

RESTORING WHAT CANCER TAKES AWAY

Dr. Christine Fisher empowers women to move beyond a breast-cancer diagnosis.

A diagnosis of breast cancer is a reality that one in eight women in the U.S. will face. With 2.8 million survivors alive today, the demand for experienced breast-reconstruction surgeons is higher than ever before.

Enter Dr. Christine Fisher, a 2017 *Super Doctors*® honoree providing advanced breast-reconstructive techniques to women affected by breast cancer who are seeking beautiful and natural-looking results. At her women-run practice in Central Austin and Fredericksburg, Texas, Dr. Fisher and her team take the time to understand patients' goals and create a personalized care plan for each patient. She cares for patients undergoing breast reconstruction in Round Rock, Cedar Park, Austin, San Marcos, Marble Falls and Fredericksburg.

With two grandmothers who survived breast cancer, Dr. Fisher strongly believes in the value of emotional and practical support when facing such a diagnosis. For this reason, her care team includes breast-cancer survivors who are her former patients. These care coordinators are able to provide referrals to breast-cancer-specific community resources and share their personal experiences with the breast-reconstruction process. Dr. Fisher and her team are inspired daily as they work with patients on the journey to recovery.

Dr. Fisher's meticulous attention to detail has made her one of the most sought-after breast reconstruction surgeons in Central Texas. Her artistry, skill and experience mean patients can expect the best, including breast-reconstruction options such as living-tissue



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reconstruction, implant-based breast reconstruction and nipple-sparing breast reconstruction. When possible, she uses hidden-scar techniques, ensuring no scars are left on the front of the breasts.

With living-tissue reconstruction, excess skin and fat are removed from a part of the body, such as the abdomen (DIEP flap) or inner thighs (PAP flap), and transplanted to the chest to create new breasts. This type of reconstruction has the lowest lifetime revision rate and the highest patient-satisfaction scores.

Nipple-sparing breast reconstruction may be an option for women who have a small tumor and no signs of cancer near the nipple. Dr. Fisher performs a hidden-scar technique, by which the nipple and areola are left in place while the breast tissue underneath is removed and reconstructed.

A graduate of the University of Texas Medical Branch, Dr. Fisher completed her training in plastic surgery and advanced reconstructive surgery in Pittsburgh, Pa., and in Paris, France. Since 1997, Austin has been her home, which she now shares with her husband and three young children.

Dr. Fisher is on faculty at the new University of Texas Dell Medical School. She also serves on the Medical Advisory Committee for the Breast Cancer Resource Center and has been a bra designer with Kendra Scott for the organization's signature fundraiser, Art Bra Austin.

Dr. Fisher understands restorative breast surgery represents a chance for not just physical healing, but also emotional healing. She and her team aspire to empower women every day to move forward in life—confidently.

