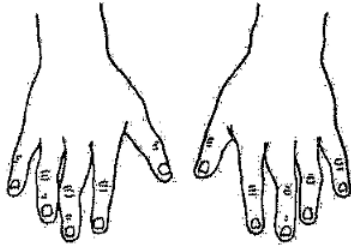


YOUR NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

What is your nail problem? \_\_\_\_\_

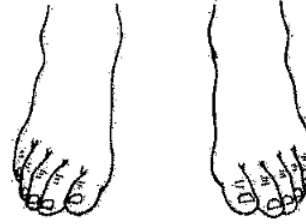
When did this problem start? \_\_\_\_\_

Which nails are involved? (circle these)



RIGHT

LEFT



RIGHT

LEFT

Have you ever traumatized any of the involved nails (stubbed your toe, hit the nail with a hammer, etc.)?  yes  no

Contact with chemicals or irritants, such as strong soaps, hair straighteners, lye, etc.?  yes  no

Did you in the past or have you recently (circle all that apply):

**Pick at your nails** **Bite or suck your nails** **Ingrown nails** **Wear tight or pointed-toe shoes** **Push the cuticle back**

**PERSONAL NAIL CARE**

Circle any nail products that you use: **Nail polish** **Nail hardeners** **Cuticle treatment** **Nail conditioners**

Others (please list): \_\_\_\_\_

List any instruments that you use to care for your nails (file, buffer, orange stick, etc.): \_\_\_\_\_

Do you go to a manicurist?  yes  no How often? \_\_\_\_\_

Which of the following have you had? (circle all that apply) **Gel nails** **Shellac nails** **Acrylic nails** **Other:** \_\_\_\_\_

Circle any other skin or hair problems that you ever had any in the past? (circle all that apply)

**lichen planus** **psoriasis** **ringworm** **"jock itch"** **athlete's foot** **eczema**

**PAST MEDICAL HISTORY**

List any medical problems that you have had in the past or have now (diabetes, heart trouble, thyroid problem, etc.)

\_\_\_\_\_  
\_\_\_\_\_

List any medications that you have taken during the last year (include herbs and supplements)

Medication	Dose	How many times a day	Medication	Dose	How many times a day
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

List any drug allergies

What treatment (self and professional) have you had for your nail problem (past and present)?

- a. List pills and dates used:
- b. List topical treatments and dates used:
- c. List surgical treatment and dates performed:

Does anyone in your family have any of the following? (Circle all that apply)

Nail problems    Melanoma    Thyroid problems    Skin problems (psoriasis, lichen planus, fungus, etc.)

### **Review of Systems**

PLEASE CIRCLE ALL THAT APPLY

<u>General/skin/sleep</u> <ul style="list-style-type: none"><li>• <math>\Delta</math> weight</li><li>• Fatigue/Weakness</li><li>• Fevers/Chills</li><li>• Other: _____</li></ul>	<u>Respiratory</u> <ul style="list-style-type: none"><li>• Cough</li><li>• Short of breath</li><li>• Wheezing/Asthma</li><li>• Other: _____</li></ul>	<u>Musculoskeletal</u> <ul style="list-style-type: none"><li>• Joint pain/back ache</li><li>• AM stiffness</li><li>• Arthritis</li><li>• Other: _____</li></ul>	<u>Endocrine</u> <ul style="list-style-type: none"><li>• Thyroid problems</li><li>• Diabetes</li><li>• Other: _____</li></ul>
<u>HEENT</u> <ul style="list-style-type: none"><li>• <u>Eyes</u>:    <input type="radio"/> Vertigo</li><li>• <u>Ears</u>:    <input type="radio"/> Tinnitus               <input type="radio"/> Vertigo</li><li>• <u>Nose</u><ul style="list-style-type: none"><li><input type="radio"/> Nosebleed</li><li><input type="radio"/> Sinus</li><li><input type="radio"/> Other: _____</li></ul></li><li>• <u>Mouth/Throat</u>: _____                       <input type="radio"/> Other: _____</li></ul>	<u>Cardiovascular</u> <ul style="list-style-type: none"><li>• Edema</li><li>• Deep vein thrombosis</li><li>• Easy bruise/bleed</li><li>• Anemia</li><li>• Other: _____</li></ul> <u>GI</u> <ul style="list-style-type: none"><li>• <math>\Delta</math> appetite</li><li>• Nausea/Vomiting</li><li>• Abdominal Pain</li><li>• Jaundice/hepatitis</li><li>• Other: _____</li></ul>	<u>Neuro/psych</u> <ul style="list-style-type: none"><li>• Numbness/tingling</li><li>• Tremor/coordination</li><li>• Anxiety/tension/stress</li><li>• Depression/tearfulness</li><li>• Other: _____</li></ul> <u>GU</u> <ul style="list-style-type: none"><li>Other: _____</li></ul>	<u>ID</u> <ul style="list-style-type: none"><li>• Staph infection</li><li>• MRSA infection</li><li>• Herpes infection</li><li>• Fungal infection</li><li>• Hepatitis B/C</li><li>• HIV</li><li>• Other: _____</li></ul>

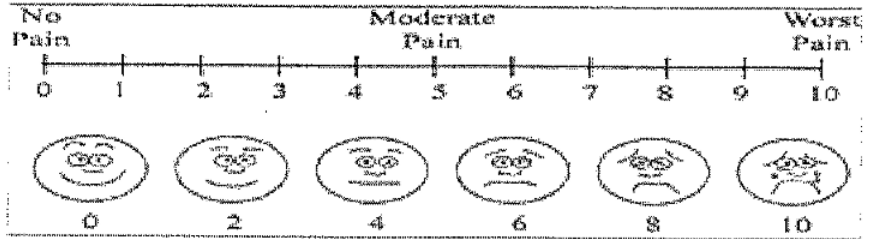
Do you have a history of Melanoma? *NO YES* When \_\_\_\_\_ Where (location on body) \_\_\_\_\_  
 Stage/thickness if known \_\_\_\_\_  
 Treatments \_\_\_\_\_  
 Who has treated you for Melanoma? \_\_\_\_\_  
 Do you have a full skin check scheduled due to your history of Melanoma? *NO YES* When? \_\_\_\_\_

Primary care physician: \_\_\_\_\_

Referring physician: \_\_\_\_\_

Occupation: \_\_\_\_\_

Are you having any pain today? *NO YES* If yes, please circle level of pain



Do you smoke? *YES* How much? \_\_\_\_\_ pack/s a day. *FORMER SMOKER* Quit when? \_\_\_\_\_ *NEVER SMOKER*

Do you drink alcohol? *NEVER OCCASIONALLY* (socially or weekends only) *DAILY* How much daily? \_\_\_\_\_

Have you had the Pneumonia vaccine? *NO YES* When \_\_\_\_\_

Have you had the Flu Vaccine? *NO YES* When \_\_\_\_\_

Do you have a history of psoriasis or psoriatic arthritis? *NO YES*  
 If yes, have you been tested for TB? *NO YES* When? \_\_\_\_\_ Result? \_\_\_\_\_

Do you have an Advanced Care Plan or Surrogate Decision Maker? *NO YES* Name \_\_\_\_\_

What pharmacy do you use? \_\_\_\_\_