



HYDRAFACIAL POST-CARE

- Avoid direct sun exposure for at least 48 hours (although, we recommend this indefinitely) to prevent UV rays from damaging your skin, which slows down the benefits of Hydrafacials. Patients who absolutely cannot avoid sun exposure should use a broad-spectrum sunscreen with an SPF of 30 or higher and an antioxidant serum daily to maintain results.
- Waxing and depilatories can be resumed in 48 hours.
- Avoid heat (hot showers, sauna, and intense cardio) for 24 hours.
- Makeup is ok following treatment. However, if you don't need to wear makeup, wait until the next morning to wash your face to allow products to fully penetrate. If you wear makeup, cleanse your face with a gentle cleanser in the PM.
- Topical prescriptive medications can be resumed in 48 hours.
- OTC acne medications may be resumed in 48 hours.
- Optimum results can only be achieved if you follow the recommended skincare plan from your provider and follow all post-care instructions.
- Please contact our office with any questions/concerns at 715-847-0000