

NEUROTOXIN POST-CARE:

- For the first 5-6 hours following Botox/Dysport, remain upright and periodically perform facial movements in the areas of injections in order to work the Botox/Dysport into the muscle – e.g., smile, squint, etc.
- Do not participate in activities that include heavy lifting, vigorous exercise, or straining for 2-3 hours. (It takes approximately 2-3 hours for Botox/Dysport to bind to the nerve, and it is important not to increase circulation during that time.)
- Do not rub, touch, or manipulate injection sites for 6 hours.

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Elevé Post Neurotoxin Care.indd 1 9/2/2022 4:05:18 PM

- Bruising in the area injected is normal and often expected, especially if treated around the eyes. Bruising can last up to several weeks. Using/taking Arnica may help diminish bruising.
- It may take up to 14 days for Botox/Dysport to take full effect.
- A follow-up visit at 2 weeks is suggested to assess results for subsequent treatments, particularly if you are a first-time client.
- Re-treatment is typically needed between 3-4 months.
- If your upper lip was treated, you will not be able to drink through a straw, whistle, or enunciate some words for approximately 2 weeks.
- Although rare, infection in the injected area is possible. Signs of infection may include redness and tenderness in the injection site and/or fever. Should you develop an infection, antibiotics may be necessary.
- Please contact our office with any questions or concerns:
 715-847-0000

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Elevé MedSpa & Vitality

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