

LIVE WEBINAR

Bite-Sized Bits

with the Advancing Healthy Lifestyles Coalition

Eat it or Drink It: A Better Way to Consume Your Produce

Join the Advancing Healthy Lifestyles Coalition for a lunch and learn webinar! Lanice Wilson, Owner of The Juice Joint 2.0, will discuss unique and delicious ways to consume fruits and vegetables. An engaging conversation that explores the health benefits of fruits and vegetables and encourages attendees to refresh their daily habits.

DETAILS:



**Tuesday,
February 17, 2026**

12:00 pm - 1:00 pm



Zoom Webinar

[**REGISTER HERE**](#)

PRESENTER:

Lanice Wilson, M.Ed., PMP

Owner
The Juice Joint 2.0
The Nest, University of Delaware



MODERATOR:

Debbie Smith, MBA

DEI Practitioner
Chair, Leadership Team
Advancing Healthy Lifestyles Coalition



For additional information, please contact Jayden Carr at jayden@goeinswilliams.com.



AHL Coalition