



Sport and Sustainable Health Fund of Enfant Soleil

Submit a Grant Application

Enfant Soleil's Sport and Sustainable Health Fund aims to promote and support healthy lifestyle habits in children through sport, art, healthy eating and social life. It helps cultivate emotional, mental and physical well-being through a variety of projects.

Funding Focus Areas

Prevention

Promote overall health and well-being, supporting the development of their full potential, enabling them to be better prepared for school and their future lives. Ensure children have access to normative and positive developmental experiences (e.g., programs dedicated to youth in socio-economically vulnerable situations).

- Sports equipment and protective gear
- Collaborative or educational games
- Indoor or outdoor play structures
- Music instruments

Education and training

Support youth in developing healthy habits so they can take charge of their own health, or training adults to help them achieve this goal.

- Emotional management training
- Support the implementation of art therapy, music therapy, and animal-assisted therapy programs
- Creation of community garden

Accessibility and adaptation

Support accessibility and better adaptation among young people, with health condition (*overweight, overachievement, attention disorders (ADD, ADHD), disabilities, autism spectrum disorder (ASD), anxiety disorders, obsessive-compulsive disorder (OCD), eating disorders, depression, etc.*)

- Sensory tent or aquarium
- Adapted sports equipment for reduced mobility (sleds, paddleboards, or playground equipment)
- Soothing shell chair
- Desk-bike
- Hydraulic lever for swimming pool

Eligibility criteria

- Come from an eligible organization:
 - Non-profit organizations in Quebec
 - Schools recognized by the Ministère de l'Éducation
 - Childcare services recognized by the Ministère de la Famille
 - Health establishments governed by Santé Québec
- Dedicated to children (0-17 years old)
- Provide proof that the organization has the human and material resources needed to carry out the operation of the project concerned by the application
- Submit a complete file (including quotes and supporting documents)
- Have not incurred any costs prior to submitting the application

Funding Allocation Criteria

- The project's impact on children (number of children reached, difference made)
- Community needs (level of deprivation or specific context)
- Project viability and sustainability
- Level of expertise and credibility of the organization

Exclusions

- Operating costs (space rental, administration, website, salaries)
- One-time or individual-use requests (scholarships, gifts, admission tickets)
- Recurring expenses (transportation, food, annual event funding)
- Infrastructure expenses (excavation, paving, landscaping, construction, sheds)
- Combat or high-risk injury activities (trampolines, laser tag, heavy weights)
- Research projects

Financial Contribution

The amount granted may be up to 100% of the eligible expenses presented. However, please note that the available funds and the number of projects selected may influence the final amount awarded per project. Furthermore, no project is automatically accepted from one year to the next.

Steps for Grant Allocation

1. Submission of the request, including all needs prioritized, between September 1st and October 15th via the online form
2. Analysis and recommendation in November by an external committee
3. Approval of the grant in December by the Board of Directors of Enfant Soleil
4. Signing of the agreement between Enfant Soleil and the applicant
5. Payment of the grant (around March of the following year)
6. Identification of funded equipment using sticker labels
7. Social media publication
8. Impact report to be completed via the online form within 12 months of receiving the grant

Derogation Request

Please note that once the grant has been approved, any changes must be sent to octrois@enfantsoleil.ca. Requests for exceptions will be reviewed and approved by the Board of Directors of Enfant Soleil.

Additional Information

If this is your first request, please contact us to obtain a user code for our online platform. For any additional information, feel free to reach out to us:

Cindy Marcoux

Grants Management Advisor

octrois@enfantsoleil.ca

1 877 683-2325, ext. 5015

