



SCULPTRA® POST-CARE

- Expect swelling and tenderness for 48-72 hours.
- Possible bruising may last about 7-14 days.
- You may apply cold/ice packs to treated areas for the first 24 hours to minimize swelling.
- Arnica® gel may be used to massage the areas to help reduce bruising and swelling.
- Normal activities may be resumed immediately following treatment.
- Makeup may be applied a few hours after treatment.
- Avoid sun exposure until swelling has resolved.

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We work hard to perfect the patient experience at Elevé MedSpa and would love to hear your feedback.



- Massage treated areas 5 times a day for 5 minutes for 5 days to distribute solution and help prevent nodule formation - unless instructed not to. This may be uncomfortable for the first couple of days but is still necessary.
- Schedule your next appointment in 2-3 months to determine if additional treatments are needed. Most patients require a minimum of two treatments.
- Results may begin to appear 4 - 6 weeks after treatment and will gradually improve for up to 12 months. Results last up to 2 - 3 years after initial treatment.
- A possible side effect can be the delayed appearance of tiny nodules under the skin, which can appear 6 – 12 months after treatment. They are palpable, but not visible, and development can be minimized by following the post-treatment massage instructions.
- Any worsening or prolonged symptoms should be reported to your Elevé provider.
- If you have any questions or concerns, please call our office for assistance, 715-847-0000

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Elevé Plastic Surgery, MedSpa, Vitality

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