



## Position Description

### Project Manager- Psychologist

#### Position Purpose

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This is a grade 2 Psychologist position overseeing the implementation of a cognitive behavioural therapy (CBT) program to help women with ovarian cancer, and residing in rural Australia, better manage cancer-related fatigue.

#### About the Position

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| <b>Location:</b>       | Queen Victoria Women's Centre, Melbourne (hybrid work from home option available for local candidates; full remote option for interstate candidates) |
| <b>Reports to:</b>     | Psychosocial Support Manager   |
| <b>Direct Reports:</b> | n/a  |
| <b>Duration:</b>       | Fixed term contract to July 2027   |
| <b>Position Type:</b>  | Part-time 0.4 EFT (2 days a week)  |

#### About the Organisation

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Ovarian Cancer Australia (OCA) is the national leader in advocacy providing vital support services for the 1,800 women diagnosed with ovarian cancer and their families each year. The OCA team is comprised of an expert and passionate team of nurses, psychologists, counsellors, advocates and a fundraising and marketing team all supported by business services professionals. Together, they deliver free and holistic, expert, evidence-based, specialist support services to women across Australia, and advocate for increased research funding, health systems reform and timely access to better treatment options for women living with ovarian cancer.

#### Our values:

We listen; We are inclusive; We are courageous; We act with integrity.

#### Our Culture:

We foster a strong sense of purpose and community by welcoming and supporting staff committed to achieving our vision. We value the diversity of our inclusive workplace and ensure we are a place where everyone feels respected and accepted. Ideas, feedback and contributions are encouraged, and we maintain a culture of trust, openness and optimism in all that we do.

For more information about Ovarian Cancer Australia please visit [www.ovariancancer.net.au](http://www.ovariancancer.net.au).

## Position Impact

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Each year in Australia, approximately 1700 people are diagnosed with ovarian cancer, and more than 1,000 die from the disease. Ovarian cancer has an extremely poor prognosis and has the lowest survival rate of any female cancer. In Australia, the overall five-year survival rate for people diagnosed with ovarian cancer is 49%. People impacted may experience poor quality of life and outcomes and Ovarian Cancer Australia (OCA) has a range of programs supporting them and their loved ones. The main programs include a helpline, the Teal Support Program (TSP), psychosocial services (psychology and counselling), support groups and information resources.

In 2025 OCA received funding from Cancer Australia to develop and deliver a new program addressing cancer-related fatigue (CRF) amongst people with ovarian cancer. This project addresses a critical gap in supportive care for CRF in people affected by ovarian cancer living in rural Australia. CRF affects 1 in 2 people with ovarian cancer, and data from OCA highlights 94% of women report experiencing CRF, with 66% reporting moderate to severe symptoms, with rates likely higher due to emerging use of PARP inhibitors.

CRF causes persistent physical, emotional, and cognitive exhaustion that significantly impacts quality of life, mental health, and daily functioning. However, access to tailored evidence-based support remains non-existent due to geographic and financial barriers.

Unlike other symptoms, CRF cannot be effectively treated through medical interventions alone. To overcome these challenges, this project will deliver a stepped-care, telehealth-delivered Cognitive Behaviour Therapy (CBT) program, ensuring structured, clinician-guided support for managing CRF.

This role forms part of OCA support services as a project manager for a new cancer-related fatigue project focusing on women with ovarian cancer residing in rural Australia.

## Key Responsibilities

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**Oversee the implementation of a CBT program to help women residing in rural Australia with ovarian cancer better manage cancer-related fatigue.**

- Contribute to the development of a CBT booklet for women with ovarian cancer with cancer-related fatigue (CRF) living in rural Australia
- Work with other OCA support staff, external stakeholders and those with lived experience
- Evaluate the feasibility and accessibility of the CBT CRF program.
- Write and submit a research protocol and human research ethic committee application
- Conduct participant recruitment
- Administer and evaluate study measures
- Deliver an online group CBT intervention for CRF
- Contribute to abstracts, peer review publications and conference presentations
- Develop and deliver a staff training webinar
- Collaborate with members of communications and marketing team to support recruitment, information dissemination and delivery of project

## **Support the OCA organisation**

- Work in collaboration with the organisation's awareness, fundraising and research teams to support projects, campaigns and other Ovarian Cancer Australia activities.
- Work collaboratively with other Ovarian Cancer Australia staff to optimise the promotion of the research program
- Contribute to the development of Ovarian Cancer Australia and Support Program strategy and planning.
- Contribute to the culture of decision-making including initiative, cooperation, collaboration and shared accountability.
- Other duties as directed.

## **Experience, Skills and Qualifications**

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- An APAC approved postgraduate qualification to Masters or Doctorate level in psychology.
- Full registration with the Psychologists Board of Australia and Australia Health Practitioner Regulation Agency (AHPRA).
- Experience working with people with cancer or chronic illness
- Experience with research including ethics applications, recruitment and data analyses
- Experience delivering Cognitive Behavioural Therapy (CBT)
- Experience delivering CBT groups desirable
- Experience delivering CBT via telehealth desirable

## **Mandatory Requirements**

- Proof of permanent residence and ongoing eligibility to work in Australia.

## **Attributes**

- Commitment to the mission and values of Ovarian Cancer Australia.
- Positive and 'can do' approach.
- Willingness to be collaborative.
- Inclusive and supportive.
- Resilient and actively conscious of self-care given the nature of OCA's purpose and the required interactions with those affected by ovarian cancer.