

Ovarian Cancer: Risks & Causes

The exact causes of most ovarian cancers are unknown, but certain factors may increase the risk.



Knowing your **family history of cancer is important**, including any family history of ovarian cancer, breast cancer or colon cancer.



Understanding your risk for inherited gene variants, including **BRCA1** and **BRCA2** genes, or having a genetic condition such as **Lynch Syndrome**.



Other risk factors include:

- ➔ Increasing age
- ➔ Medical conditions such as endometriosis
- ➔ Tobacco smoking
- ➔ Use of hormone replacement therapy (HRT)
- ➔ Obesity



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