

# Suicide Data: Vermont



Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2022 data from the CDC, the most current verified data available at time of publication (May 2024).

## 9th leading cause of death in Vermont

### 2nd leading

cause of death for ages 10-24

### 2nd leading

cause of death for ages 25-34

### 2nd leading

cause of death for ages 35-44

### 5th leading

cause of death for ages 45-54

### 6th leading

cause of death for ages 55-64

### 13th leading

cause of death for ages 65+

## Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Vermont	128	17.90	20
Nationally	49,476	14.21	

Almost **six times** as many people died by suicide than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of **2,194 years** of potential life lost (YPLL) before age 65 in 2021.

**82%** of firearm deaths were suicides.

**54%** of all suicides were by firearms.

See full list of citations at [afsp.org/statistics](https://afsp.org/statistics).