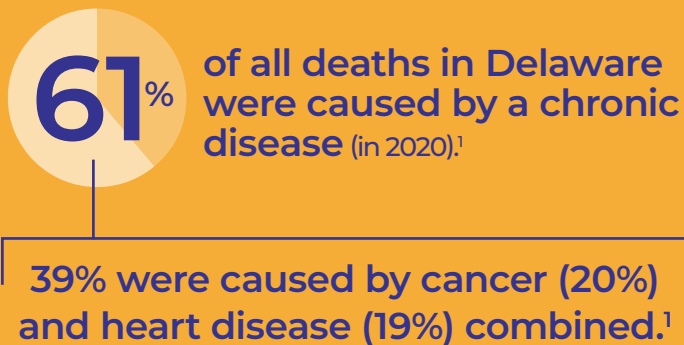
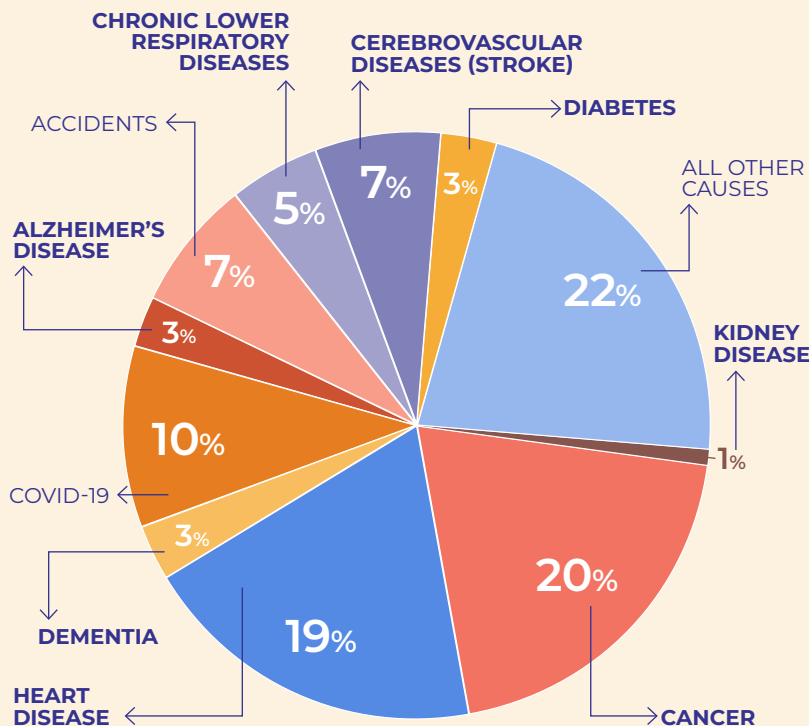




# THE STATE OF CHRONIC DISEASE IN DELAWARE



## PERCENTAGE OF LEADING CAUSES OF DEATHS BY CAUSE IN DELAWARE, 2020<sup>1</sup>



Source: Delaware Health Statistics Center. "Delaware Vital Statistics Annual Report, Mortality, 2020." Division of Public Health, Delaware Department of Health and Social Services, n.d. <https://dhss.delaware.gov/dhss/dph/hp/2020.html>.

\*Bolded text indicates the cause of death is considered a chronic disease.

\*\*This includes all other causes of death not represented in the figure, including but not limited to influenza and pneumonia, chronic liver disease, assault (homicide), and intentional self-harm (suicide).

## PROGRESS VS. SETBACKS: Where do individual diseases stand in Delaware?

**Prevalence:** The proportion of a population that has a specific characteristic in a given time period.

**Mortality:** The number of deaths in a specific group of people in a given time period.

### Cancer

**Mortality:** Decreased from 2006 to 2020, but higher than U.S. overall.<sup>4</sup>

**Incidence:** Decreased from 2006 to 2019, but higher than U.S. overall.<sup>4</sup>

### Cardiovascular Disease

*Includes heart disease and cerebrovascular disease*

The second-leading cause of death in Delaware.<sup>1</sup>

**Mortality:** Decreased from 2016 to 2020.<sup>2</sup>

**Prevalence:** Increases with age, highest among non-Hispanic Black individuals.<sup>2</sup>

### Stroke

**Mortality:** Increased from 2016–2020, higher than U.S. rates. More fatal among non-Hispanic Black individuals than non-Hispanic White individuals.<sup>2</sup>

**Prevalence:** Stable from 2011 to 2022, increases with age.<sup>3</sup>

### Hypertension and High Cholesterol

**Mortality:** Stable from 2006–2010 to 2016–2020. Lower than U.S. rates. Twice as fatal among non-Hispanic Black individuals than non-Hispanic White individuals.<sup>2</sup>

**Prevalence:** Stable from 2011 to 2021. Hypertension prevalence increases with age.<sup>3</sup>

### Chronic Lower Respiratory Disease

**Mortality:** Same as U.S. overall, but decreased from 2006–2010 to 2016–2020.<sup>2</sup>

### Chronic Obstructive Pulmonary Disease (COPD)

**Prevalence:** Increased from 2011 to 2022.<sup>3</sup>

### Asthma

**Prevalence:** Stable from 2011 to 2022.<sup>3</sup>

### Diabetes

**Mortality:** Stable from 2006–2010 to 2016–2020 but higher in non-Hispanic Black individuals than non-Hispanic White individuals.<sup>2</sup>

**Prevalence:** Increased from 2011 to 2022 and is higher in non-Hispanic Black individuals than non-Hispanic White individuals.<sup>3</sup>

<sup>1</sup> Delaware Health Statistics Center

<sup>2</sup> National Vital Statistics System

<sup>3</sup> Centers for Disease Control and Prevention Behavioral Risk Factor Surveillance Survey

<sup>4</sup> Comprehensive Cancer Control Program