

# EARLOBE REPAIR

## Post-Surgical Guide



### SURGICAL SITES

- Moderate bruising and swelling is normal at the and usually resolves in 1-3 weeks.
- Minor discomfort is normal and may last 1-2 weeks.
- Apply a thin layer of bacitracin ointment to incisions twice a day. May discontinue 48hrs after sutures are removed. At that point, switch to Vaseline or Aquaphor.
- After incision has healed, apply sunscreen (at least 30SPF) daily for 1 year to minimize scarring.
- ABSOLUTELY NO ICE or HEATING PADS to surgical site.

### SHOWER

- Ok to shower daily with mild soap like Dove starting 24 hours after procedure. Cleanse gently with your hand or a clean, soft washcloth. Do not rub or over clean surgical area. Pat dry.

### ACTIVITY

- No strenuous activity for 1 week

### MEDICATIONS

- Starting the day of your procedure, you may take two Aleve in the morning and two in the evening if needed for discomfort.
- For additional pain control, take Tylenol as instructed on the packaging.

### CALL THE OFFICE FOR

- Temperature greater than 101 degrees
- Significant increase in swelling or pain
- Redness around the incisions or pus/yellow/green drainage
- Darkened or blackened skin

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