

Suicide Data: **United States**

Suicide is a leading cause of death in the U.S. AFSP empowers communities with research, education, and advocacy to take action on this important public health issue. Last updated April 2026. Unless otherwise noted, this fact sheet reports 2024 data from [CDC](#), the most recent verified data available at time of publication.

48,824 Americans

died by suicide making it the **10th leading cause of death.**



- **2nd** leading cause of death for ages 15-34
- **4th** leading cause of death for ages 35-44
- **5th** leading cause of death for ages 45-54
- **37%** of people who died by suicide were 55 or older



14.3 million adult Americans have thought about suicide.

2.2 million Americans attempted suicide.

See full list of citations at afsp.org/statistics.

Suicide-related deaths were **4 times higher** among males compared to females.

Suicide attempts were highest among White individuals followed by American Indian/Alaska Native individuals.

- **62%** of firearm deaths were suicides
- **57%** of all suicides were by firearms

In 2023, the suicide rate among veterans was **35.2 per 100,000** (up from 34.7 in 2022).



73% of communities

experienced a mental health provider shortage in 2025, according to Federal guidelines.

[Health Resources and Services Administration](#)

988 Suicide & Crisis Lifeline

The 988 Lifeline is a free, confidential, 24/7 caring connection to a national network of state and local crisis contact centers and services.

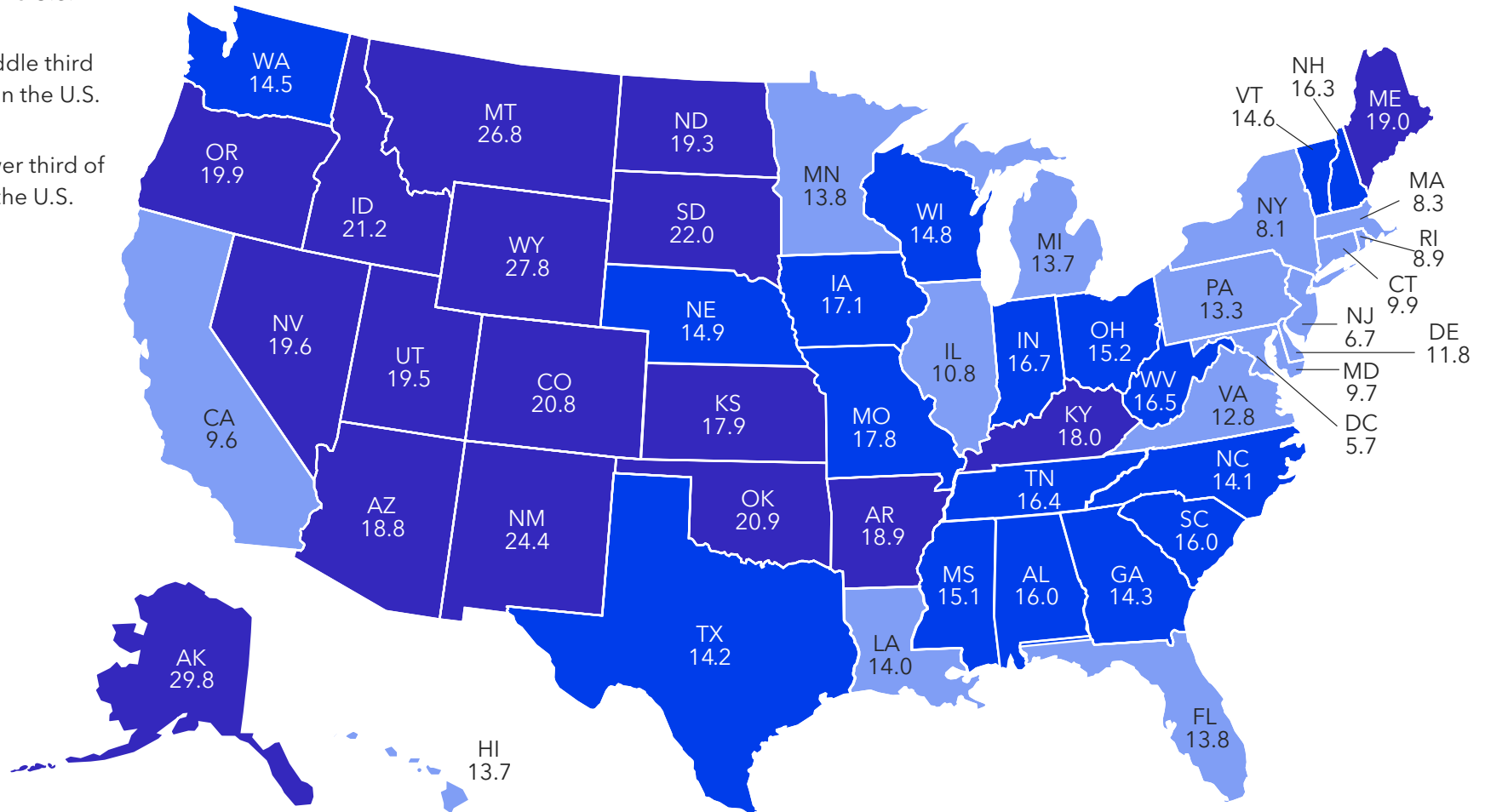
In 2025, 988 contact centers received 4,336,016 calls – a **12% increase** over 2024.

89% of calls were answered in-state

[Monthly Reports – 988 Lifeline](#)

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- States in the top third of suicide rates in the U.S.
- States in the middle third of suicide rates in the U.S.
- States in the lower third of suicide rates in the U.S.



See full list of citations at afsp.org/statistics.