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In Your Court:

Introducing Bryce Hopson

The New Serious Injury Attorney at McCraw

Bryce Hopson excels in breaking down complicated legal issues and examining them with his clients in a clear, comprehensible, and concise manner. For families facing the stressful and daunting task of going through major injuries, which oftentimes involves high-conflict legal issues, Bryce's ability to communicate the benefits and risks of each legal approach and to zealously advocate for his clients is a highly valued quality. As a Christian, Bryce also understands the unique difficulties faced by fellow believers dealing with major injuries and has a passion for helping them navigate through the storm.

Bryce brings a determined work ethic and competitive nature to the McCraw Law Group team. Clients find his amiable personality and positive demeanor reassuring. Whether in the courtroom or at the mediation table, Bryce vigorously fights for his clients. His dedication and attention to every aspect of a legal matter provide the level of personal representation that clients have come to expect at McCraw Law Group. Bryce cares deeply about protecting the interests of those who may feel powerless and giving a voice to those who may feel silenced.

Bryce has had great success litigating a diverse range of complicated cases. Bryce brings an energetic personality and for perfection and attention to detail to the McCraw Law Group team, and his logical and compassionate approach helps clients get great medical care and recover medical expenses plus much more, in most cases. Bryce's ability to think outside-the-box and construct creative solutions gives his clients the confidence and assurance needed to make decisions that are in their family's best interests.

Bryce is a member of the State Bar of Texas and is licensed to practice in state trial and appellate courts in Texas. Bryce has also been named as one of the Best Lawyers

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in America – 2020 and named as one of the Best Lawyers Under 40 in Dallas – 2020 & 2021 by D Magazine. Bryce is a member of the State Bar of Texas and invests his time reviewing recent decisions on family law issues from the Texas Supreme Court and Texas appellate courts to ensure that he is on the front line of new precedents established everyday across the state that could have an impact on his current and future clients.

Bryce grew up in Plano and attended high school at Prestonwood Christian Academy.

He began his undergraduate work at Columbia University in New York, where he played football for the Lions. After two years in the Big Apple, Bryce transferred back to Texas and completed his undergraduate degree at Hardin Simmons University, majoring in English. Bryce then attended Texas Wesleyan School of Law (now Texas A&M School of Law) in Fort Worth. Following graduation from law school, Bryce served as judicial clerk for the Honorable Justice Bob McCoy on the Court of Appeals for the Second District of Texas.

In his personal life, Bryce enjoys spending time with his wife and their three children. Bryce and his wife are active members of their church, where they lead a community group of five families and serve in the kid's ministry on Sunday mornings. When he is not in the courtroom, Bryce enjoys family cookouts, reading, and is a zealous—though mostly unsuccessful—fantasy football participant.



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MCCRAW LAW GROUP

Maintaining compassion



As I write this, we are preparing to "play" in Direction 61.3's Golf Tournament to support foster kids aging out of foster care. I am reminded of our mission promoting public safety in all we do. It is a mission we are passionate about in our community and in our courtrooms. Our newest lawyer, Bryce Hopson, shares that passion. As a father of a young and growing family Bryce has a positivity and zest for life that is going to make him an excellent trial lawyer advocating for those who have been injured.

What we do is tough. It is hard mentally demanding work to be perennially at war with the insurance industry while still maintaining the compassion for our clients that we must have to show the jury our client's struggles and fight they are enduring to take back the life that has been shattered. Our team does it and does it well. From our newest intake or records person, to our newest associate, to those of us a little "longer in the tooth," the care and compassion of our team for our clients really does help get results. It is so important to us, that compassion is one of our 6 core values that each of us is literally measured on as part of our job performance. Compassion helps define us. Compassion is one of the defining features that separates us from the herd.

Welcome to the family Bryce! We are excited to have you with us and are looking forward to you joining the rest of our team to touch the lives of our clients and make their journey a little easier.

**of course, by playing I mean I will drive around in a cart and watch Charlie shank golf balls while Bryce uses that 6"5 inch frame to crush the competition.*



~ Lin McCraw

Recovering from Trauma

The Power of Making Visible Progress



When you are in an injury accident, it's a traumatic experience by definition. You have suffered some sort of sudden impact that causes immediate physical damage to your body. Your body and mind go into "crisis" mode, which is part of your survival instinct. And depending on the severity of the injury, the trauma can extend to other areas of your life—halting your normal routines, affecting your ability to work, and even sometimes affecting your ability to perform basic tasks. It's all part of the trauma—a complete life disruption.

But here's the good news: our bodies are designed to heal themselves. It might take some medical intervention to help the process, but over time, bones start to mend, bruises fade, damaged tissue begins to repair itself, etc. As we make visible progress toward recovery from the trauma of an accident, our minds, emotions, and outlook begin to improve, as well.

As it turns out, achieving wellness of the mind is an important step toward recovery. Research shows that a positive mindset can have a measurable effect on accelerating the healing process. So let's talk about some ways we can encourage visible progress and a positive mindset when recovering from trauma.

Mark Progress as It Happens

The healing process happens gradually—so gradually, in fact, that we don't typically notice it while it's happening. We instead notice it after it has started—for example, we notice we have less pain, or bruises look better, etc. One way to benefit from the healing process is to log the progress as it happens. Try journaling about your healing experience, making notes to observe improving pain levels and recovered mobility, etc. You can also take periodic photos of your injuries and compare them to see the results. Create a written and/or visual record of the recovery so you can be encouraged

by the progress—which, in turn, improves your mindset, which, in turn, helps the healing accelerate... and so on.

Lean into Therapy

Physical therapy can be challenging and even painful—but it works. If you're dealing with psychological issues due to the trauma, psychotherapy can also help. Don't avoid these helpful resources—instead, lean into them. You'll see better and faster results as you do so.

Don't Wait to Seek Compensation

Injury accidents are expensive, and let's face it—the financial strain of an accident can weigh very heavily on your healing process due to the added stress. Financial wholeness is just as important as physical and mental wellness, and many people forget that financial compensation for injuries is part of becoming whole. If your injuries were caused by someone else's negligence, the sooner you file a personal injury claim, the faster you can get the financial piece covered—which can reduce your stress and help you focus on recovery.

For personal injury accidents in Texas, the **McCraw Law Group** is here to make sure you receive the full amount of compensation you deserve. Contact us for a free consultation.



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WILL YOU

...refer us to your family and friends?
We help people who have experienced
a personal injury, auto accident,
18-wheeler accident, wrongful death
and more.



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