

The Clarity Consultation

Confident Results Start With Clarity

A consultation designed around you



A NOTE OF CLARITY

April often brings a sense of renewal and reflection. As the seasons change, many patients begin thinking more intentionally about their aesthetic goals and seek understanding before committing to treatment.

At the Antony Institute, aesthetic care begins with knowledge. A consultation is not a commitment, but a conversation. It is an opportunity to understand your anatomy, explore treatment options, and gain insight into what is possible.

Clarity allows treatment plans to be developed thoughtfully, supporting natural, balanced results.





The Spring Refresh Duo

Book your Botox appointment with a friend this April and you'll both receive \$50 OFF any cosmetic treatment!

The Skin Reset

20% OFF a series of 3 or 4 RF Microneedling (Full Face or Body) sessions, a treatment designed to stimulate collagen, improving tone, tightening and retexturing skin!



Peel to Glow

\$100 OFF medical grade peel or hyperpigmentation/ melasma treatment- Remove dull, hyperpigmented, and damaged skin and reveal brighter, smoother skin underneath.

Fresh Face Formula

This month only, the Enzymatic AHA/BHA Cleanser by Anu Science of Beauty is \$20 OFF. Smooths, clarifies, and refreshes the skin without disrupting the barrier.



These exceptional offers are valid through April 30th.
Please call our office at (919) 296-0256 or complete the form
using the button below to secure your special pricing before the
month ends.

Promotion terms and offers subject to change.

Contact Us Today



In aesthetic medicine and plastic surgery, clarity is the foundation of meaningful, lasting results.

A consultation is not simply about selecting a procedure. It is about understanding your anatomy, facial or body proportions, and how results will evolve over time. As a board-certified plastic surgeon, Dr. Anu Antony approaches each consultation with a focus on balance, precision, and long-term outcomes.

Patients should feel comfortable asking questions about their surgeon's training, experience, and approach to care. Transparent communication

and trust are essential when making decisions that affect your face or body.

At the Antony Institute, consultations are designed to be thoughtful and individualized, allowing patients to feel fully informed and confident in their decisions.

When patients feel aligned with both their treatment plan and their provider, the entire aesthetic journey becomes more comfortable, collaborative, and refined.

[Read Dr. Antony's Full Blog Here →](#)

Results Guided by *Clarity*



Every aesthetic result begins with thoughtful planning. This feature before-and-after highlights how personalized consultation and careful treatment design contribute to natural, balanced outcomes.

Each patient's anatomy, goals, and expectations are carefully evaluated before a treatment plan is created.

Results shown reflect individualized care following a comprehensive consultation. Outcomes vary based on anatomy, treatment plan, and healing.



Spring is a natural time for renewal, including your skincare routine.

This exfoliating cleanser combines AHAs, BHAs, and enzymes to gently remove dead skin cells, clear pores, and refine

texture. AHAs smooth the skin's surface, while BHAs work deeper to reduce congestion and excess oil.

After the winter months, this treatment helps restore clarity and brightness, making it an ideal addition to a seasonal skincare refresh or pre-procedure preparation.

This month only, enjoy \$20 OFF.

Contact Us to Get \$20 OFF



What's In The News?

**A Growing Focus on Education
in Aesthetic Medicine**



As aesthetic medicine continues to grow, patients are becoming more thoughtful about how they approach cosmetic procedures.

Medical organizations and board-certified plastic surgeons increasingly emphasize the importance of researching providers, understanding treatment options, and asking the right questions before moving forward.

With so much information circulating online, consultations have become an essential step in helping patients distinguish trends from medically appropriate treatment plans. At the Antony Institute, this process is guided by Dr. Anu Antony's expertise as a Harvard- and Stanford-trained female board-certified plastic surgeon, with a focus on safety, precision, and individualized care.

Patients are encouraged to understand not only their options, but also their surgeon's training, credentials, and the setting in which procedures are performed. The Antony Institute operates with a QUAD A-certified operating room, reflecting a commitment to the highest standards of safety and quality.

Taking the time to understand your anatomy, your options, and your surgeon's experience allows aesthetic decisions to be made with confidence and clarity.

[Read Our Latest Blog](#)



PROCEDURE SPOTLIGHT

Blepharoplasty (Eyelid Surgery)

The eyes are often referred to as the windows of the soul, and they are one of the first areas where signs of aging appear.

Over time, the skin around the eyelids can lose elasticity, leading to excess skin, puffiness, or a tired appearance.

Blepharoplasty, or eyelid surgery, is designed to address these changes by removing or repositioning excess skin and tissue to restore a more refreshed, rested look while maintaining natural expression.

Upper eyelid surgery reduces heaviness or hooding, while lower eyelid surgery improves under-eye bags caused by fat deposits. Incisions are carefully placed within natural creases so they remain well concealed once healed.

During a consultation, Dr. Antony evaluates eyelid structure and facial balance to determine whether this procedure may support natural-looking results.

[Learn More Here](#)

REFERRAL

Beginning April 2026, you can earn rewards by referring friends, family, or colleagues to the Antony Institute for a surgical consultation. Simply have them include your name when asked how they heard about us.

When your referral completes surgery, you'll receive a \$250 credit toward any surgical or aesthetic service. Refer two patients and receive \$500 in credit. There is no limit to how much you can earn.

PROGRAM

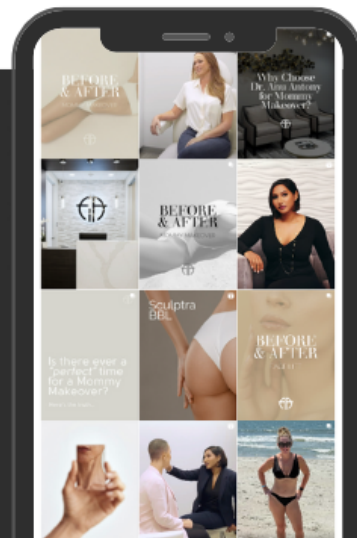
Credits are issued to the referring patient only and may be applied toward surgical or aesthetic treatments. Credits cannot be used for skincare products and must be redeemed in a single visit. Know someone considering cosmetic surgery? Share your experience and invite them to connect with our team. They can complete our consultation form or call (919) 377-0177 to speak directly with a patient care coordinator.

Schedule A Consultation

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