

## **Support and supervision services at Freies Gymnasium Zürich**

### **Supervised study**

Supervised study enables our students to work in a supervised, educational environment and to do their homework and exam preparation in a focused and efficient way. They receive help from teachers and students and can discuss problems and questions with their classmates. Supervised study also supports students in organising their learning and working behaviour and assists them in being more independent with their study.

### **General conditions**

Supervised study takes place from Monday to Friday after school and comprises two 40-minute lessons. The programme is aimed at pupils in the preparatory classes and the first to third classes. Groups of two or four are offered. Whenever possible, the groups enable students from the same class to work together. Occasionally, supervisors may be absent at short notice due to illness. In such cases, we reserve the right to merge groups of two into four. If groups of four cannot be formed, we reserve the right to reduce the group size accordingly.

Students who display repeated disruptive behaviour during supervised study may be excluded from further participation.

In the first and last week of the semester, supervised study is only on request.

### **Costs (per semester and day of the week))**

Groups of 4	(2 lessons of 40 minutes each)	CHF 750
Groups of 3	(2 lessons of 40 minutes each)	CHF 875
Groups of 2	(2 lessons of 40 minutes each)	CHF 1,000

### **Registration**

Registration is via QR code or link and is valid for the entire school year provided there is no deregistration at the end of the first semester by 31 January. Registrations during the semester are possible on request.

## **Individual support and individual coaching**

### **Individual support**

We offer qualified tutors from all disciplines for students who require targeted support in a particular subject to provide efficient support based on their individual needs. The individual support is designed to improve the students' performance in their subject and increase their motivation and self-confidence. The focus is on engaging with the subject, which also helps to promote independence. To achieve the most effective results, a close connection between individual support and classroom teaching is a great advantage. Our tutors therefore are in contact with the subject teachers in the same building and can respond precisely to the difficulties manifested in the classroom. Once a quarter, students and parents receive an assessment from our tutors, where they go over what has been achieved and what still needs to be done.



## **Individual coaching**

Individual coaching is for students who do not primarily need support in a specific subject but help with their learning organisation. It teaches learning and self-management strategies in an interdisciplinary format and pursues the aim of ensuring that pupils acquire the ability to organise their learning independently and successfully as quickly as possible.

## **General conditions**

Individual support and coaching take place outside of class at agreed times on the premises of the Freies Gymnasium. The programme is aimed at students in classes 1 to 6. Individual supervision is only provided for pupils in the preparatory classes in exceptional cases and after consultation with the class teacher.

Whenever possible, both individual support and individual coaching should be limited in time and should not run permanently alongside regular teaching. Accordingly, we offer our pupils a situation assessment once a quarter, in which the next steps are determined.

## **Costs**

The prices for a 40-minute individual lesson vary depending on the tutor's qualifications:

FGZ student in their Matura year:	CHF 45
Student up to Bachelor level:	CHF 54
Student from Bachelor level:	CHF 76
University graduate with a Master's degree	CHF 95

If you are unable to attend, you must cancel the individual lesson 24 hours in advance. In the event of sudden illness, this must be done by 8.30 a.m. on the same day at the latest, otherwise the lesson will be charged as usual.

## **Registration**

Registration for individual support or individual coaching is possible at any time. The scope of the support teaching is determined at the beginning of the collaboration and the collaboration can be terminated at any time.

If you have any questions, please do not hesitate to contact Mr Claudius Wand, [cwand@fgz.ch](mailto:cwand@fgz.ch), tel. 043 456 77 68.

[FGZ - Registration for supervised study and individual support 2025/26](#)

