



Endless Possibilities in the Community,
INC Inclusive & Adaptive Fitness
351 George Willams Way
Newark, DE 19702
302-468-9800

Opportunity Internship

EPIC Overview

Endless Possibilities in the Community (EPIC) is a Delaware non-profit organization. EPIC is an inclusive and adaptive fitness program for adults with intellectual, developmental, and/or physical disabilities. The program operates in partnership with local community fitness centers to provide instruction, guidance, and support allowing adults with disabilities to exercise in an inclusive setting.

EPIC Staff

EPIC has an amazing staff with a variety of backgrounds including, Physical Therapy Assistants, Clinical Exercise Specialists, Certified Personal Trainers, Certified Adaptive Trainers, Paraprofessionals, and Direct Support Professionals.

Locations

EPIC works in partnership with 5 community fitness centers in New Castle and Kent County. EPIC operates Monday through Friday, 9 am – 3 pm.

- Bear-Glasgow YMCA
- Western YMCA
- Brandywine YMCA
- The Hockessin Athletic Club
- Dover YMCA

Internship Experience

Exercise Science students will gain hands on experience working with a variety of special population members. Students will have the opportunity to:

- Conduct fitness assessments.
- Work one on one with members.
- Develop personal fitness plans.
- Learn how to adapt exercise to meet the needs of individuals with disabilities.
- Ability to add Special Population and Disability experience to your resume.
- Work in a rewarding and supportive environment.

Clinical Internship Requirements

Students must submit to and pass a state and federal background check as well as a 5-panel drug test. Associated fees will be covered by EPIC.

Applications

Opportunities are available for each location. Students may submit a letter of interest to Kathryn Luebke, Executive Director, Endless Possibilities in the Community, via email kluebke@epicdelaware.org