

Tips and what to avoid:

- Use soft cloths and towels to avoid any scrubbing.
- Makeup can typically be worn once the peeling process is complete.
- Wear a wide-brimmed hat or protective clothing for 2 months post treatment to avoid blistering, scarring, hyperpigmentation and hypopigmentation.
- When showering, avoid getting shampoo directly on the treated area.
- Avoid strenuous exercise and sweating until after skin has healed.
- Avoid use of retinol/Retin-A/tretinoin or any anti-aging products until your follow-up appt.
- Avoid alcohol for at least 48 hours post treatment.
- Avoid shaving for 7 days or until skin is healed.

If you experience excessive tenderness, redness, or any signs of infection, like yellow or green drainage or a fever of 101.5 or higher, please call our office immediately: 715-847-0000. Please email any non-emergent questions to our nurse practitioner, Anna Wicklund at Anna.wicklund@sawiconsin.com.



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