

GUELPH | FACIAL PLASTICS

- Vbeam/PDL Care Instructions -

What to expect after treatment

- Directly after your treatment, your skin will have increased redness. You may also have areas of bruising (purpura).
- Along with redness, you can expect your skin to feel warm like a sunburn. This feeling should resolve quickly, usually within a few hours or less.
- If bruising occurs, it may take 5-10 days to fully resolve.
- Rarely, you may have your skin peel or feel dry after a purpura treatment. This may also be expected to happen after a pigment treatment. If this happens, please contact Nurse Jocelyn, and start using Aquaphor ointment on the open or dry areas.

For your comfort

- Apply a cool compress to all treated areas. Ice 20 minutes of every hour the day of your treatment. You may continue to ice until irritation subsides.
- Take 500mg of Acetaminophen (1 extra strength Tylenol) if your discomfort is not relieved with icing alone. You may also take Tylenol 1 hour before your next treatment.

Precautions to take

- Avoid hot showers, warm or cool showers are best until your skin is healed
- Avoid hot tubs and saunas until your skin has completely healed
- Pat your skin dry after showers, avoid rubbing your skin
- Stop all active ingredient skin care products 5 days before treatment, do not continue them until your skin is healed
- Use SPF 30 or higher and avoid sun exposure on treated areas

Please do not hesitate to contact Dr. Brace's office if you have any questions or concerns.

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