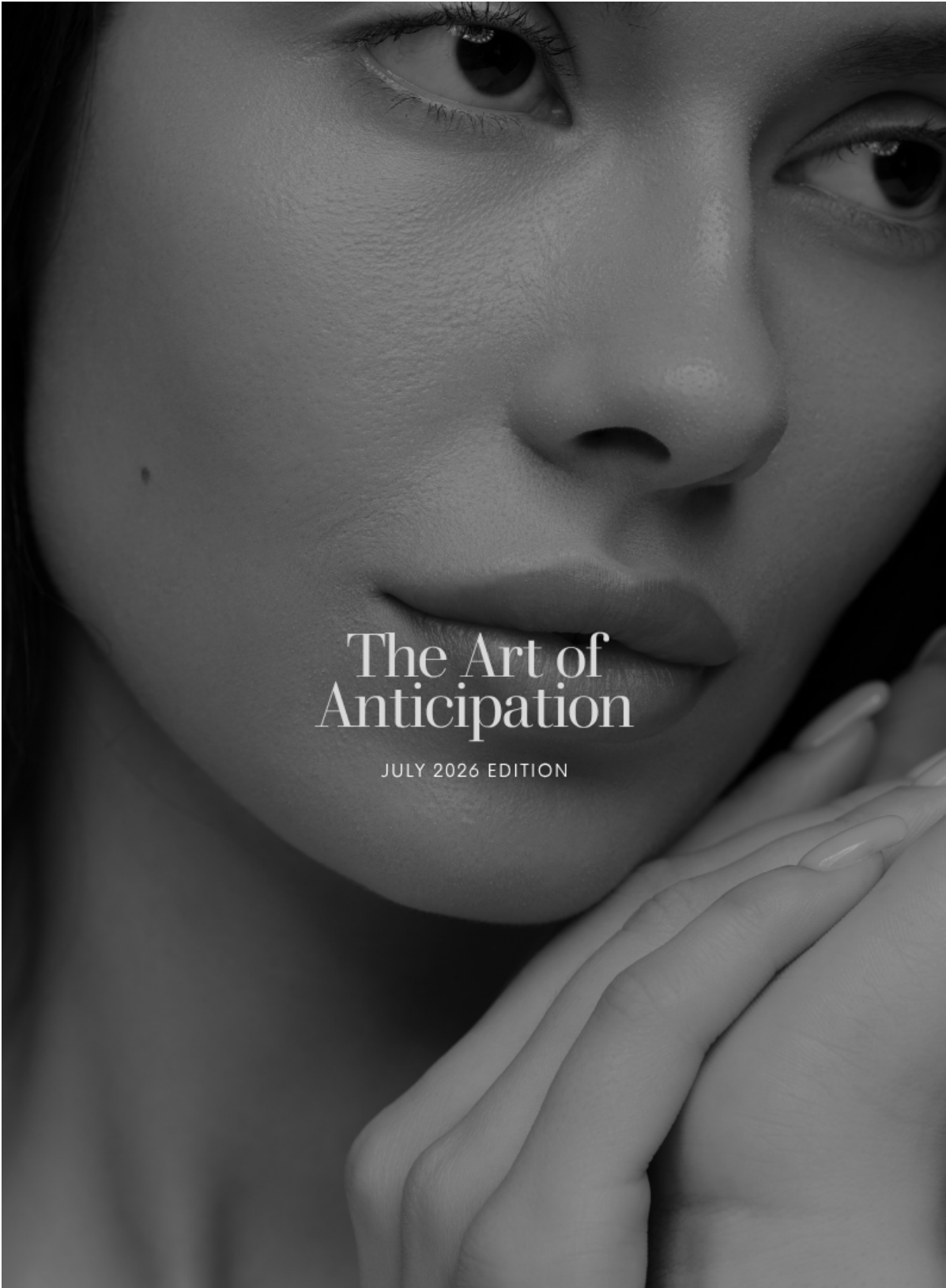




The Art of Anticipation

JULY 2026 EDITION

ON TIMING, INTENTION, AND THE WOMEN WHO MOVE WITH BOTH

There is a particular stillness that settles into summer. The calendar loosens. The pace, even slightly, relents. And for many of our patients, it is precisely in these quieter moments that the most considered decisions are made.

July is not a waiting month. It is the beginning month. The women who arrive in fall looking quietly, beautifully renewed are often the ones who started a conversation in July - unhurried, intentional, and entirely on their own terms.

This month at Antony Institute, we are exploring the art of anticipation. What it means to plan with intention, to choose your surgeon with care, and to give your transformation the time and space it deserves.



Refined Profile

Liquid Rhinoplasty \$150 OFF for first-time clients and \$100 OFF for returning clients! Refine and rebalance the nose without surgery or downtime. A precise, non-surgical approach to creating beautiful facial harmony.

Plan Now, Glow by Fall

Purchase a package of 3 face and neck RF Microneedling treatments and save \$175. Tighten, resurface, and rejuvenate your skin over time because one treatment is a treat, but three treatments deliver transformative results.

The Full Restoration - Full-Face Filler Packages

3 Syringe Full Face Package — \$2,295

Savings up to \$250

4 Syringe Full Face Package — \$2,895

Savings up to \$500

Designed for comprehensive facial rejuvenation, these packages restore volume, enhance facial balance, and create beautifully natural-looking results. Offer valid for a single treatment session.

Combination of fillers is determined by your provider. Liquid rhinoplasty and injector fees, if applicable, are not included.

Summer Skin Stock

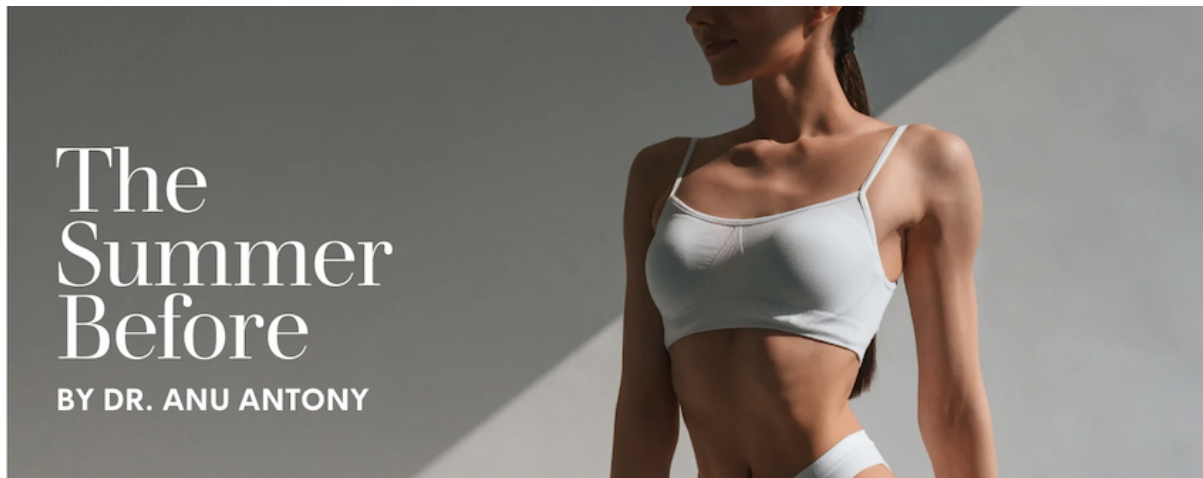
10% OFF Anu Science of Beauty skincare collection. Cannot be combined with other offers.

The Effortless Glow

25% OFF Prep, Prime and Perfection Mist.

These exceptional offers are valid through July 31st. Call (919) 296-0256 or click below to secure your special pricing before the month ends! Promotions and offer details are subject to change.

Contact Us Today



There is a particular kind of woman I think about in July.

She is not rushing. She is not reacting to a trend she saw online or a reunion that crept up on her calendar. She is sitting somewhere quiet — a back porch, a hotel room, a long flight home — and she is thinking, clearly and without urgency, about who she wants to be by the time October arrives. She has already done the research. She knows what she wants. She is simply deciding when to begin.

That woman almost always calls us in July.

[Read The Full Essay Here →](#)



The brow is one of the first areas of the face to reveal the effects of aging. As the outer brow gradually descends, it can create heaviness around the eyes, contribute to hooding of the upper eyelids, and leave you looking tired or less refreshed than you feel.

At The Antony Institute, Dr. Antony offers personalized brow rejuvenation using either a Temporal Brow Lift or a PDO Thread Lift, depending on your anatomy, aesthetic goals, and desired recovery.

A Temporal Brow Lift is a surgical procedure that gently elevates the outer brow through discreet incisions hidden within the hairline, creating a naturally refreshed appearance with long-lasting results.

For patients seeking a minimally invasive option, a PDO Thread Lift uses dissolvable threads to subtly lift the brow while stimulating collagen production for continued improvement over time. See the before-and-after below showcasing a limited lateral thread brow lift performed by Dr. Antony.



Whether performed on its own or combined with treatments such as upper eyelid surgery or facial balancing procedures, brow rejuvenation can restore a

brighter, more youthful appearance while preserving your natural facial expression.

[Learn About Brow Lift](#)

[Learn About Thread Lift](#)



Product of The Month

Anu Prep, Prime And Perfection Glow Mist

Formulated by Dr. Antony herself, the Prep, Prime & Perfection Glow Mist is a free radical neutralizing antioxidant mist that soothes, calms, and rejuvenates skin with every use. Lightweight and deeply hydrating, it preps skin before treatment, refreshes throughout the day, and delivers a luminous, healthy glow that works for every skin type - including the most sensitive.

Combine with the mini size for a wonderful travel addition in the beach bag to hydrate as the skin is exposed to the salt, sand and sun. Pairs well as a perfecting makeup setting spray.

This July, enjoy 25% OFF Prep, Prime & Perfection

Contact Us to Get 25% OFF



Something shifted in this industry, and I think it shifted for the better.

I remember a time - not so long ago - when plastic surgery was spoken about in careful euphemisms, if it was spoken about at all. Women emerged from recovery weekends with vague explanations and careful angles. There was shame layered into all of it, which I always found unnecessary. A woman making a considered, private decision about her own body, in the hands of a skilled surgeon, is not something that warrants shame. It never was.

And then, slowly and then all at once, the conversation changed.

But doors, when they open, do not always let in only the light.

[Read The Entire Blog](#)

REFERRAL

You can now earn rewards by referring friends, family, or colleagues to the Antony Institute for a surgical consultation. Simply have them include your name when asked how they heard about us.

When your referral completes surgery, you'll receive a **\$250 credit** toward any surgical or aesthetic service. Refer two patients and receive \$500 in credit. There is no limit to how much you can earn.

PROGRAM

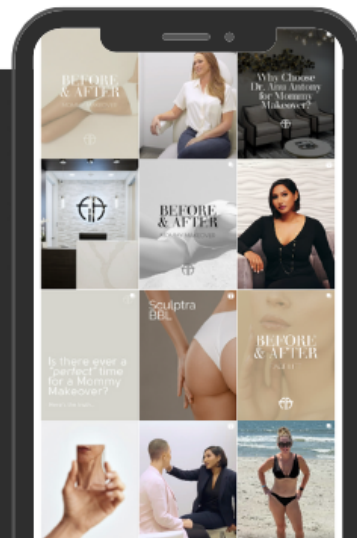
Credits are issued to the referring patient only and may be applied toward surgical or aesthetic treatments. Credits cannot be used for skincare products and must be redeemed in a single visit. Know someone considering cosmetic surgery? Share your experience and invite them to connect with our team. They can complete our consultation form or call (919) 377-0177 to speak directly with a patient care coordinator.

Schedule A Consultation

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