

Psychosocial care and health promotion for people on the move in Märkisch-Oderland



We offer psychosocial and psychological counselling for displaced adults, children and young people. We have three counselling centres in the district and can also come to you on request.

Our team of psychologists and social workers offers individual psychological counselling and group sessions. The counselling sessions are always confidential and free of charge, with translators available if required.

We also organise workshops and seminars on mental health for clients and professionals.

Our aim is to improve mental health care for people on the move in the district and promote awareness of mental health.

Contact person: Jana Leheis, +49 159 067 203 45,
psz-mol@kommmit.eu



LOCATIONS AND CONTACT

Counselling Center Bad Freienwalde

Am Bahnhof 1a
16259 Bad Freienwalde

Open consultation hours:

Wednesday 10:00 AM – 1:00 PM

Telephone consultation hour:

Monday: 2:00 PM – 4:00 PM

Phone: +49 155 602 741 35

Counselling Center Strausberg

c/o Steremat mbH
Wirtschaftsweg 71
15344 Strausberg

Open consultation hours:

Wednesday: 13:30 AM – 4:30 PM

Counselling Center Seelow

c/o Familienzentrum "Das Nest"
Berliner Str.6
15306 Seelow

Open consultation hours:

Thursday: 11:00 AM – 2:00 PM

Contact

+49 159 067 203 45

psz-mol@kommmmit.eu

The counseling service is part of the projects "Hürden nehmen – Psychosoziale Versorgung für Geflüchtete" and "Psychosoziale Gesundheitsressourcen in Märkisch-Oderland stärken". The projects are funded by:



**Co-funded by
the European Union**



Bundeszentrale
für
gesundheitliche
Aufklärung



Herausgeberin: KommMit – für Migrant:innen und Geflüchtete e.V., Turmstraße 72, 10551 Berlin

Veröffentlicht: 22.04.2025