



The Center for the Functional Restoration of the Spine, LLC
Steve J. Paragioudakis, MD | Marc S. Menkowitz, MD | Christopher Dijanic, MD
1131 Broad St, Shrewsbury, NJ 07702 | Tel: 732-380-1212 | Fax: 732-380-1372

New Patient Intake Form

Date: _____

| | | | | |
|---|----------------------|---------------------------|--------|-------------------------|
| LAST NAME | FIRST NAME | MIDDLE INITIAL | GENDER | CELL PHONE |
| STREET ADDRESS | | CITY | STATE | ZIP |
| HOME PHONE | SOCIAL SECURITY# | DATE OF BIRTH | | AGE MARITAL STATUS |
| EMAIL ADDRESS | | | | |
| EMPLOYER | ADDRESS | WORK PHONE | | |
| SPOUSE'S NAME (OR PATIENT ACCOMPANYING MINOR) | | DATE OF BIRTH | AGE | |
| EMERGENCY CONTACT | RELATION | PHONE NUMBER | | |
| PRIMARY CARE PHYSICIAN | ADDRESS | PHONE NUMBER | | |
| PHARMACY | ADDRESS | PHONE NUMBER | | |
| ALLERGIES | | | | |
| Insurance Information: <input type="checkbox"/> Medicare <input type="checkbox"/> Private <input type="checkbox"/> MOTOR VEHICLE <input type="checkbox"/> WORKER'S COMPENSATION | | | | |
| NAME OF COMPANY | | ADDRESS, CITY, STATE, ZIP | | |
| INSURANCE PHONE# | INSURANCE ID/POLICY# | GROUP# | | |
| SUBSCRIBER NAME | SOCIAL SECURITY# | DATE OF BIRTH | | |
| SECONDARY INSURANCE: <input type="checkbox"/> YES <input type="checkbox"/> NO (IF YES, COMPLETE BELOW) | | | | |
| NAME OF COMPANY | | ADDRESS, CITY, STATE, ZIP | | |
| INSURANCE PHONE# | INSURANCE ID/POLICY# | GROUP# | | |
| SUBSCRIBER NAME | SOCIAL SECURITY# | DATE OF BIRTH | GENDER | RELATIONSHIP TO PATIENT |

Referral info: How did you hear about us? Please select one and enter name if applicable below

Google / Online ad Billboard Friend/Family Attorney (enter below):

Doctor (enter below) Work Comp Adjuster (enter below) Work Comp Case Manager (enter below)

(if Applicable) Referrer Name and Firm/Practice/Company: _____

CONSENT TO USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

USE AND DISCLOSURE OF YOUR PROTECTED HEALTH INFORMATION

Your protected health information will be used by the Center for the Functional Restoration of the Spine, LLC or disclosed to others for the purpose of treatment, obtaining payment or supporting the day-to-day healthcare operations of the practice.

NOTICE OF PRIVACY PRACTICES

You should review the Notice of Privacy Practices for a more complete description of how your health information may be used or disclosed. You may review the notice prior to signing this consent.

REQUESTING A RESTRICTION ON THE USE OR DISCLOSURE OF YOUR INFORMATION

You may request a restriction on the use or disclosure of your protected health information. the Center for the Functional Restoration of the Spine, LLC may or may not agree to restrict the use or disclosure of your protected health information.

If the Center for the Functional Restoration of the Spine, LLC agrees to your request, the restriction will be binding on the practice. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of federal standards.

REVOCATION OR CONSENT

You may revoke this consent to the use and disclosure of your protected health information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

RESERVATION OF RIGHT TO CHANGE PRIVACY PRACTICES

the Center for the Functional Restoration of the Spine, LLC reserves the right to modify the privacy practices outlined in the notice.

SIGNATURE

I have reviewed this consent form and give my permission to the Center for the Functional Restoration of the Spine, LLC to use and disclose my health information in accordance with it.

Name of Patient (Print) _____

Signature of Patient _____ **Date:** _____

Signature of Patient Representative: _____

Relationship to Patient: _____

**LEGAL ASSIGNMENT OF BENEFITS & DESIGNATION OF AUTHORIZED
REPRESENTATIVE**

I, _____, represent that I have valid and in-force insurance and/or
Patient Name

employee health care benefits coverage, and hereby assign and convey directly to Orthopaedic Spine Specialists of NJ, LLC, the "Providers", as my designated Authorized Representative, all medical benefits and/or insurance reimbursement, if any, otherwise payable to me for services rendered by the Providers, regardless of the Providers' managed care network participation status. I understand that I am financially responsible for all charges regardless of any applicable insurance or benefit payments. I hereby authorize the Providers to release all medical information necessary to process my claims under HIPAA, I hereby authorize any plan administrator or fiduciary, insurer and my attorney to release to the Providers any and all plan documents, insurance policy and/or settlement information upon written request from the Providers in order to claim such medical benefits, reimbursement or any applicable remedies. I authorize the use of this signature on all my insurance and/or employee health benefits claim submissions.

I hereby convey to the Providers, to the full extent permissible under the law and under any applicable employee group health plan(s), insurance policies or liability claim, any claim, chose in action, or other right I may have to such group health plans, health insurance issuers or tortfeasor insurer(s) under any applicable insurance policies, employee benefit plan(s) or public policies with respect to medical expenses incurred as a result of the medical services I received from the provider(s), and to the full extent permissible under the law to claim or lien such medical benefits, settlement, insurance reimbursement and any applicable remedies, including but not limited to: (1) obtaining information about the claim to the same extent as the assignor; (2) submitting evidence; (3) making statement about facts or laws; (4) making any request, or giving, or receiving any notice about appeal proceedings; and (5) any administrative and judicial action actions by the provider(s) to pursue such claim, chose in action or right against any liable party or employee group health benefit plan in my name with derivative standing but at such provider(s) expenses. Unless revoked, this assignment is valid for all administrative and judicial reviews under PPACA, ERISA, Medicare, and applicable federal and state laws. A photocopy of this assignment is to be considered as valid as the original. I have read and fully understand this agreement.

Signature of Insured/Responsible Party: _____

Printed Name of Insured/Responsible Party: _____

Date: _____

MEDICAL INTAKE FORM

TODAY'S DATE: _____

PATIENT NAME: _____ DATE OF BIRTH: _____

WHAT IS THE **MAIN** REASON FOR YOUR VISIT?

PAST MEDICAL HISTORY

Circle YES or NO for any major, significant illnesses which apply to you.

| | | | |
|-------------------------------------|--------------------------|---------------------------|--------|
| ANEMIA: | YES NO | HAY FEVER/SINUS PROBLEMS: | YES NO |
| ASTHMA/ BRONCHITIS/ EMPHYSEMA: | YES NO | HEART DISEASE: | YES NO |
| ARTHRITIS: | YES NO | HEPATITIS: | YES NO |
| BLEEDING/ BRUISING/ BLOOD DISORDER: | YES NO | HIGH BLOOD PRESSURE: | YES NO |
| CANCER (TYPE): | YES NO | IMMUNE DISORDER: | YES NO |
| DEPRESSION: | YES NO | KIDNEY DISEASE: | YES NO |
| DIABETES: DO YOU TAKE INSULIN? | YE NO S NO YE S | LIVER DISEASE: | YES NO |
| DRUG ABUSE / ALCOHOL DEPENDENCY: | YES NO | STROKE: | YES NO |
| EPILEPSY/ SEIZURES: | YES NO | THYROID DISEASE: | YES NO |
| OTHER (describe): | _____ | TUBERCULOSIS (TB): | YES NO |

HOSPITALIZATIONS / SURGERIES/ SERIOUS INJURIES:

DATE: _____ REASON: _____

DATE: _____ REASON: _____

DATE: _____ REASON: _____

DATE: _____ REASON: _____

MEDICATIONS (PRESCRIPTION AND OVER THE COUNTER/SUPPLEMENT)-

MEDICATION: DOSE: _____
MEDICATION: DOSE: _____

ALLERGIES: _____

Please indicate anything else of importance the Doctor should know about you:

FAMILY/ SOCIAL HISTORY

TODAY'S DATE: _____

PATIENT NAME: _____ DATE OF BIRTH: _____

FAMILY HISTORY:

| | AGE | MEDICAL PROBLEMS | CAUSE OF DEATH |
|----------|-----|------------------|----------------|
| FATHER | | | |
| | | | |
| MOTHER | | | |
| | | | |
| SIBLINGS | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| CHILDREN | | | |
| | | | |
| | | | |
| | | | |

SOCIAL HISTORY:

DO YOU (OR DID YOU IN THE PAST) SMOKE (PLEASE CIRCLE: CIGARETTES / MARIJUANA) ? YES/ NO

HOW MUCH: _____ PACKS/DAY/ _____ YEARS

IF YOU HAVE QUIT, PLEASE SPECIFY WHEN YOU QUIT: _____

DO YOU DRINK ALCOHOL? YES/ NO HOW OFTEN? _____

DO YOU USE ANY OTHER DRUGS OTHER THAN PRESCRIBED OR OVER THE COUNTER MEDICATION? YES / NO

IF YES, PLEASE LIST: _____

DO YOU EAT A BALANCED DIET? YES/ NO IS YOUR WEIGHT STABLE? YES/ NO

HAVE YOU HAD SIGNIFICANT EXPOSURE TO: PESTICIDES? YES NO TOXIC WASTE? YES NO

HAVE YOU HAD PREVIOUS TREATMENT WITH OR EXPOSURE TO RADIATION? YES NO

IF YES, PLEASE EXPLAIN: _____

BIRTHPLACE: _____

CURRENT OCCUPATION: _____

WHO CURRENTLY LIVES AT HOME WITH YOU: _____

YEARS OF EDUCATION COMPLETED: _____

IS TODAY'S EVALUATION RELATED TO:

MOTOR VEHICLE ACCIDENT? YES/ NO - IF YES, WHEN: _____

WORKMAN'S COMPENSATION? YES/ NO - IF YES. WHEN: _____

LAWSUIT? YES/ NO - IF YES, DESCRIBE: _____

HAVE YOU BEEN OUT OF WORK DUE TO YOUR SYMPTOMS? YES / NO

IF YES - WHAT WAS YOUR LAST DATE WORKED? _____

REVIEW OF SYSTEMS

TODAY'S DATE: _____

PATIENT NAME: _____ DATE OF BIRTH: _____

DO YOU PRESENTLY HAVE ANY PROBLEMS OR SYSTEMS IN THE FOLLOWING AREAS? PLEASE CHECK OFF ALL THAT APPLY:

| | | | |
|---|---|--|---|
| <u>GENERAL</u> FATIGUE DECREASED APPETITE FEVERS WEIGHT LOSS WEIGHT GAIN INSOMNIA | YES YES YES YES YES YES | <u>SKIN</u> RASH CHANGING MOLES SKIN CANCER NON-HEALING WOUND BREAST PAIN/LUMP CHANGE IN HAIR/NAILS ITCHING | YES YES YES YES YES YES YES |
| <u>CARDIOVASCULAR</u> CHEST PAIN PALPITATIONS HIGH BLOOD PRESSURE STROKE SWELLING OF LEGS HISTORY OF BLOOD CLOT | YES YES YES YES YES YES | HEMATOLOGICAL EASY BRUISING FREQUENT BLEEDING ENLARGED LYMPH NODES | YES YES YES |
| <u>NEUROLOGICAL</u> HEADACHES NUMBNESS OR TINGLING WEAKNESS PARALYSIS CHANGE IN MEMORY DIFFICULTY WALKING DIZZINESS | YES YES YES YES YES YES YES | MUSCULOSKELETAL JOINT STIFFNESS MUSCLE PAIN MUSCLE CRAMPING MUSCLE WEAKNESS BACK PAIN DIFFICULTY WALKING | YES YES YES YES YES YES |
| <u>ENDOCRINE</u> HEAT INTOLERANCE COLD INTOLERANCE EXCESS THIRST EXCESS URINATION THYROID PROBLEMS | YES YES YES YES YES | <u>EAR, NOSE & THROAT</u> VISUAL CHANGES HEARING LOSS SORE THROAT NASAL CONGESTION RUNNY NOSE EAR PAIN | YES YES YES YES YES YES |
| <u>GASTROINTESTINAL</u> CHANGE IN APPETITE HEARTBURN ULCERS NAUSEA/VOMITING DIARRHEA CONSTIPATION BLOODY STOOLS RECTAL BLEEDING ABDOMINAL PAIN | YES YES YES YES YES YES YES YES YES | GENITOURINARY PAINFUL URINATION BLOODY URINE INCREASED URINATION LEAKING URINE ERECTILE DYSFUNCTION | YES YES YES YES YES |

PAIN DRAWING

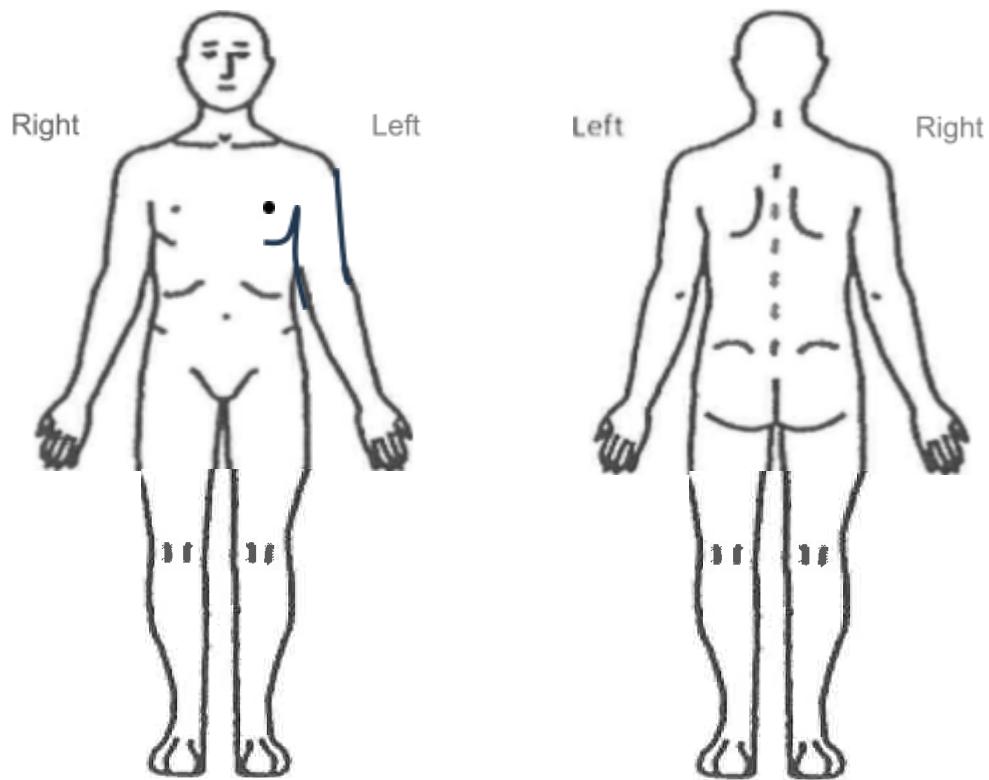
TODAY'S DATE: _____

PATIENT NAME: _____ DATE OF BIRTH: _____

THE PAIN DRAWING WILL HELP US UNDERSTAND THE PAIN YOU HAVE BEEN EXPERIENCING. PLEASE DIAGRAM YOUR PAIN USING THE FOLLOWING SYMBOLS.

| | |
|-----------------|---------|
| NUBBNESS | = |
| BURNING: | XXXX |
| PINS & NEEDLES: | 0 0 0 0 |
| STABBING: | |
| OTHER: | *** |

HEIGHT: _____ WEIGHT: _____



DATE OF ACCIDENT(S) (Write "N/A" if not related to motor vehicle or workman's compensation):

OUT OF WORK: DAYS: _____ MONTHS: _____ YEARS: _____

BACK PAIN/ HIP PAIN/ LEG PAIN QUESTIONNAIRE
(skip if you do not have back, leg, or hip pain)

TODAY'S DATE: _____

PATIENT NAME: _____ **DATE OF BIRTH:** _____

WHEN WERE YOU FIRST AWARE THERE WAS SOMETHING WRONG WITH YOUR BACK?

HOW LONG HAVE YOU BEEN EXPERIENCING YOUR PRESENT ATTACK OF PAIN?

HOW MANY ATTACKS OF PAIN HAVE YOU HAD PER YEAR?

PAIN SCALE

ON A SCALE OF 1-10 WITH 0 BEING NO PAIN AND 10 BEING PAIN SO SEVERE THAT YOU COULD NOT LIVE WITH IT FOR MORE THAN A FEW MINUTES, HOW WOULD YOU RATE YOUR PAIN PRESENTLY?

BACK: _____ RIGHT LEG: _____ LEFT LEG: _____ RIGHT HIP: _____ LEFT HIP: _____

IF YOU HAVE LEG PAIN, DID THE BACK PAIN IMPROVE ONCE THE LEG PAIN BEGAN? _____

PAIN DESCRIPTION

IS YOUR PAIN: _____ INTERMITTENT / _____ CONSTANT

IS YOUR PAIN: _____ IMPROVING/ _____ GETTING WORSE

PAIN INTERFERENCE

DOES YOUR PAIN AFFECT YOUR SLEEP IN ANY OF THE FOLLOWING WAYS?

_____ CANNOT SLEEP AT ALL BECAUSE OF PAIN

_____ I AM AWAKE THE SAME TIME EVERY NIGHT

_____ I MUST TAKE MEDICINE TO SLEEP

_____ I CANNOT SLEEP IN CERTAIN POSITIONS (SPECIFY): _____

ACTIVITY

HOW MUCH TIME DO YOU SPEND DURING THE DAY LAYING DOWN? _____

WHAT MAKES PAIN WORSE? _____

WHAT MAKES PAIN BETTER? IS THE PAIN WORSE IN THE MORNING? YES/ NO _____

IS THE PAIN WORSE TOWARD THE END OF THE DAY? YES/ NO _____

DO YOU HAVE DIFFICULTY WALKING? YES/ NO

IF YES, DO YOU STUMBLE DUE TO PAIN? YES/ NO - PLEASE DESCRIBE: _____

DO YOU LIMP? YES/ NO - PLEASE DESCRIBE: _____

_____ FEELS LIKE YOU MUST URINATE BUT CANNOT DRIBBLING

_____ LOSS OF FEELING OF VOIDING _____ INABILITY TO VOID

_____ URGENT DESIRE TO VOID AND CANNOT HOLD IT CONSTIPATION

_____ DIFFICULTY WITH SEX

KNEE PAIN

DOES YOUR KNEE(S) GIVE WAY?

| | | | | |
|------------|------------|-------|-----------|----|
| RIGHT KNEE | RIGHT KNEE | RIGHT | LEFT KNEE | NO |
| FOOT | | | LEFT KNEE | NO |

DO YOU HAVE WEAKNESS IN YOUR KNEE? DO YOU HAVE NUMBNESS IN YOUR FOOT?

| | | |
|------|------|----|
| LEFT | KNEE | NO |
| LEFT | FOOT | NO |

HAVE YOU BEEN EVALUATED BY A MEDICAL PROVIDER FOR YOUR PAIN? IF SO, LIST NAME AND SPECIALTY.

TODAY'S DATE: _____

PATIENT NAME: _____ **DATE OF BIRTH:** _____

WHAT TREATMENTS HAVE YOU UNDERGONE AND HAVE THEY BEEN HELPFUL?

HOSPITALIZATIONS / SURGERIES FOR BACK PAIN

HAVE YOU EVER BEEN HOSPITALIZED FOR YOUR BACK/ LEG/ HIP PAIN? YES/ NO

IF YES, LIST DATES: _____

HAVE YOU UNDERGONE ANY OF THE FOLLOWING TESTS FOR YOUR BACK PAIN? IF SO, LIST THE BODY AREA AND DATE(S):

MRI: _____ DATE(S): _____

CT SCAN: _____ DATE(S): _____

CT MYELOGRAM: _____ DATE(S): _____

BONE SCAN: _____ DATE(S): _____

OTHER (EMG, EPIDURAL VENOGRAM): _____ DATE(S): _____

HAVE YOU UNDERGONE ANY SURGERIES, THERAPEUTIC PROCEDURES ON YOUR BACK? YES/ NO
IF YES, LIST DATES/ TYPE OF PROCEDURE: _____

CERVICAL SPINE QUESTIONNAIRE

(skip if you do not have neck pain, shoulder, or arm pain)

HOW LONG HAVE YOU BEEN EXPERIENCING NECK PAIN?

DID IT BEGIN AFTER A SPECIFIC TRAUMA OR INJURY? YES/ NO
IF YES, PLEASE DESCRIBE: _____

PAIN SCALE

ON A SCALE OF 1-10 WITH 0 BEING NO PAIN AND 10 BEING PAIN SO SEVERE THAT YOU COULD NOT LIVE WITH IT FOR MORE THAN A FEW MINUTES, HOW WOULD YOU RATE YOUR PAIN PRESENTLY?

NECK: _____ RIGHT SHOULDER: _____ LEFT SHOULDER: - -

HEADACHES: _____ RIGHT ARM: _____ LEFT ARM: - -

PAIN INTERFERENCE

DOES PAIN INTERFERE WITH YOUR SLEEP? YES / NO

DO YOU EXPERIENCE WEAKNESS? YES/ NO - WHERE? _____

DO YOU EXPERIENCE CLUMSINESS? YES/ NO - WHERE? _____

DO YOU EXPERIENCE NUMBNESS? YES/ NO - WHERE? _____

DO YOU HAVE DIFFICULTY WALKING? YES/ NO- HOW LONG CAN YOU WALK? _____

HAVE YOU UNDERGONE ANY OF THE FOLLOWING TESTS FOR YOUR PAIN? IF SO, LIST THE BODY AREA AND DATE(S):

MRI: _____ DATE(S): _____

CT SCAN: _____ DATE(S): _____

CT MYELOGRAM: _____ DATE(S): _____

BONE SCAN: _____ DATE(S): _____

OTHER (EMG, EPIDURAL VENOGRAM): _____ DATE(S): _____

HOSPITALIZATIONS/ SURGERIES FOR NECK PAIN

HAVE YOU EVER BEEN HOSPITALIZED FOR YOUR NECK PAIN? YES/ NO

IF YES, LIST DATES: _____

HAVE YOU UNDERGONE ANY SURGERIES, THERAPEUTIC PROCEDURES ON YOUR NECK? YES/ NO
IF YES, LIST DATES/ TYPE OF PROCEDURE: _____

The Center for the Functional Restoration of the Spine Pain Treatment with Opioid Medications: Patient Agreement

This agreement is essential to the trust and confidence necessary in a prescriber/patient relationship. My prescriber has discussed my treatment plan with me. I understand that there is a risk for psychological and/or physical dependence and addiction associated with chronic use of controlled substances for pain. I have been told about the side effects that I may experience.

I, _____ understand and voluntarily agree to the following (initial each statement after reviewing):

- I have told my prescriber about other medications I am taking and my medical history, including my prior experience with pain medications or other drugs. Throughout my treatment I will communicate fully with my prescriber about the character and intensity of my pain, effect of pain on my daily life and how well the medication is helping to relieve pain.
- I will take my medication as instructed and not change the way I take it without first talking to my prescriber or other members of the treatment team. I understand that my prescriber may change this medication during the course of treatment.
- I will not attempt to obtain pain medications from any other prescribers.
- I agree not to use illegal drugs or alcohol while on these medications.
- I will use one pharmacy to get all my medications (pharmacy name and phone) _____
- I understand that I should not drive a motor vehicle or operate machinery if the medication causes dizziness or drowsiness.
- I understand that I may be referred to other healthcare professions for other modes of treatment such as physical therapy, exercise, relaxation techniques, psychological counseling, diagnostic tests and that my prescriber may speak with other healthcare professionals about my treatment plan.
- I will keep the medicine safe, secure and out of reach of others and will dispose of unused medications in a Project Medicine Drop Box, through a Take-Back Program or in a drug disposal pouch.
- I will not sell this medicine or share it with others. If my medicine or prescription is lost or stolen, I understand that it may not be replaced.
- I understand that I may need to submit to random urine drug testing and pill counts if requested by my prescriber and that my prescriber will be verifying that I am receiving controlled substances from only one prescriber and only one pharmacy by utilizing the Prescription Monitoring Program website.
- I understand that if I do not follow all terms of this Agreement, my prescriber may stop prescribing pain medications and/or I may be required to find another prescriber or health care professional for my future medical treatment.
- I will keep all scheduled appointments, including appointments for refills. If I am having trouble making an appointment, I will tell a member of the treatment team immediately.
- I will not call between appointments, at night or on the weekends looking for refills. I understand that prescriptions will only be filled during scheduled office visits with the treatment team or during regular office hours. Office policy requires 48 hours notice for refills.

Patient Signature

Patient Name (Print)

Date

Prescriber Signature

Prescriber Name (Print)

Date

Healthcare Information HIPAA Correspondence Form

Patient's Name: _____ Date of Birth: _____

Healthcare information may include but is not limited to: patient history and physicals, appointments, procedures, surgeries, diagnostic imaging/lab results, outside provider consultations/referrals, insurance claims/billing information,

I hereby authorize the staff at The Center for Functional Restoration of the Spine, LLC. to release and discuss healthcare information of the patient named above to:

SPOUSE: _____ Contact#: _____

CHILD(REN): _____ Contact#: _____

OTHER (specify): _____ Contact#: _____

OTHER (specify): _____ Contact#: _____

CORRESPONDENCE

If unable to reach me:

- You may leave a detailed message including protected health information
- Leave a message requesting a callback

Patient Signature

Date

This authorization may be revoked at any time with submission of a written request