



Physical Activity, Nutrition, and Obesity Prevention (PANO) Advancing Healthy Lifestyles Coalition COMMITTEE Report Template

Name of Committee: Policy

Meeting Date: January 6, 2025

Committee Lead: Gwen Angalet

Meeting Location: Virtual (Zoom meeting)

Members	Attending
<ul style="list-style-type: none">• Dr. Gwen Angalet, Chair• Nancy Mears, Co-Chair• Dr. Devona Williams• Lauren Butscher• Jayden Carr• Karen McGloughlin• Kimi Moore• Ayesha Bailey• Norwood Coleman• Leandra Casson• Kat Luebke• Alvin Tamba• Bree Nehru (Intern)	<ul style="list-style-type: none">• Dr. Gwen Angalet, Chair• Dr. Devona Williams• Lauren Butscher• Jayden Carr• Kimi Moore• Alvin Tamba• Bree Nehru (Intern)
Discussion Topic	Actions
<p><i>10:00am: Meetings Convenes</i></p> <p>Gwen Angalet (Chair) called the meeting to order.</p>	<ul style="list-style-type: none">• The committee members provided greetings and introductions
Discussion Topic	Actions
Grassroot Community Roundtable Discussions	<ul style="list-style-type: none">• Lauren outlined the schedule for the community grassroot roundtable discussions focused on food access in Delaware.• The Sussex County discussion is scheduled for February 11th, and will be hosted by the Sussex County Health Coalition.• The New Castle County discussion is scheduled for February 13th and will be hosted by the YMCA of Delaware.• The Kent County discussion is scheduled for February 20th and will be hosted by DPH at the Edgehill Shopping Center.• The roundtables discussions will be based on five questions with the goal of gathering insights from community



Physical Activity, Nutrition, and Obesity Prevention (PANO) Advancing Healthy Lifestyles Coalition COMMITTEE Report Template

	organizations and members on statewide food access strategy.
Discussion Topic	Actions
<i>Community Engagement</i>	<ul style="list-style-type: none">• The committee discussed how to engage new partners.• Gwen discussed organizing a call with Cierra Hall-Hipkins to involve community members in addressing food access issues.• Devona highlighted the collaboration with the AHL Community Engagement Committee and the potential for new partnerships through town hall meetings.• Lauren mentioned that Delaware's Ag Week is approaching, and many meetings are public and will provide opportunities for stakeholder engagement.• Gwen raised the possibility of collaborating with DETV for messaging and interviews.• Lauren highlighted the active social marketing campaign aimed at increasing healthy lifestyles, Trade Up for Health.
Discussion Topic	Actions
<i>Food Access Strategy Plan</i>	<ul style="list-style-type: none">• Lauren provided an overview of the Delaware Food Access Strategy Plan• The plan will be comprehensive and available to the public in June• Devona suggested using the findings from the plan for a webinar and possibly presenting on a panel or poster session at the conference
Discussion Topic	Actions
<i>Update on State Comprehensive Outdoor Recreation Plan (SCORP)</i>	<ul style="list-style-type: none">• Lauren shared that the SCORP was made available for public comment and many coalition members contributed feedback.• The comments highlighted the significance of outdoor recreation in enhancing public health.



Physical Activity, Nutrition, and Obesity Prevention (PANO) Advancing Healthy Lifestyles Coalition

COMMITTEE Report Template

	<ul style="list-style-type: none">The Committee will revisit the SCORP and implementation plan once the SCORP is finalized and published.
Discussion Topic	Actions
<i>Roundtable Participation and Roles</i>	<ul style="list-style-type: none">Lauren provided details about the roundtables on February 11th, 13th, and 20th, explaining the roles of policy committee members and the need for facilitators and note takers.Lauren encouraged participation and mentioned that a sign-up sheet would be distributed.Lauren proposed creating a draft discussion guide.Devona supported this approach and suggested sharing the contact list with the committee for further input.
Discussion Topic	Actions
<i>Contacts</i>	<ul style="list-style-type: none">Lauren noted developing of list of relevant stakeholders and organizations to contact for participation in the roundtable discussions.The committee was encouraged to review the list and determine any gaps.Lauren suggested committee members to reach out to personal contacts.Gwen highlighted the potential for collaboration with congressional members on food policy and suggested involving them in the conference to share information.
Discussion Topic	Actions
<i>Discussion Topics and Research Project</i>	<ul style="list-style-type: none">Devona suggested a conference presentation on ultra-processed foods, referencing a New York Times article that discusses their prevalence and health implications.Gwen noted the increasing reports of bacterial outbreaks in fresh vegetables and the need to address both over-processing and under-processing in food safety discussions.



Physical Activity, Nutrition, and Obesity Prevention (PANO) Advancing Healthy Lifestyles Coalition

COMMITTEE Report Template

	<ul style="list-style-type: none">• Lauren noted there may be an existing list of policies impacting food access in Delaware and agreed to check in with Nikko Brady for updates.• Gwen suggested the possibility of Bree assisting in gathering this information.• Bree expressed interest in the project, and the group agreed to collaborate with Nikko to ensure efforts are not duplicated.
Discussion Topic	Actions
<i>Next Steps</i>	<ul style="list-style-type: none">• Lauren will follow up with Nikko regarding the compilation of current policies impacting food access in Delaware.• Gwen will schedule a call with Cierra Hall-Hipkins to discuss planning roundtables for community member feedback.• Gwen will coordinate with Cierra to select dates for a meeting in February and send them to everyone.• Lauren will keep the group updated on the SCORP and its publication status.• Lauren will draft a discussion guide for the upcoming roundtables.• Lauren will explore the possibility of offering incentives for community members participating in the conversations.• Lauren will send out the Google Doc with the list of organizations to invite for the community conversations for Committee members to contribute.
Discussion Topic	Actions
<i>11:00am: Meeting Adjourns</i> Gwen Angalet (Chair) called the meeting to end.	<ul style="list-style-type: none">• Committee members reviewed the meeting and discussed next steps

Additional Notes:

<https://sites.udel.edu/delawareagweek/2024/10/15/dda-farm-toprograms/>



Physical Activity, Nutrition, and Obesity Prevention
(PANO) Advancing Healthy Lifestyles Coalition
COMMITTEE Report Template

<https://sites.udel.edu/delawareagweek/2024/10/16/delaware-urban-farm-food-coalition/>