

Suicide Data: Washington



Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2022 data from the CDC, the most current verified data available at time of publication (May 2024).

10th leading cause of death in Washington

2nd leading

cause of death for ages 10-24

2nd leading

cause of death for ages 25-34

4th leading

cause of death for ages 35-44

5th leading

cause of death for ages 45-54

9th leading

cause of death for ages 55-64

17th leading

cause of death for ages 65+

Suicide Death Rates

| | Number of Deaths by Suicide | Rate per 100,000 Population | State Rank |
|------------|--------------------------------|--------------------------------|------------|
| Washington | 1,243 | 14.80 | 33 |
| Nationally | 49,476 | 14.21 | |

See full list of citations at afsp.org/statistics.

83% of communities did not have enough mental health providers to serve residents in 2023, according to federal guidelines.

Almost **five times** as many people died by suicide than in alcohol related motor vehicle accidents in 2021.

The total deaths to suicide reflected a total of **23,103 years** of potential life lost (YPLL) before age 65.

65% of firearm deaths were suicides.

53% of all suicides were by firearms.