

FRANKFURT 2025

Rights Guide Panera Press

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Hardie Grant
BOOKS



PANERA
PRESS

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press

Pantera Press

Upcoming:

Adult Fiction Titles

Adult Non-Fiction Titles

Children's Picture Books



**PANTERA
PRESS**

Staged

John M. Green

When a Hollywood star is killed live on stage, an entire cast falls under suspicion ... Can a disgraced journalist and a detective with a PhD in AI crack the case?

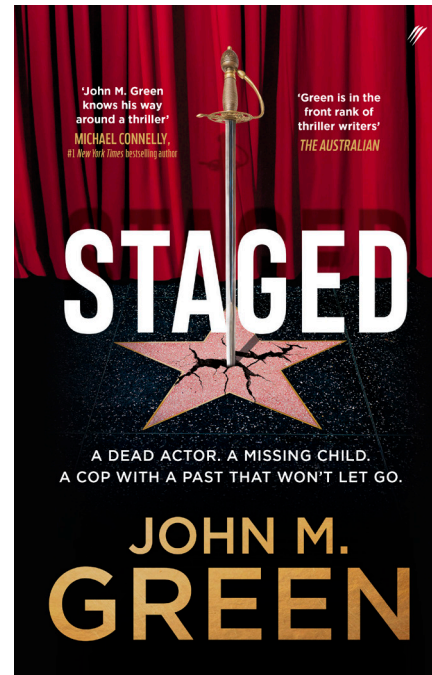
A Sydney Opera House production of *The Rocky Horror Picture Show* ends in tragedy when a stage prop kills Hollywood star Dane Cooder in a spectacularly gruesome fashion. His wife and co-star Angelique Swan looks on in horror.

The death is ruled an accident, but Dick Sonntag, disgraced journalist and writer for online gossip site WTF, disagrees. Sonntag was in the audience that night and decides to investigate further. He launches and hosts a popular podcast around the celebrity death and, due to public demand, the case is reopened.

Detective Harry Stiles is brought in to lead the case. Stiles despises Sonntag: the last time she crossed his path, he derailed her investigation involving police corruption. Will Harry's artificial intelligence skills help them pin down the culprit this time?

As the theatre investigation unfolds, Sonntag and Stiles uncover affairs, dark secrets and blackmail against the backdrop of Sydney Harbour.

This is an electrifying, fast-paced crime thriller for readers of Jack Heath, Benjamin Stevenson and Richard Osman.



About the Author

John M. Green is the author of *Double Deal*, *The Tao Deception*, *The Trusted*, *Born to Run*, *Nowhere Man* and *Framed*. He left his day job as a banker two years before the global financial crisis – enough of a lag so no one could accuse him of starting the whole mess! Today, he straddles writing, business and philanthropy.

He's a director of several organisations, listed and unlisted, including cyber-security, financial services, engineering, publishing and not-for-profits. He lives in Sydney with his wife, the sculptor Jenny Green.

'John M. Green knows his way around a thriller.'
Michael Connelly

'Green is in the front rank of thriller writers.'
The Australian

'Australian thriller writing at its best.'
ABC

'The twists hurtle in too fast for the reader to duck.'
Jack Heath, award-winning author

'... moves at a cracking pace and is impossible to put down ... a compelling writer of master thrillers'
The Australian Financial Review

Pub Date:	February 2026
ISBN:	9781923390546
Category:	Fiction - Crime thriller
Format:	Paperback
	234mm x 153mm
Extent:	336pp
Rights Held:	World

The Society of Literary Marauders

Sasha Wasley



PANTERA
PRESS

To everyone who was told they weren't allowed to read that book.

Read the book.

Read any book.

Read every book.

At Oxford University, 1928, four young women make a secret pledge:

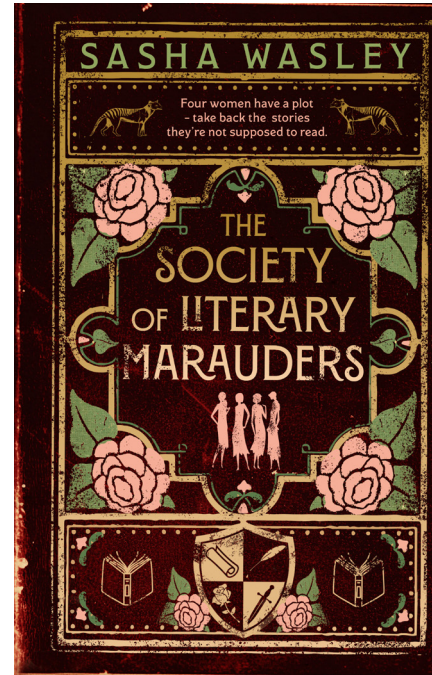
'I hereby undertake to read any book kept away from nice young ladies and make up my own mind whether it is good for me or not.'

They've come from unlikely corners of the British Empire: bricklayer's daughter Annie, wealthy flapper Ridley, refined Parsi aristocrat Dorelia and disheartened

schoolteacher Norma. They call themselves The Society of Literary Marauders and the price of entry is having stolen a book.

Their illicit meetings rapidly become a lifeline in a world where knowledge is power, and women are fed lies and half-truths. They start with small misdemeanours — getting their hands on banned books, stealing back historical records claimed by the men's colleges. But over time they become aware of a true literary injustice — and they slowly formulate a plan to put this historical wrong to right...

Full of intrigue, literary drama and the joy of rebellious female friendships, this stunning novel is an absolute unputdownable joy from first page to last.



For readers who love a bookish mystery – fiction about a bookshop, library or lost text.

For readers who love books set in the closed society of a prestigious university.

For readers who love uncovering stories about women in history.

For readers who love their history with a love story and brilliant female friendship.

For readers who love upmarket historical fiction.

About the Author

Sasha Wasley was born and raised in Perth, Western Australia. She completed a PhD in feminist literature at Murdoch University in 2006, and went on to work as a copywriter on topics ranging from mine safety to sex therapy.

Sasha's debut novel was published in 2015, after which she gave up her copywriting business to pursue her fiction writing career. She is an Ambassador for the Books in Homes Australia charity which provides books of choice for children in disadvantaged circumstances to keep in their home libraries.

Pub Date: April 2026
ISBN: 9781763550711
Category: Fiction – Historical
Format: Paperback
234mm x 153mm
Extent: 432pp
Rights Held: World
Rights Sold: Audio (Bolinda)

The Oath

Bronwyn Eley

TRIALS OF POWER Book 2

The heart-stopping sequel to The Rule, featuring a why-choose romance, a dangerous race to reclaim the throne and the fate of a kingdom in one girl's hands.

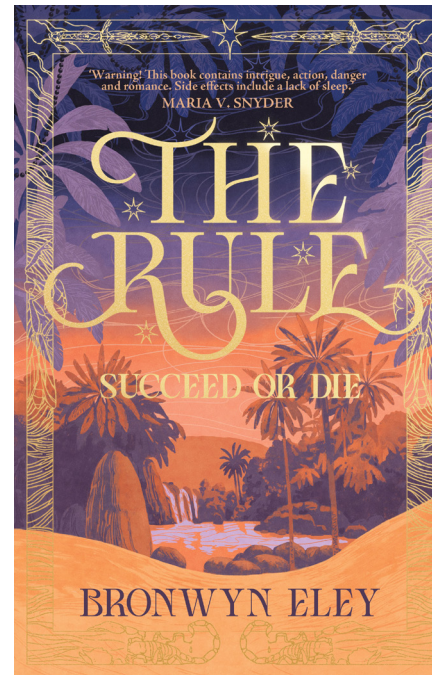
Even in the light, you can't outrun your shadows.

Zinha Falcona has succeeded in her most dangerous assignment yet: she infiltrated The Trial of Power, seduced the Maetorian Heir as well as his lover, and put her King on the throne of Maetora.

But perhaps death would have been preferable to betraying the men and the country she has come to love.

Zinha has done the unforgivable, and is desperate for a chance to make it right. With Reyher and Mateo on the run to restore the Heir's familial power, and Baleful assassins hot on their heels, she might just have the chance to do so.

Old enemies and unexpected allies emerge in the race to reclaim the throne. And as Zinha holds the fate of the kingdom, and her lovers, in her hands, the same rule applies as before: *succeed or die*.



About the Author

Bronwyn Eley has been doing two things since childhood: writing and fighting. As a fantasy author, she looks for opportunities to incorporate her martial arts experience into her stories. Before being published, Bronwyn was in the military, studied Linguistics at

university, worked in the book and travel industries, and continues to travel excessively. Originally from Sydney, Bronwyn now lives in Edinburgh and confirms she does like haggis.

PRAISE FOR *THE RULE*

'Secrets and seduction sizzle in this slow burn forbidden romance. *The Rule* delivers life-or-death stakes in a game for the fate of the kingdom.'

C.S. Pacat, New York Times bestselling author of *Dark Rise*

'Warning! This book contains intrigue, action, danger, assassins, romance, and political machinations. Side effects include a lack of sleep and avoiding social situations to read.'

Maria V. Snyder, New York Times bestselling author of *The Study of Poisons*

Pub Date:	June 2026
ISBN:	9780645858051
Category:	Fiction - Romantasy
Format:	Paperback 234mm x 253mm
Extent:	464pp
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Rights Sold:	Audio (Bolinda)

The Perimenopause Method

Michelle Bridges



PANTERA
PRESS

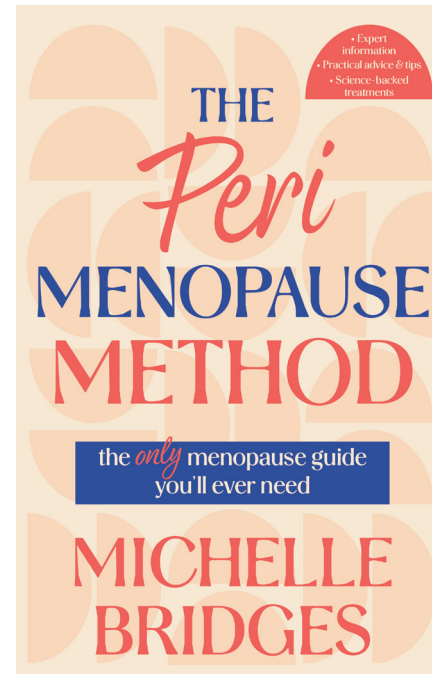
The only menopause guide you'll ever need

Your ultimate guide to all things perimenopause, menopause and post-menopause, combining science-backed information, practical strategies and advice, from beloved health and fitness expert Michelle Bridges.

Sleep, hot flushes, bone health, brain health, sex, relationships, exercise, mood swings, anxiety, MHT and cardiovascular health. Basically, if it's a part of menopause, this book has got it covered! Michelle has spent years digging into the research, consulting with experts, and testing different approaches. The result? A plan that helps women thrive.

With all the misinformation out there, you might feel like menopause is the end of the road. It's not. It's a new beginning. Each chapter of this book dives deep into the symptoms, explaining why they occur and giving you practical tips to manage them. From natural remedies to lifestyle changes and medical options, *The Perimenopause Method* explores it all.

Are you ready to transform your menopause experience? We're just getting started, and the best is yet to come.



Author platform: The book expands on Michelle's Menopause and Perimenopause Methods online (12WBT), a 12-week program to assist with women going through perimenopause, menopause and post-menopause.

Key stats on Michelle's platforms – over a million followers total.

Timely subject matter: Michelle has cemented herself as a voice for women in all stages of menopause, drawing on her own experience – and how perimenopause caught her by surprise, despite her extensive health knowledge.

About the Author

Michelle Bridges is one of Australia's most influential personal trainers, a bestselling fitness, nutrition and mindset author and a national commentator on health and wellness issues. She is the host of *We Have a Situation* podcast, a space for honest conversations

about all things menopause related, alongside leading doctors, cutting-edge researchers and inspiring Aussie women.

Pub Date: October 2025
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Category: NF - Women's Health
Format: Paperback
234mm x 135mm
Extent: 336pp
Rights Held: World
Rights Sold: Audio (Bolinda)

Blood, Sweat and Glitter

Em Rusciano

A Coming of Middle Age Story. She's Neurodivergent and Homonal AF.

Em Rusciano – singer, stand-up comedian and podcast maven – didn't mean to write a memoir.

She meant to write something fun. Light. Maybe erotic. Instead, she bled onto the page.

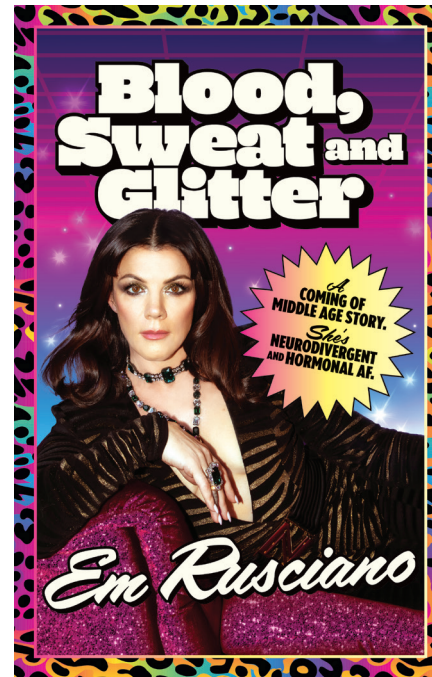
Blood, Sweat and Glitter charts the wild, messy, life-altering five years that changed everything, from sold-out national tours to a historic National Press Club address, a Senate Inquiry and surviving Melbourne's lockdowns.

This book contains everything Em couldn't say at the time: the undiagnosed neurodivergence, the

hormonal hellscape, the grief, the rage and the all-consuming, gut-punch realisation that she'd built her life by someone else's rules.

This is a reckoning. A recalibration. A renaissance. Like *Eat, Pray, Love*, but the perimenopause remix: Bleed. Scream. Snap.

Hilarious and candid, *Blood, Sweat and Glitter* is for anyone pretending they're fine while quietly falling apart. Strap in – it's a hell of a ride.



About the Author

Em Rusciano is a writer, singer, keynote speaker, comic and podcaster. Her podcast *Emsolation* was Australia's first ever Spotify Exclusive, and her 15-date *Outgrown* comedy tour took Australia by storm in 2024. Em's 2016 bestselling book *Try Hard* was released to acclaim,

and her self-narrated audiobook was nominated for ABIA Audiobook of the Year. Em has a fierce, loud and passionately loyal social media community, with a combined following on Facebook and Instagram of more than half a million.

Author's media profile: Em has seen and done it all. She's been a breakfast radio host, staged multiple sold-out cross-country tours, hosted popular podcasts (including the ongoing weekly podcast *Emsolation*), written a bestselling book and in the process garnered a fierce, passionately loyal social media following of more than half a million.

Engaged audience: Em's fans follow her wherever she goes, as we saw with the excellent sales of her first book *Try Hard* (26,000 copies sold) and her sold-out tours (her 2024 tour sold 18,000 tickets nationally). They are a force to be reckoned with.

Pub Date: November 2025
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Category: NF - Memoir
Format: Paperback
234mm x 153mm
Extent: 352pp
Rights Held: World
Rights Sold: Audio (Audible)



PANTERA
PRESS

Love Like This

Natalie Bassingthwaighte

My Untold Story

An unflinchingly honest, intimate memoir about love, loss and the courage it takes to embrace your whole story – even the parts you once wanted to hide.

After love, heartbreak, career highs and lows, motherhood, loss and self-discovery, I've learned that real strength doesn't come from holding it all together, but from allowing yourself to be vulnerable.

Natalie Bassingthwaighte, aka Nat Bass, has been on our screens and stages for decades, from her breakout role as Izzy Hoyland on *Neighbours* to iconic theatre performances as Roxie Hart and Shirley Valentine. As the lead singer of Rogue Traders, she took the

Australian music industry by storm.

But behind the curtain, Nat's life tells another story: a teenage pregnancy, two marriages and divorces, the challenges of co-parenting, grief and loss, and, ultimately, finding love again in an unexpected place.

Inspiring and full of heart, *Love Like This* goes beyond the headlines to reveal the woman behind 'Nat Bass'. It's a story of resilience, reinvention, and what it truly means to measure a life; not by mistakes or rejections, but with love, courage and connection.



About the Author

Natalie Bassingthwaighte is one of Australia's most versatile entertainers: an ARIA-nominated musician, Logie-nominated actress and presenter, and a theatre performer who has been on our stages and screens for nearly three decades. She has enjoyed international success as the front woman of Rogue

Traders, and is one of only twenty Australian solo female artists to have a number one album on the ARIA charts. Her screen acting credits include *Neighbours*, *Elvis*, *Underbelly* and *The Wrong Girl*, and as presenter she has hosted *So You Think You Can Dance Australia* and was a judge on *The X Factor Australia*.

Author profile and story: Natalie Bassingthwaighte, aka Nat Bass, has been in the public eye for three decades but she has never taken fans 'behind the scenes' on her personal life. In this no-holds-barred memoir, Nat will share intensely personal details of teenage pregnancy and abortion, being groomed by male mentors, pregnancy loss, grief and mental ill health.

Uplifting, timely message: At its heart this is a book about how Nat has reclaimed her life through intense therapy, (amicable) midlife divorce, finding queer love with a non-binary person and co-parenting with her ex-husband. It's about making the bold and necessary step to rewrite the script of your own life.

Pub Date: April 2026
ISBN: 9781763550773
Category: NF - Memoir
Format: Paperback
234mm x 153mm
Extent: 320pp
Rights Held: World

The Fair Share

Chantel Mila



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PRESS

The Life-Changing Four-Week Program to Ease Your Mental Load

A guidebook to sharing the mental load in your household, from Australia's favourite home-organising expert and the bestselling author of *The Dream Clean*.

We all know that the mental load is often shared unequally in households. We also know that this heavy load can have negative long-term effects on our mental health and wellbeing.

It's high time that we share the load fair and square – and Chantel Mila, who has garnered a global following for her best-practice home-

organising and cleaning tips, is here to help.

Chantel will show you how to get the entire household, including your partner and kids, involved in cleaning and meal preparation and planning. The book is packed with practical, everyday hacks, routines and exercises to make this process interactive and fun.

Look no further: *The Fair Share* is your next home-organising bible.



About the Author

Chantel Mila, also known as Mama Mila, has become a household name for her practical and creative approach to everyday life. Chantel began posting recipes and home hacks in 2020, and now has a reach of over over 4 million across platforms. Chantel's audience turns to her for the very best recommendations in home styling,

cleaning hacks and all things home and lifestyle.

Known for her viral #mamamilastips series, Chantel's tips and tricks have made her a favourite with global brands and audiences alike, and she has worked in ambassador roles for Dyson, Audible, Bed Threads and Haier, among many others.

Huge social media presence – Chantel has more than 4 million followers across platforms.

Her audience is 90% women, most aged 25–44yo with a core demographic: younger mums who manage hectic households.

The conversation about mental load is becoming ever more urgent. The Reese Witherspoon–endorsed *Fair Play* by Eve Rodsky has shown this is an issue that resonates, and this is a book with more practical conclusions.

Full-colour and fully illustrated, with plenty of gorgeous, aspirational imagery incorporated in a fun and accessible design.

Pub Date:	April 2026
ISBN:	9781923390065
Category:	NF - Lifestyle
Format:	Paperback 234mm x 153mm
Extent:	Flexicover
Rights Held:	World

How to Raise Rich Kids

Sarah Megginson

Build Lasting Wealth for You and Your Family

The proven roadmap to create wealth for your kids and set them up for the best possible future – without needing to be rich yourself.

We all want our children to lead 'rich' lives, by giving them the tools to set themselves up for prosperity and giving them lives abundant in choice, opportunity and freedom. But so many of us find the world of finance confusing, and have money habits that are hard to break.

Sarah Megginson knows this feeling well, as both a mother and as a highly respected personal finance expert. It's become her mission in life to teach her kids everything she knows about money: how to manage it, how to get more out of

it, how to respect it – and, most importantly, how to enjoy it!

By following Sarah's three-step method to change your family's relationship with money, you will:

- Understand, challenge and shift your own money mindset
- Learn how to talk about finances with your kids in effective, age-appropriate ways
- Build wealth for them through the type of investing that works best for you.

Packed with proven strategies, tips and case studies, *How to Raise Rich Kids* is an empowering, no-nonsense guide to improve your financial literacy and set your children up for financial freedom.



About the Author

Sarah Megginson is a highly respected personal finance expert with over 20 years of experience in property, finance and investment journalism. A regular media commentator, Sarah's expert advice on personal finance, investing and wealth creation is frequently featured across television, radio

and print media, including on *Sunrise* and *ABC News*. She was previously managing editor of *Your Investment Property* magazine, *Australian Broker* magazine and home loan comparison site *Your Mortgage*, and her byline can be found on *Yahoo! Finance*, *Kidspot* and *Mamamia*, and in *Money* magazine, *Cosmopolitan* and *Marie Claire*.



PANTERA
PRESS

This empowering guide, from a trusted and relatable voice in financial media, takes out all of the gatekeeping and gives people clear, practical steps to transform their money situation and set their kids up for success.

Sarah Megginson is a personal finance expert with 20 years of experience in financial journalism. The book is aimed at parents – especially mothers – aged from their 20s to their 60s.

These are the parents of babies, school-aged children, teenagers and young adults. These people are looking at their finances and the property market.

Pub Date: June 2026
ISBN: 9781923390249
Category: NF - Money
Format: Paperback
234mm x 153mm
Extent: 320pp
Rights Held: World

What the Flora?

Vanessa Fuchs

The Wild and Wonderful World of Australian Plant Life

Without plants we wouldn't have any medicine or food. And did you know pollen can be used to solve crimes?

This fascinating deep dive into the world of botany, based on the *Branch Out* podcast produced by the Botanic Gardens of Sydney, shows how vital plants are to our world; how they intersect with the human world in the most interesting and surprising ways; how our very existence depends on plants; and how they may be our greatest hope for the future.

A blend of research, investigation and natural history unveils the fascinating world of botany, drawing on the expertise of the Sydney Botanic Gardens, one of the leading horticultural gardens of the world.



About the Author

Vanessa Fuchs is the News and Content Manager at the Botanic Gardens of Sydney., and writes and hosts the podcast *Branch Out*. She is writing the book in consultation with expert horticulturalists.

The Botanic Gardens of Sydney is Australia's oldest scientific

and horticultural organisation — collecting and curating, conserving and celebrating plants since 1816. More relevant today than ever, the living collections are experienced by over 5 million visitors each year. It is a premier brand and trusted source when it comes to all things plants.

Perfect for natural history fans, popular science readers and plant lovers.

The use of plants for food, medicine and other purposes is one of the oldest sciences in the world.

Wide-ranging and fun compendium of up-to-the-minute knowledge on plants and their use in all aspects of life.

Beautiful internal illustrations from botanical artists and drawings from the botanic archives.

Pub Date: September 2026
ISBN: 9781923390003
Category: NF - Nature
Format: Paperback
234mm x 153mm
Extent: 320pp
Rights Held: World



PANTERA
PRESS

Confetti and the Rainbow Garden

Shane Jenek

Confetti and the Rainbow Garden is a story about curiosity and creativity, family and identity, and the wonders of the natural world.

With illustrations by award-winning artist Dylan Finney and words by Australia's favourite drag queen Courtney Act, *Confetti and the Rainbow Garden* is the perfect book to inspire acceptance and independence in kids aged 3+.

Welcome to Nan's garden, a wonderland where kangaroo paws play soccer, water lilies dive, and lilly pillies do science experiments. Confetti is on a mission to find out who they'll grow up to be – a wistful waratah, lorikeet-laden grevillea, or perhaps a frolicking fern?

Join Confetti on an adventure celebrating family and flora, and how life is beautiful when we're free to be ourselves.



Shane Jenek / Courtney Act (he/she pronouns) is a queer entertainer and advocate. The book has emerged from Courtney's work voicing Ms Flouncy on popular ABC Kids show *Reef School*, and her appearance in a popular episode of *Play School Story Time*.

Courtney has nearly 2 million followers across social platforms and her ABIA-nominated memoir *Caught in the Act* has sold more than 30,000 copies across formats.

Glorious illustrations by First Nations artist Dylan Finney.

About the Author

Courtney Act is a drag artist, singer, advocate, author and cultural provocateur. Her debut memoir *Caught in the Act* was an award-winning bestseller.

Dylan Finney is an Australian-born Artist and Graphic Designer currently living on Darkinjung Land. Whilst his dad was born in England, he is a proud descendant of the Marra, Ngalakgan and Yanyuwa clans in Arnhem Land on his mother's side. When not exploring the local bushland, he's in the studio drawing or painting.

Pub Date:	November 2025
ISBN:	9781763550735
Category:	Children's Picture Book
Format:	Hardcover
	244mm x 244mm
Extent:	32pp
Rights Held:	World

Pantera Press

Recent Titles



PANTERA
PRESS

In Spite of You

Patrick Lenton

Don't get mad. Get hot – and get even.

A gloriously spiky modern rom-com that will have you falling head over heels in love (and spite).

When Jeremy is invited to the 10-year reunion of his prestigious writing program, his life is a horrible mess. He's a pop-culture journalist with no money, he's permanently single and he now has to face his cheating ex-boyfriend – the reunion's guest of honour.

Like any well-adjusted individual, Jeremy develops a revenge plan: fix his life by becoming super hot and successful and, most importantly, find a handsome and successful boyfriend to bring to the reunion.

Enter Sam – irritatingly perfect, disgustingly hot and generous to a fault – who agrees to help with Jeremy's scheme. When Sam suggests they start fake-dating each other, the simmering tension between them threatens to boil over. Now Jeremy must choose between nursing his grudges and giving himself another chance at love.



About the Author

Patrick Lenton is a journalist and writer living in Melbourne. He is the author of three books, including the recent *Sexy Tales of Paleontology*. He is a regular arts and culture commentator in the media, having appeared on The Project, ABC's The Mix, ABC Breakfast and more.

He is an anchor guest on ABC Sydney's Culture Chatter and ABC Melbourne, as well as regular slots on ABC RN, Statewide Drive, ABC Tropical North and more. His independent publication, *Nonsense*, covers comedy and queer news and culture.

'Romantic, sharply observed, and wickedly funny, *In Spite of You* is the perfect rom-com for people who love love – and also love the delicious pleasure of holding a really good grudge.'
Jodi McAlister

'What a breath of fresh air to read a book like this, that's as clever and funny as it is full of vulnerability and heart. Patrick Lenton astutely observes modern culture and romance through the lens of someone who's been through it all. These characters are the people we all love to hate, or hate to love – and ultimately, love does win.'
Giselle Au-Nhien Nguyen

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Category: Fiction – gay romcom
Format: Paperback
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Extent: 304pp
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Rights Sold: Audio (Wavesound)



PANTERA
PRESS

Torn

Nicole Madigan

Four Women's Stories of Why They Left – or Why They Stayed

Is love enough? In *Torn*, four women face the biggest decisions of their lives. For readers of *Heartsick* and *Three Women*.

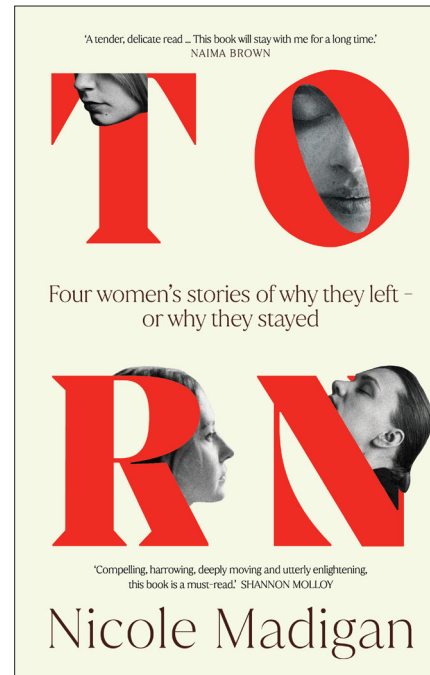
Anna is in her early seventies and met her future husband when they were 12 years old. One day, Anna's daughter handed her a card from another woman.

Kate is in her mid-fifties. Her husband gave Kate her dream family, and for her kids, she tolerated his drinking and affairs. But then he started gambling away their futures.

Liana, in her mid-forties, was in a series of abusive relationships before she finally met a man who seemed 'normal'. Then she spotted the signs of addiction she knew all too well.

Amanda, in her mid-thirties, and her husband were childhood sweethearts. She found out he'd been visiting sex workers since their wedding – then she met the love of her life.

Torn is an intimate, compelling exploration of the age-old dilemma: to stay in an unhappy relationship, or to leave? This book is about four women in moments of crisis – and what they chose to do next.



About the Author

Nicole Madigan is a writer, editor, journalist, author and advocate based in Brisbane, Australia.

Previously a television reporter with the Nine Network, Nicole has spent the past 15 years writing investigative articles, news pieces,

long-form features and content for a wide range of publications and businesses. She is currently a staff writer and weekly podcast host at *Mamamia*.

'I cannot imagine a lonelier place than a relationship you're not sure you're meant to be in anymore. With *Torn*, Nicole Madigan has given any woman who is white-knuckling it through the muck and mire of the unknown – the indecision and the teeming what-ifs – proof that she is not alone, that other women have walked here before her and are walking alongside her even now. *Torn* is a tender, delicate read that felt like being passed a private journal in confidence and being asked to hold another woman's truths and fears without judgement or moralising. This book will stay with me for a long time.'

Naima Brown

Pub Date: August 2025
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Extent: 304pp
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Rights Sold: Audio (Bolinda); German (Goldegg)

Cult Bride

Liz Cameron

How I Was Brainwashed – and How I Broke Free

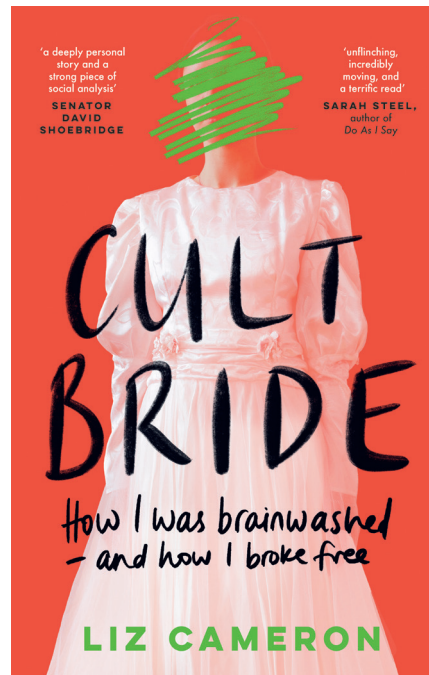
How are people like you and me brainwashed into cults?

In her gap year after high school, Liz is approached at a shopping centre by a woman who asks her survey questions about her Christian faith. Liz is slowly brought into her small, friendly church community – but little does she know that her new ‘friends’ are members of the South Korean cult Providence, which currently operates in more than 70 countries.

This is the story of how Liz endured mind-control techniques and a visit to the cult’s convicted serial rapist leader in prison and came out the other side alive. She takes us

behind the scenes to show us how cults operate in plain sight – and how we can unpick the systems that enable them to prey on vulnerable people.

This powerful, candid memoir tells one woman’s extraordinary story of how she was broken down by a secretive, predatory cult – and how she broke free and remade her life.



About the Author

Liz Cameron grew up in fundamentalist Christianity and was brainwashed into the JMS cult, also known as Providence, at age eighteen in 2011. Since escaping in 2013, she’s slowly rebuilt her life while also working to raise awareness of cults and assist in

deprogramming other cult victims. She now resides in Canberra and balances full-time professional work with cult awareness and advocacy, while also studying a psychology degree.

‘Through *Cult Bride*, Liz bravely and openly shares her personal journey of cult indoctrination and escape. With generosity, she invites us into a disconcerting and shocking time in her life to help us better understand how easy it is to fall prey to a coercive group and the damage this does to a person. Not only insightful and instructive, Liz’s story is also unflinching, incredibly moving, and a terrific read.’

Sarah Steel, author of Do As I Say: How Cults Control, Why We Join Them, and What They Teach Us About Bullying, Abuse and Coercion

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