



HEALTH EQUITY INSTITUTE OF DELAWARE (HEIDE)

WHAT IS HEIDE?

HEIDE is a **free** training offered by Delaware Division of Public Health. HEIDE helps providers, health care professionals, and public health workers adopt a health equity perspective in their work.



WHO CAN PARTICIPATE?

- Clinicians
- Non-clinical health professionals
- College/graduate students

WHAT ARE THE BENEFITS?

- Increased knowledge about health equity best practices
- Option to submit research
- Practical experience for personal and professional use



WHAT IS THE TIME COMMITMENT?

- Four (medical residents only), eight, or 12-week options
- Weekly self-guided lessons that cover several health-related topics
- Twice weekly meetings during lunch (12-1 PM)
- Program-long individual research project
 - Weekly 30-minute meetings with project mentor



TO APPLY AND FOR MORE INFORMATION:

Scan the QR code or email
HEIDE.DPH@Delaware.gov

