

G PROTEIN

Designed to help athletes meet daily calorie needs while delivering a blend of protein, carbs, and 15 vitamins and minerals. Gatorade Nutrition Shake helps refuel and rebuild muscle, supporting ongoing recovery throughout the day.



NUTRITIONAL INFORMATION *(per 1 bottle)*

Protein: 20g

Calories: 360-370 (varied by flavor)

Carbohydrates: 54g-55g carbohydrates (varies by flavor)
to replenish energy stores post-exercise

Electrolytes: 290mg sodium to help replace
what is lost in sweat

Fat: 8g



FLAVORS

Chocolate, Vanilla, Strawberry

