



## **MICRONEEDLING POST-CARE:**

- The treated area may be pink or red and slightly inflamed (like the appearance of a sunburn) for 24-48 hours following your SkinPen® procedure.
- Unexpected complications may occur if you apply facial products that have not been proven to be safe post procedure.
- Avoid strenuous exercise or excessive perspiration for 72 hours post treatment as excess blood flow and sweat can cause discomfort and irritation to already compromised skin.

## **DAY OF PROCEDURE:**

- Skinfuse® LIFT HG may be applied 1x every 4 hours as needed for hydration.
- Strictly avoid sun exposure (do not apply sunscreen); wear a wide-brimmed hat.

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We work hard to perfect the patient experience at Elevé MedSpa and would love to hear your feedback.



## **DAY AFTER PROCEDURE:**

- Use a gentle cleanser (Cetaphil® or provider recommendations) AM and PM.
- Apply sunscreen (preferably mineral) 24 hours post procedure.
- Continue to minimize sun exposure for 72 hours following the procedure.

## **2-3 DAYS AFTER PROCEDURE:**

- Use a gentle cleanser AM & PM.
- Continue to wear sunscreen daily.
- Apply a topical moisturizer.
- Wait at least 5 days post procedure to start skincare regimen and vitamin C. Wait 7 days before restarting retinol or Retin-A products.
- If you have any questions or concerns, please call our office for assistance, 715-847-0000

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**Elevé MedSpa & Vitality**

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