are welcome to complimentary snacks, juice, water, coffee, tea, and soda.) You may also bring a tablet or something to work on, but Netflix and other Smart TV channels are available during your treatment.
- If you have any questions or concerns, please call our office for assistance: 715-847-0000

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Elevé MedSpa & Vitality

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