



BBL (BROADBAND LIGHT) POST-CARE

- You may experience some redness in the treatment area that should resolve within a few hours.
- Cool compresses should be used if any heat is in the skin for 15-minute intervals until heat subsides.
- Avoid activities that make you flush for 72 hours.
- Gentle cleansing with no rubbing, scrubbing, or exfoliating is recommended for 5-7 days.
- An SPF 30+ broad spectrum sunscreen should be worn daily and reapplied every 1.5-2 hours when in direct sunlight.
- You may notice darkening of any pigmented spots, followed by fading and flaking over the next 1-2 weeks.
- Follow all post-care instructions until treatment area is completely healed. In most cases, you can resume most activities immediately after treatment. The face may heal quicker compared to treatments on the body.
- Please contact our office with any questions/concerns at 715-847-0000