Advancing Healthy Lifestyles Coalition

UNITING FOR A HEALTHIER DELAWARE

The Advancing Healthy Lifestyles (AHL) Coalition, launched by the Physical Activity, Nutrition, and Obesity Prevention (PANO) Program, aims to unite coalitions and partners to promote healthy living and equity.

Vision

The AHL Coalition improves the well-being of all Delawareans and breaks down barriers to help them achieve healthy lifestyles.

Mission Statement

The AHL Coalition brings together coalitions and partners to focus on healthy lifestyles and equity through the PANO lens, to leverage and expand resources in the community.

Core Values

Inclusivity | Trust | Collaboration | Collective Action

Goals

- 1. Engage key stakeholders for networking and knowledge sharing.
- 2. Provide community outreach opportunities to increase access to existing healthy lifestyle programs and services.
- 3. Identify gaps in programs and services in order to reduce health disparities and improve outcomes.
- 4. Develop targeted marketing plans to reach the community with healthy lifestyle messaging.
- 5. Advocate for policy, systems, and environmental changes that increase equitable access to programs and services.



All organizations and individuals dedicated to advancing healthy lifestyles through physical activity, nutrition, and obesity prevention are encouraged to join. Become a member today.

