



# MOXI Laser Pre & Post Care Instructions

To ensure the best results and minimize risks, please carefully follow the guidelines below.

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## Pre-Care

Please prepare your skin before treatment:

- Avoid **sun exposure and tanning** (including tanning beds and self-tanners). Sunburned or recently tanned skin cannot be treated.
  - Discontinue **retinoids, glycolic acid, salicylic acid, hydroquinone, and other exfoliating products** on the treatment area.
  - Stop using **exfoliating agents** 5–7 days prior to treatment.
  - No **chemical peels, microneedling, waxing, or other resurfacing treatments** in the treatment area.
  - Begin using **broad-spectrum sunscreen daily** if not already part of your routine.
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## Post-Care Instructions

After your treatment, it is normal to experience:

- Redness (similar to a sunburn), which may last up to 24 hours.
- Mild swelling, which can last 2–4 days.
- A **sandpaper-like texture** of the skin as it heals.
- Avoid **strenuous exercise** for 72 hours.
- Avoid **hot tubs, saunas, and excessive sweating** until fully healed.
- Apply a **cold compress** to reduce swelling as needed.

- Wear **SPF 30+ daily** and avoid direct sun exposure for at least 4 weeks.
- Do not scratch, rub, or pick at the skin as it heals.
- Mild **itching or dryness** may occur—use a gentle, hydrating moisturizer if needed.

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✨ Following these instructions will help you achieve the best possible results from your MOXI treatment while keeping your skin safe and healthy.