

G THIRST QUENCHER

Gatorade Thirst Quencher® is the most thoroughly researched sports beverage in the world. Scientifically designed to hydrate better than water, Gatorade is engineered to help athletes perform at their best during athletic activity. With the right amount of electrolytes and carbohydrates, Gatorade Thirst Quencher continues to rehydrate, replenish, and refuel athletes to get the most out of their performance.



NUTRITIONAL INFORMATION *(per 12 fl. oz. serving)*

Calories: 80

Carbohydrates: 22g to stimulate rapid fluid absorption and fuel the active body

Electrolytes: 160mg sodium and 45mg potassium to help replace what is lost in sweat



FLAVORS

Lemon-Lime, Orange, Cool Blue, Fruit Punch, Glacier Cherry, Glacier Freeze

GATORADE® THIRST QUENCHER POWDER



FLAVORS

Lemon-Lime, Orange, Fruit Punch, Glacier Freeze, Riptide Rush