

CURRICULUM VITAE

Richard William Westreich, MD

Facial Plastic and Reconstructive Surgery
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New York, NY 10128
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EDUCATION

New York University School of Medicine	1999
MD with Honors in Cell Biology research	
University of Pennsylvania	1995
BA in Biological Basis of Behavior, Neuroscience concentration, Magna Cum Laude.	

INTERNSHIP & RESIDENCY

Mount Sinai Department of Otolaryngology	2004-2005
Fellow, Facial Plastic Surgery (AAFPRS)	
Mount Sinai Department of Otolaryngology	1999-2004
Resident	

HOSPITAL AFFILIATIONS

Lenox Hill Hospital.	Manhattan, N. Y
Mount Sinai Medical Center	Manhattan, N.Y.
SUNY-Downstate Medical Center	Brooklyn, N.Y.

EXPERIENCE

ACADEMIC APPOINTMENTS

Mount Sinai Hospital
Clinical Instructor
Lenox Hill Hospital
Attending
SUNY-Downstate Medical Center
Assistant Professor

LICENSURE

New York
New Jersey
Florida

BOARD CERTIFICATIONS

American Academy of Otolaryngology	2005-present
American Board of Facial Plastic Surgery:	2007-present

HONORS & AWARDS

NY Super Doctors	2018-23
Best Doctors New York Magazine	2014-2023
Top Doctor Castle Connelly	2014-2023
President of the New York Facial Plastic Surgery Society	2013-2015
Resident Teaching Award SUNY Downstate	2010
Technology, multimedia, and curriculum AFPRS committee member	2009-present
NYFPSS officer	2009-2015
Director Facial Plastic Surgery at Long Island College Hospital	2005-2013
Director of Resident Education Long Island College Hospital	2005-2013
Who's Who in Healthcare	2008-11
America's Top Physicians	2007-23
Manuscript Reviewer Facial Plastic Surgery Journal	2011-2018
Manuscript Reviewer American Journal of Rhinology	2005-2018
Golden Saw Award - excellence in resident teaching Mount Sinai Hospital Department of Otolaryngology	2005
Resident Travel Award Triologic Society, Eastern Section.	2002
Honors in Research New York University- Dept of Cell Biology	1998
Gamma Sigma Alpha Honors Society University of Pennsylvania	1995
Dean's List University of Pennsylvania	1993-4

PUBLICATIONS

Rhinoplasty Techniques and Analysis

1. Yan Lee, Jonathan Lee, Jiajun Luo, W. Lawson, **R. Westreich**. The Utility of the Subalar Graft in Nostril Symmetry in Rhinoplasty. Plastic and Reconstructive Surgery. 2021 May 1;147(5):1063-1069.
2. Malika Atmakuri, MD, Jaelyn Klimczak MD and Richard Westreich, MD, FACS. Seeing Through the Envelope: The Cartilage Shape Requirements for an Aesthetically Pleasing Tip. Online Publication by Rhinoplasty Archive on 03/30/2020.

3. Effect of depressor septi resection in rhinoplasty on upper lip length. Ho Y, Deeb R, **Westreich R**, Lawson W. JAMA Facial Plast Surg. 2014 Jul-Aug;16(4):272-6.
4. Behrad B, Aynehchi, Miguel E, Mascaro, Richard M, Rosenfeld and Richard W. **Westreich**. The Subalar Graft and Its Role in Nasal Tip Medialization and Improved Nostril Symmetry. Otolaryngology -- Head and Neck Surgery published online September 24th, 2013.
5. Burstin D., Frasier M., and **Westreich R**. The Effect of Facial Asymmetry on Nasal Deviation. Chapter, Facial Plastic Surgery Journal. 2012.
6. Yao F., Lawson W., and **Westreich R**. The Effect of Facial Asymmetry on Nasal Axis Deviation: The anatomic basis for the subalar graft. Archives of Facial Plastic Surgery. 2009; 11(3): 157-64.
7. **Westreich R**, and Lawson W. The Tripod Theory of Nasal Support Revisited: The Cantilevered Spring Model. Arch Facial Plastic Surg. 2008;10(3):170-179.
8. Jones, M. MD, **Westreich R.W.**, Lawson, W. MD-DDS. Augmentation of Nasal Tip Projection Using the Inferior Turbinate: Review of Technique and Evaluation of Long-Term Success. Archives of Facial Plastic Surgery. 2008; 10(1):34-38.
9. **Westreich R**.MD, Courtland H., Nasser P., Jepsen, K. Ph.D., and Lawson W. M.D.-D.D.S. Defining Nasal Cartilage Elasticity: Biomechanical Testing of the Tripod Theory based on a Cantilevered Model. Arch of Facial Plastic Surgery. 2007; 9(4): 264-270.
10. **Westreich R** and Lawson W. The Perforating Double Lateral Osteotomy. Arch of Facial Plastic Surgery.2005;7:257-260.
11. Lawson W and **Westreich R**. Correction of Caudal Deviations of the Nasal Septum with a Modified Goldman Septoplasty Techniques. How We Do It. ENT Journal. 2007; 86(10)617-620.
12. Ammar, S. **Westreich R.**, Lawson W. The Fan Septoplasty for Correction of the Internally and Externally Deviated Nose. Archives of Facial Plastic Surgery. 2006; 8: 213 - 216.
13. **Westreich R**, Sampson I, Shaari C, Lawson W. Negative Pressure Pulmonary Edema following Routine Septorhinoplasty: Discussion of Pathophysiology, Treatment, and Prevention. Archives of Facial Plastic Surgery. 2006; 8:8-15.
14. **Westreich R**, Kaufman M, Gannon P, Lawson E. Validating the Subcutaneous Model of in Vivo Chondrogenesis using a Fibrin Glue Scaffold. Laryngoscope. 2004 Dec;114(12):2154-60. Eastern Section, Triologic Society Presentation: January 2004.
15. Kaufman M, **Westreich R**, Ammar S. Autologous Cartilage Grafts Enhanced with a Novel Transplant Medium Using Fibrin Glue and FGF. Arch Facial Plast Surg. 2004;6(2):94-100
16. **Westreich R** and Lawson W. Midline Necrotizing Nasal Lesions: Analysis of 18 Cases Emphasizing Radiological and Serological Findings with Algorithms for Diagnosis and Management. American Journal of Rhinology. 2004; 18(4): 209-19. American Rhinologic Society Presentation: September 2003.
17. **Westreich R** and Lawson W. The Endonasal Open Book Approach to the Nasal Dorsum. American Academy of Facial Plastic Surgery Presentation: September 2005.

18. Singer M. and **Westreich R.** Correlating Actual Facial Deviations with the Perception of Facial Asymmetry. Work in Progress.
19. **Westreich R,** Lawson W. Simultaneous Endonasal Correction of Functional and Aesthetic Nasal Septal Deviations. Work in Progress.
20. **Westreich R** and Lee J. The Utility of the Subalar Graft in Nostril Symmetry in Rhinoplasty PRS-D-19-03156R3 Plastic and Reconstructive Surgery

Facial Plastic and Reconstructive Techniques

- 1) **Westreich R.** Energy Based Treatments in Facial Plastic Surgery. Essentials of Facial Plastic Surgery. In process.
- 2) Aynehchi B and **Westreich R.** Lateral nasal artery pedicled island flap for repair of nasal alar defects. Otolaryngol Head Neck Surg. 2012 Mar;146(3):382-4.
- 3) **Westreich R,** Elahi E, Ko J, Lawson W. A Multidisciplinary Approach to the Anatomy of the Midface. Work in progress.
- 4) **Westreich R,** Meisner J., Reino T., Lawson W. The Use of Combined Bernard-Webster and Karapandzic Flaps for Subtotal Lower Lip Reconstruction. Plastic Reconstructive Surg. 2008 May ;121 (5):340e-1e

Other Topics in the Face and Neck

- 1) **Westreich R,** Brandwein M, Mechanik J, Bergman D, Urken M. Preoperative Parathyroid Localization: Correlating False Negative Technetium-99m-Sestamibi Scans with Parathyroid Pathology. Laryngoscope, 2003, 113: 567-572.
Eastern Section, Triologic Society Presentation: January 2003.
- 2) Zanazzi G., Einheber S, **Westreich R.,** Hannocks MJ, Bedell-Hogan D., Marchionni MA, Salzer JL. Glial Growth Factor/Neuregulin Inhibits Schwann Cell Myelination and Induces Demyelination. Journal of Cell Biology. 2001, 152: 1289-99.
- 3) **Westreich R.** and Lawson W. Primary Lymph Node Malignant Gastrinoma with Metastasis to Virchow's Node: a Case Report. Otolaryngology-HNS. 2004 Dec;131(6):1027-8.
- 4) Lawson W, **Westreich R,** Reino A. Odontogenic infections. Bailey's textbook of Otolaryngology. 2005 ed.
- 5) **Westreich R.** and Chandrasekhar S. Is Susac syndrome (microangiopathy of the inner ear, retina, and central nervous system) an underdiagnosed cause of sensorineural hearing loss? Ear Nose Throat J. 2008 Jul ;87 (7):E4-7.

PRESENTATIONS

- 1) American Academy of Facial Plastic Surgery: 2017-23 Instructor and Lecturer
 - i. Biomechanical and Shape Concepts for Nasal Tip Surgery
 - ii. Endonasal application of open techniques
 - iii. The infratip lobule and its importance in nasal tip aesthetics
- 2) Advances in Rhinoplasty – Instructor and Moderator 2019, 2023
 - i. Biomechanical and Shape Concepts for Nasal Tip Surgery
 - ii. Endonasal application of open techniques
- 3) American Academy of Facial Plastic Surgery: Poster Presentation The use of

- i. Radiofrequency Micro-needling for Nasal Tip Contouring after Rhinoplasty – 2019
- 4) American Association of Cosmetic Surgery: Poster Presentation, publication pending
 - i. Liposomal Bupivacaine (Exparel) for Postoperative Analgesia in Rhinoplasty -2022
- 5) Vegas Cosmetic Surgery June 2017-23 Instructor
 - i. Novel Techniques for Correction of the Deviated Nose
 - ii. Biomechanical and Shape Concepts for Nasal Tip Surgery
- 6) American Academy of Facial Plastic Surgery Course: September 2013
 - i. Co-Presenter with Dr. Minas Constantinides: Nasal Tip Surgery; Theories and Application
- 7) American Academy of Facial Plastic Surgery Presentation: April 2012.
 - i. The Measured effect of Subalar grafting on nasal tip position and nostril symmetry.
- 8) Mount Sinai Department of Otolaryngology: 2009-Present
Rhinoplasty Anatomy, Resident instruction course.
- 9) American Academy of Facial Plastic Surgery Presentation: September 2005.
- 10) The Open Book Approach to the Nasal Dorsum: A tool for revision septo-rhinoplasty.
- 11) Triological Society, Eastern Section, 2007. Chondroid Syringioma of the face.
- 12) Eastern Section, Triologic Society Presentation: January 2004.
- 13) Creating Autologous Injectable Cartilage using Fibrin Glue in the Rabbit Model.
- 14) Eastern Section, Triologic Society Presentation: January 2002.
- 15) Preoperative Parathyroid Localization: Correlating False Negative Technetium-99m-Sestamibi
 - i. Scans with Parathyroid Pathology
- 16) American Rhinologic Society Presentation: September 2002.
- 17) Midline Necrotizing Nasal Lesions
- 18) Honors research presentation. NYU: May 1999.
- 19) The effects of Glial Growth Factor on Myelinating Rat Dorsal Root Ganglion Neurons.

MEMBERSHIP SOCIETIES

American Academy of Facial Plastic Surgery	
American Academy of Otolaryngology	
Rhinoplasty Society	
American College of Surgeons	Past member
New York Facial Plastic Surgery Society	
American Rhinologic Society	Past member
American Medical Association	Past member
Kings County Medical Society	Past member

GRANTS

Baxter Corporation. **Richard Westreich** as Primary Investigator. Creation of injectable autologous cartilage in the rabbit model. Project completed in 2004.

A handwritten signature in black ink, appearing to be 'R. J. W.' with a long horizontal stroke extending to the right.

6/7/23