

GUELPH | FACIAL PLASTICS

- Skin care after Refresh CO2 laser resurfacing -

5-7 DAYS AFTER TREATMENT

You can expect your skin to be healed, some areas may still have pink or red tones

If your skin is healed with no open areas:

- Morning and night, cleanse your skin with *Vivier Hexam* cleanser
- Follow with *Oxygenetix Moisturizer*
- If you are going to be outside you must either stay shaded with a wide brimmed hat, or use SPF and reapply every 2 hours. *Vivier SPF 30* is a great option that is gentle on the skin.

3 WEEKS AFTER TREATMENT

You can expect your skin to mostly be back to its normal tone, you may still have areas of skin that are pink

Active ingredients may resume. Contact Gigi to arrange a skincare consultation if you are unsure of what products to include in your routine. Retinol, Vitamin C, and exfoliants, are examples of what should be included in your routine to maintain results from CO2 resurfacing.

Sun precautions

For 3 months following CO2 resurfacing it is extremely important to keep your skin protected from the sun. Wide brimmed hats, staying in the shade, and using SPF when your skin can tolerate it, is recommended. If outside during peak hours of sun, reapply SPF every two hours. If you do not take sun precautions, you are at risk of hyperpigmentation or brown spots.

Makeup

The only foundation that you are permitted to use while your skin is healing is *Oxygenetix foundation*. *Oxygenetix foundation* is formulated for use after resurfacing treatments. Gigi can assist you in finding your right shade.