

FOCUS

ISSUE 25

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"Our Children, Our Youth, Our Families and Our Communities are Safe, Resilient and Empowered."



Concentrating on the apple slinky at the Pormpuraaw Annual Bull Ride

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Management Committee Profile



Marcella Ketchell Committee Member

We asked Marcella a few questions to get to know our mob who are passionate about RAATSICC and volunteer their time to be on our Management committee.

1. Where did you grow up? I was born in Mackay, lived and schooled early years on Thursday Island and attended the rest of my schooling in Cairns.

2. How did you get involved with RAATSICC?

I have had an external stakeholder relationship with RAATSICC in my previous positions working in Cape York. The opportunity came up to nominate for the management committee and I was encouraged to nominate, so I did.

3. Is there something about RAATISCC services that you wish the community knew? Maybe more about how important Kinship Care services are. I think there is great opportunity for people in the communities to have

input and provide advice as to how services could be delivered.

Also RAATSICC has some long standing dedicated staff who have been with the organisation for a long time, and they have been beneficial to the organisation.

4. What is something that mob might be surprised to know about you?

Not sure.... I do like to travel overseas seeing different places and get different perspectives on things, learn about different cultures, eat different food. I think it's important to understand the challenges other people go through in life, and appreciate the opportunities we have that people in other parts of the world don't have.

CEO Yarn up - Kristine Smith



It certainly has been a very busy four (4) months and so far a great privilege to work with wonderful and committed Aboriginal and Torres Strait Islander people that deliver services to our people in the Cape York and NPA Region.

In July Joe Jose, Snr Practice

and Development Officer and I delivered a Staff Workshop 'Flying Outside the Box' to increase staff knowledge and understanding of programs, practice models and to find creative ways to solve problems. We were very fortunate to have a representative from Amnesty International to give a Key Note Address. The Staff Workshop is the beginning of many activities of its type to redefine RAATSICC service delivery model and identify priorities as we head toward our reaccreditation against the **Human Service Quality** Standards (HSQS) in 2020.

I completed my 1st of many visits to Western Cape and I am so

appreciative of the time provided by representatives of Mapoon and Aurukun Shire Councils to discuss how RAATSICC can improve service delivery in their communities.

In November I will be heading to Lockhart River with staff to learn and understand the impact of RAATSICC services in the community, also to further discuss our recent submission for funding with the Australian Government, Men as Role Model for Preventing Violence against Women Initiative.

RAATSICC AGM will be held in October and I look forward to meeting our Members and supporting organisations.

Pormpuraaw Annual Bull Ride 2019

The community of Pormpuraaw gathered at the Rodeo ground on the 21 and 22 of September 2019 run by the Pormpuraaw Aboriginal Shire Council.

Romena (featured in picture) is the Foster and Kinship Care Worker based in Pormpurraw. Romena wanted to do something for the children over this weekend so she set to work supported by RAATSICC staff and the Pormpuraaw Land & Sea Rangers. She put together a children's play area for kids to sit in the shade.

Children came to the stall and read the books however the highlight was seeing the fascination in their eyes with how the apple slinky machine works.

We look forward to next year and aim for bigger and better.

Thank you to the Pormpuraaw Aboriginal Shire Council for continuing to put this event on for the community.





Our Families

Combining forces for families

The three RAATSICC programs

- Family Participation Program
- Cape York and Gulf Fostering and Kinship Care
- Strong Active Family Engagement

RAATSICC programs opened access and combined forces to support children and families this quarter.

Two families faced with urgent family crisis gain better outcome by accessing complementary services in urgent family circumstances.

Story 1

A family went to their community SAFE Worker about a child in Investigation & safe house being sent to Assessment (I&A). Cairns.

What we did: Gained consent to work with all 3 **RAATSICC** programs.

Case discussion with team leaders and support workers.

Referral for Legal support.

Family accessed Foster and Kinship Care team to be a kinship Carer

Advised of the mum's return to community overnight

Child Safety would not take the matter any further.

SAFE team will continue supporting the family to ensure the child is safe.

Story 2

Child Safety begun the initial stage of an

Referral came to SAFE and FPP—discussions with family of:

- Safety Plan
- Case Plan.

Two weeks of intense work with the family, the draft plans were sent to the Child Safety Officers.

Notification from Child Safety supporting **RAATSICC** to work with family on both plans.

Outcome

Child Safety close Investigation and assessment— "the child is no longer at risk/ harm."

If you have any questions about keeping your children safe call us on 4030 0900

Family Fun

Kids glued to electronics? Have you stopped having good yarns? Do you need new and fun things to do as a family?

Families alive have heaps of activities to do with kids.

Tips



Spend a day together unplugged from electronics.



Attend a sporting event together. If you're budget is tight, try go for a play where there's some nice grass or along the beach.

Start reading a book out loud to your children. Make sure the book is enjoyable for the whole family!





Hold a "talent show" for the whole family. Let each child (and adult) do something and clap for them!

During dinner tonight, talk about what each person loves about every other person. Start by saying I love you because... think of new things each time you do this.

Source: www.familiesalive.org.au/familyideas

Journey to Healing

The National Redress Scheme into Institutional Child Sexual Abuse came about through recommendations put forward from the Royal Commission. The National Redress Scheme supports people who have experienced institutional child sexual abuse gain access to 3 components:

- 1. A direct personal response
- 2. Counselling services
- 3. Redress payment

Information regarding the National Redress Scheme can be found at:

www.nationalredress.gov.au

RAATSICC is a **Redress Support Service.** Our staff are made up of:

- Redress Counsellors
- Redress Support Workers

Supporting Redress applicants with emotional counselling and practical support with their application through the assessment process, also referring to the appropriate services when need be.

Applications can be made any time before 30 June 2027

Self Healing

Self –determination means to empower ourselves to build good lives.

Work on ourselves

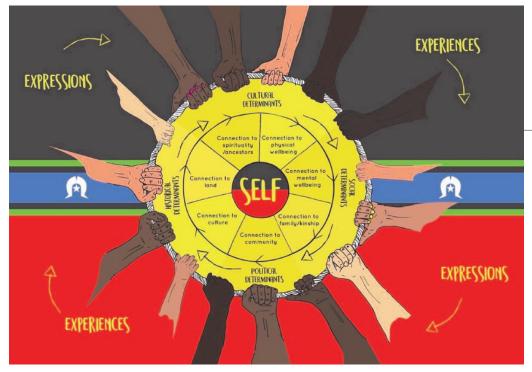
There are things that we can look at ourselves and work towards understanding and building connections to these:

- Connection to spirituality/ancestors
- Connection to physical wellbeing
- Connection to mental wellbeing
- Connection to family/kinship
- Connection to community
- Connection to culture
- Connection to land

There are things called determinates these are things that have affect on our lives. We might not be able to control these but we can understand and make changes in our communities by helping to educate others on what they are and how we can make positive changes:

- Cultural determinates
- Social determinates
- Political determinates
- Historical determinates

No one is the exact same as another. But we can all work on ourselves and work as a community towards self-determination for our people.



Source: Koorie Youth Council project, Msaga dji. The original image was developed by Gee, Dudgeon, Schultz, Hart & Kelly on behalf of Australian Indigenous Psychologists Association. Artwork by Jacob Komesaroff and Tristian Schultz, Relative Creative.

Time out

R U OK?Day (Thursday 12 September, 2019) is our national day of action dedicated to reminding everyone that every day is the day to ask, "Are you ok?" and support those struggling with life's ups and down. This year we want everyone to **Trust the Signs**, **Trust your Gut & Ask R U OK?**

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YARN
LISTEN
LIFE
RELEVANT
CONVERSATION

CHECK IN CHANGE READY PREVENTION ENCOURAGE MATES
SEPTEMBER
LOVE
TALK
RUOK

SUPPORT BELONG ACTION SHARE ASK

Napranum Child Protection Week



Child Protection Week was held on Sunday 1 to Saturday 7 September. The national theme that Napranum Community Event promoted was "Children thrive when their parents are supported"

As part of the weeks event the Napranum Early Childhood Centre held their annual White Balloon day for Child Protection week on Wednesday 4th September.

All services, children, adults and community members attended the day of awareness.

The morning started with stall holders setting up for the event, where RAATICC staff prepared



their photo booth for the day.

Parents, children, family members, Pastor David facilitated a community members and service providers marched from the Napranum Oval to the stalls at the Napranum Early Childhood Centre to promote awareness about Child Protection.

Services provided activities such as face painting, play dough creating, art and craft and photo booth for all who attended the days event.

The RAATSICC stall had a dress up station to go with the photo booth. The children had fun and were able to pick a groovy photo frame for their photo. The parents were just as excited as the kids to



get a photo taken to take home.

remembrance activity where participants released white balloons in remembrance of those lives lost and affected by child abuse and neglect.

Morning tea and a sausage sizzle was prepared for all to enjoy.

RAATSICC look forward to continuing strengthening networks in the community "Child protection being everybody's

and promoting the importance of

business".



Building strong connections is exactly what Ani has built with Sea Swift.

Ani who works at the Aurukun Women's Shelter has dedicated efforts towards building a network of business and personal connections to support the community of Aurukun through her RAATSICC. One of the greatest challenges with the shelter is the distance when supplying the service with goods and costs.

We would like to thank Ani and Sea Swift for their ongoing support to improving communities.



R U OK? Aurukun

RAATSICC and the Aurukun Women's Shelter held "R U OK" Day in Aurukun on the 12th September 2019 with support from Aurukun Shire Council and other service providers.

RAATSIC provided a BBQ and resources on how we can support and ask people who are not ok.

R U OK?Day (Thursday 12 September, 2019) is our national day of action dedicated to reminding everyone that every day is the day to ask, "Are you ok?" and support those struggling with life's ups and down. This year we want everyone to **Trust the Signs, Trust your Gut & Ask R U OK?**

For more information head to: WWW.RUOK.ORG.AU/HOW-TO-ASK





Cape York / Gulf Remote Area Aboriginal & Torres Strait Islander Child Care Advisory Association Inc.

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