Suicide Data: Alaska

Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2022 data from the CDC, the most current verified data available at time of publication (May 2024).

7th leading cause of death in Alaska

1st leading
cause of death for ages 10-24

2nd leading
cause of death for ages 25-34

2nd leading
cause of death for ages 35-44

5th leading
cause of death for ages 45-54

10th leading
cause of death for ages 55-64

15th leading
cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Alaska	200	27.13	2
Nationally	49,476	14.21	

See full list of citations at **afsp.org/statistics**.

88% of communities did not have enough mental health providers to serve residents in 2023, according to federal guidelines.

Ten times as many people died by suicide than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of **5,282 years** of potential life lost (YPLL) before age 65.

70% of firearm deaths were suicides.

57% of all suicides were by firearms.

American Foundation for Suicide Prevention