

Glasgold Group Surgery Center

POST-OPERATIVE INSTRUCTIONS FAT TRANSFER

You may apply ice to your face for the first 4 days. Apply for 10 – 15 minutes at a time. Wrap the ice packs in clean gauze. **Do not** apply ice directly to the skin. **Do not** ice for longer than 15 minutes at a time. (You may ice past 4 days for comfort).

You may remove the dressing from the donor site and take a quick shower 24 hours after the procedure.

Do not take a bath or go swimming until 1 week after the procedure.

Keep your head elevated on 2-3 pillows for at least 48 hours.

BEGIN taking the antibiotic the day of the procedure for _____ days.

Extra-strength Tylenol or the prescription pain reliever may be taken for discomfort as directed, if needed.

The donor site will become uncomfortable for the first few days following surgery. This is normal and will subside.

It is normal for the transfer site to swell and bruise. Do not be alarmed. This will subside.

How To Contact Us

During regular business hours call (732) 846-6540

Before/after regular business hours call **(732) 846-6540 press #4**

In case of emergency call 911 or go directly to the ER