

"Empowering Aboriginal and Torres Strait Islander families and their children to thrive and prosper"



GARDEN BEAUTIFICATION PROJECT

The Aurukun Women Shelter Garden Beautification Project was initiated to build an area for service users and community members to sit and relax in a quiet and happy space and watch the flowers and vegetables grow. Helpers on the day took home a bag of gardening items to start or improve their gardens at home. RAATSICC would like to thank WCCCA and CEO Challenge for their support in making this project happen.

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ACTING CEO YARN



The final terms of 2020 saw RAATSICC staff adapt to new ways of communication, working arrangements and preparing our workforce with new

resources. This making the workforce more accessible as we continue to provide services to our families and their communities through this pandemic period.

RAATSICC staff have been introduced and trained in using Microsoft 365 applications to stay connected and improve service continuity to our clients, stakeholders, and communities. LinkedIn access supported self led training as part of staff professional development.

Athena software has introduced the Penelope system to RAATSICC that has built and implemented a business profile and are currently providing training to our lead team.

RAATSICC is also working with Muraconnect to develop a localised Intranet.

RAATSICC AGM was held, and a new management committee was elected.

Ray Sambo has stepped down and Robert Holness was voted in as our new President, Marcella Ketchell as Vice President, Paula Neal as Treasurer, Ray Sambo and Stuart Marquardt as members and Crystal Ramic as exofficio - Congratulations to all.



Finally, the year ended with our all-staff workshop with staff travelling down to Cairns to participate in a three-day workshop "Inspire me, Inspire you, Inspire us".

A highlight of the workshop was an Inspirational Guest Panel who spoke of their experiences and struggles that they have to get to where they are today. What inspired them to be the best that they could. The panel consisted of Michael White, Stacy Ketchell, Daniel Rosendale, Bernard Sebadi, Marcella Ketchell and Rita Suavai. Thank you for sharing your stories and inspiring staff.

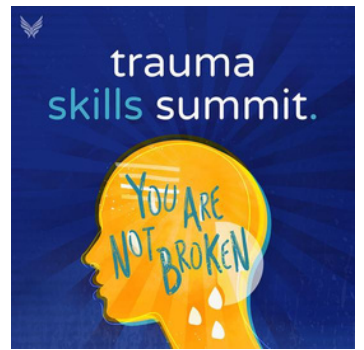


To view our
Annual Report
head to

<https://www.raatsicc.org.au/>

Sounds True - Trauma Summit

Heal from the Effects of Trauma - for yourself, the World and Generations to come



RAATSICC Redress Support workers attended this free online event. A 10-day exploration of trauma—what it is, how it impacts us, and how we can cultivate skills to grow from adversity.

Each day the staff explored topics on addiction, trauma and oppression, relationship trauma, strength, resilience, rage, yoga, meditation, mindfulness, shame, healing and belonging and collective healing.

Participants were taken on a journey discovering practices for healing that can be used personally and professionally .

Keep an eye out for more free training in the future:

Sounds True <https://www.soundstrue.com/>

DEALING WITH DIFFICULT SITUATIONS TRAINING

The Leadership team undertook “Dealing with Difficult Situations and People’ training with Total Management and Training.

Building knowledge about:

-Active Listening -Assertive communication - Personal communication styles in difficult situations -Conflict Resolution tips

Some tips learnt to successfully communicate in difficult conversations that we can all use:



Don't be a Trigger Avoid using language that triggers, Use “I” rather than “You”, don't overreact and ignore challenges – focus on the issue.



Set Respectful Limits Be clear about limits and consequences, don't threaten, state facts, if the discussion gets out of control, take a break



Initiate and Listen if you are aware something is wrong, bring it up. Have a calm attitude and willingness to discuss and resolve the situation.



Find Win-Win solutions generate solutions that meet the needs of each person, make sure everyone walks away with something, use a fair process for deciding

BE CONNECTED



Mossman Elders Justice Group along with RAATSICC's Be Connected team have together supported the Women's Group building skills and knowledge online.

Ladies came prepared with their phones, tablets, concerns and challenges with using technology. Practical skills were learnt and achievements acknowledged and supported.

Quizzes, video clips, visual demonstrations and discussions are ways that we share information about all things "smart".

Great websites to check out: **Be Connected** <https://beconnected.esafety.gov.au/> and **ESafety** <https://www.esafety.gov.au/>



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Each session is ended with self care practices to support the ladies to take care of themselves on and off social media.

JOURNEY TOWARDS HEALING

The RAATSICC Redress Support Service have travelled throughout FNQ and Torres Straits to share information and support applicants through their Redress journey.

At the end of 2020 assisted with the completion of 50 applications.

The National Redress Scheme (NRS) into institutional Child Sexual Abuse progress shows:

\$371.2 million in total payments

As at 18 December 2020, the Scheme:

- had received 9,008 applications.
- had made 5,262 decisions.

For more information contact us on 1300 663 411 or head to <https://www.nationalredress.gov.au/>

HEALING THROUGH TRUTH TELLING

The RAATSICC received additional funding from the Department of Child Safety, Youth Justice and Multicultural Affairs to initiate the Healing Through Truth Telling Project.

A series of group sessions were held in Palm Island, Cairns and Yarrabah. All sessions were based on the workshop theme: "Live, Laugh, Love" all of which included topics that were educational, reflective, safety oriented, and meaningful. The sessions gave opportunity to focus on individual stories, strengths, goals and opportunity to progress individual healing journey.

Activities were facilitated by counsellors and presented within a trauma-informed lens:

- Open individual and group discussions
- Art Therapy
- Strength-based activities
- One on one counselling
- Reflective practices
- Sensory activities
- Self awareness activities
- Group celebratory dinner

Through the information, skills and knowledge gained at the sessions, participants developed a number of artworks and positive messages that were used in the production of resources that they will share with others.

Stress balls with positive message | Ear phones with MP3 self talk messages
Daily affirmation postcards | Coffee mug with affirmation | Journal
Coasters with participant messages | Strength and Resilience Cards
Fidget Cube with message for self regulation and monitoring | Posters



Daily affirmations postcards

TIME OUT - WALL OF STRENGTH

The Wall of Strengths find-a-word is developed by the 2020 Inspire Me. Inspire You, Inspire Us Staff Workshop.

We hope you have fun. Take time to think of what strengths you have.

E I W S B A G D Z N D O J X H I P W R S
D X N Y H J L K G P L G E U N I G C S Y
K J H P R F F I N F O R M A T I V E O R
N O P E N C U N U C B S Q Q L T N N K H
F U Z R T B Z D Q R F X I V G I S E K O
H E J E R H E L P F U L R T P J C P R F
P E Y S J O O T Q C J B E P I H S Z Y P
O A I P C O R P P A X L A B Y V I T A C
V V I E O S V S E R B H U I C M E K R Y
U F I C M M C X X I C T O J C Y Q Q N B
N R I T M I B G X N L Q H S L I T X I Y
I N M F I N Y E L G I H Z R U I C P N P
T J P U T D L E D D U Q D D I R F A G Y
E U Z L T F L T T P K N W R G V B T L L
D G I D E U M E N H F D L N P R I D E M
M K R G D L T O M Z E N O T M R S N I A
G R N P S U N G T N E R H Y T R W D G R
R O P P L N O Q T Y T P A E L G Y D K B
B H E A L I N G R S I I V P M T Q D C H
A X Z F Q C R E A T I V E P Y L W T A M

UNITED
OPEN
HAPPINESS
HELPFUL
MINDFUL
CREATIVE
FLEXIBLE

STRONG
HEALING
THERAPY
INFORMATIVE
POSITIVE
HOPE
KIND

PRIDE
THRIVING
CARING
RESPECTFUL
COMMITTED
CALM
YARNING

2020 WORKFORCE AWARDS



A new incentive that values and acknowledges performance, behaviour, work ethics and commitment in a productive team.

Management Team voted on staff who are deserving of these awards as follows:

Laurelle Poonkamelya -Loyalty and Commitment, Lyn Gertz - Service Excellence, Natasha Manai - Team MVP, Lela Idagi - Outstanding Leadership, Rayleen Royee - Key Contributor, Colleen Burfitt - Special Achievement.



AURUKUN WOMEN'S SHELTER - HONOUR ROLL



Ma'aathan Aurukun Women's Shelter staff were inducted by the Queensland Government into the Domestic & Family Violence Honour Roll.

The Shelter has been in community since 2006 supporting women and children experiencing domestic and family violence.

This award celebrates community organisations who raise awareness and work to change attitudes in their community, as well as pursuing innovative new DFV projects.

4 AUGUST - AURUKUN DAY & NAICD



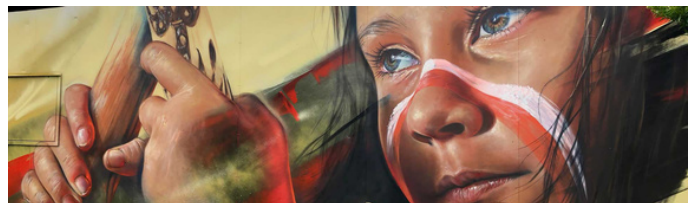
With the weather heating up, the 4th of August could not come sooner.

Community members were excited and ready for some fun celebrating Aurukun Day & National Aboriginal and Torres Strait Islander Children's Day.

The RAATSICC fun stall catered for adults and children providing information, craft activity, giveaways and prizes.

64 community members participated in a questionnaire, providing feedback about RAATSICC, who their Elders are and how they are treated.

These questions were based on the theme of NAICD 2020 "We are the Elders of tomorrow, hear our voices."



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