


FOOT & ANKLE RECONSTRUCTION

Understanding Complex Surgical Solutions

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☐ What is Reconstruction?

Foot and ankle reconstruction is surgery to correct deformities or restore function from flatfoot, high arched feet, trauma, arthritis, or prior failed procedures.

Types of Reconstruction

- Realignment osteotomies (bone cuts)
- Tendon transfers
- Joint fusion or replacement
- Ligament repairs

☒ Who Needs It?

- Severe deformity or instability
- Failed previous surgery
- Progressive arthritis

Benefits

- Restores alignment and balance
- Reduces pain and dysfunction
- Improves quality of life

Considerations

- Complex surgery with longer recovery
- May require staged procedures

Ask Your Surgeon About:

- Custom treatment plan
- Surgical steps and expected outcomes