



SURGICAL ASSOCIATES

Patient Education

Two Day Bowel Prep

Colonoscopy is scheduled for: _____

These directions will start on: _____

Only take in clear liquids the whole day of: _____

8 a.m. Take 2 bisacodyl tablets (attached).

Noon Take 1 dose of MiraLAX (17 grams/1 capful)
with at least 8 ounces of acceptable liquids.

2 p.m. Take 1 dose of MiraLAX (17 grams/1 capful)
with at least 8 ounces of acceptable liquids.

4 p.m. Take 1 dose of MiraLAX (17 grams/1 capful)
with at least 8 ounces of acceptable liquids.
Take 2 bisacodyl Tablets (attached).

6 p.m. Take 1 dose of MiraLAX (17 grams/1 capful)
with at least 8 ounces of acceptable liquids.

Continue with clear liquids the **rest of the day.**

Tomorrow, start the MiraLAX bowel prep
directions as described on that sheet.