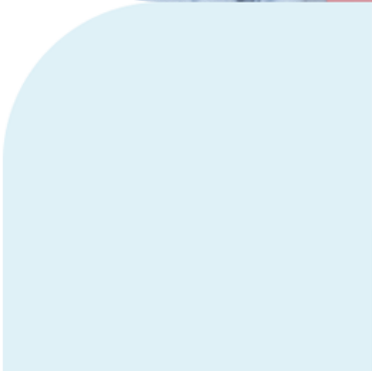
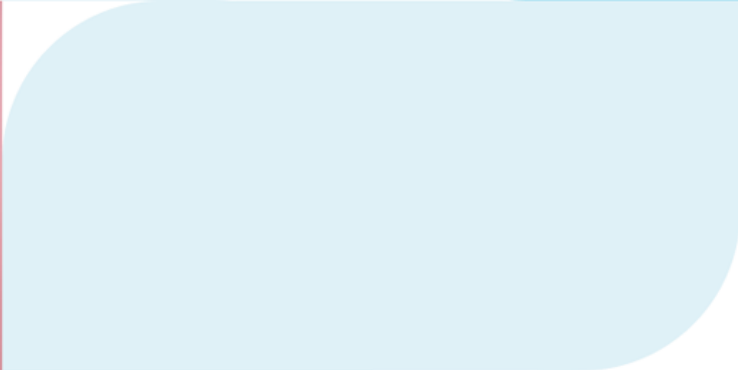




Test report



At-home test



Allergy test MEDIUM

Lab test

Blood

Name: **Dummy Persson** Date of test: **02/29/2024** Analysis-ID: **UUAMR2-A9**

About the test

Food allergies are evolving as a major public health problem, and testing is important to be able to identify these allergies, but also to find hidden food allergens.

Having an allergy means that your body produces IgE-antibodies in response to the allergen even if the allergen in itself is harmless. The higher the concentration of IgE antibodies, the greater the chance that the tested item will trigger allergic symptoms. The severity of the symptoms can vary from person to person even if the if the levels of IgE-antibodies are the same.

We recommend that you avoid any substance that you have an allergic reaction to with consistent symptoms. Please keep in mind that hygiene products such as moisturizing creams and shampoo may contain allergenic substances.

How to interpret your result

Your test result is displayed on a scale from 0-6 for each item, depending on the amount of IgE-antibodies.

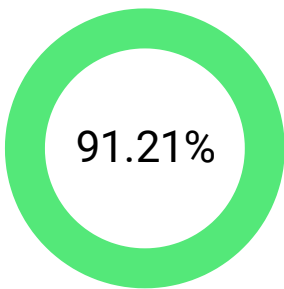
CLASS 0: No reaction

CLASS 1-2: Weak sensitization

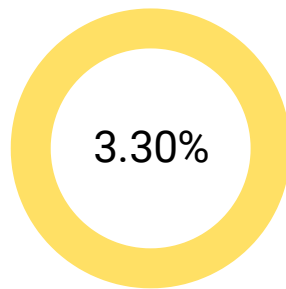
CLASS 3-4: Moderate sensitization

CLASS 5-6: Strong sensitization

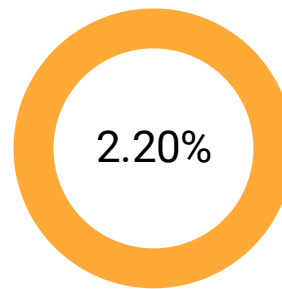
Overview of your results



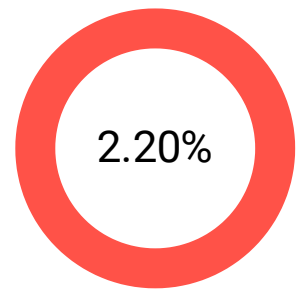
91.21% of items tested showed no reaction.



3.30% of items tested showed weak reaction.













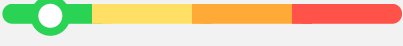



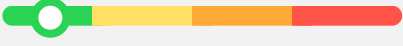







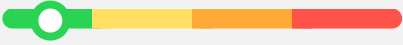







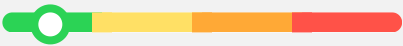



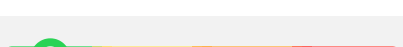



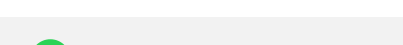

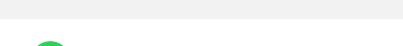
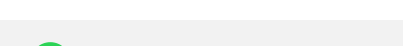



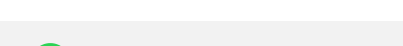
2.20% of items tested showed mild reaction.



2.20% of items tested showed strong reaction.






Food Allergy - Your result

Name	Category	Value	Class	Scale
Apple	Fruit	 < 0.15 U/ml	0	
Baker's Yeast	Miscellaneous	 < 0.15 U/ml	0	
Barley	Grains (Gluten-Containing)	 < 0.15 U/ml	0	
Beef	Meat	 < 0.15 U/ml	0	
Buckwheat	Grains (Gluten-Free)	 < 0.15 U/ml	0	
Cacao	Miscellaneous	 < 0.15 U/ml	0	
Carrot	Vegetables	 < 0.15 U/ml	0	
Celery	Vegetables	 < 0.15 U/ml	0	
Cheddar Cheese	Dairy / Egg	 < 0.15 U/ml	0	
Chicken	Meat	 < 0.15 U/ml	0	
Codfish	Fish / Seafood	 < 0.15 U/ml	0	
Corn	Vegetables	 < 0.15 U/ml	0	
Crab	Fish / Seafood	 < 0.15 U/ml	0	
Cucumber	Vegetables	 < 0.15 U/ml	0	
Eel	Fish / Seafood	 < 0.15 U/ml	0	
Egg white	Dairy / Egg	 < 0.15 U/ml	0	
Garlic/ Onion	Vegetables	 < 0.15 U/ml	0	
Hazel nut	Nuts / Seeds	 < 0.15 U/ml	0	
Lamb Meat	Meat	 < 0.15 U/ml	0	
Mackerel	Fish / Seafood	 < 0.15 U/ml	0	










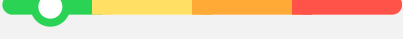



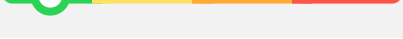


Name	Category	Value	Class	Scale
Milk	Dairy / Egg	 < 0.15 U/ml	0	
Peach	Fruit	 < 0.15 U/ml	0	
Peanut	Nuts / Seeds	 < 0.15 U/ml	0	
Pork	Meat	 < 0.15 U/ml	0	
Potato	Vegetables	 < 0.15 U/ml	0	
Rice	Grains (Gluten-Free)	 < 0.15 U/ml	0	
Sesame	Nuts / Seeds	 < 0.15 U/ml	0	
Shrimp	Fish / Seafood	 < 0.15 U/ml	0	
Soy bean	Vegetables	 < 0.15 U/ml	0	
Strawberry	Fruit	 < 0.15 U/ml	0	
Sweet chestnut	Nuts / Seeds	 < 0.15 U/ml	0	
Tomato	Vegetables	 35.70 U/ml	4	
Walnut	Nuts / Seeds	 < 0.15 U/ml	0	
Wheat	Grains (Gluten-Containing)	 < 0.15 U/ml	0	
Fruit Mix 1	Fruit	 < 0.15 U/ml	0	
Fish Mix 1	Fish / Seafood	 < 0.15 U/ml	0	
Sea Food Mix 1	Fish / Seafood	 < 0.15 U/ml	0	
Sea Food Mix 2	Fish / Seafood	 < 0.15 U/ml	0	
Citrus mix	Fruit	 < 0.15 U/ml	0	
Seed Mix 1	Nuts / Seeds	 < 0.15 U/ml	0	
Vegetable Mix 1	Vegetables	 < 0.15 U/ml	0	

Pollen Allergy - Your result


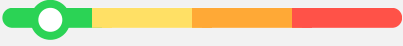



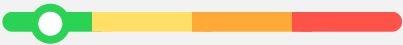



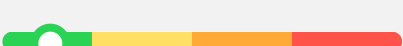


Name	Category	Value	Class	Scale
Acacia	Inhalation	 < 0.15 U/ml	0	
Alder	Pollen	 2.50 U/ml	2	
Bermuda grass	Inhalation	 < 0.15 U/ml	0	
Birch	Pollen	 8.60 U/ml	3	
Common pigweed	Inhalation	 < 0.15 U/ml	0	
Common ragweed	Pollen	 < 0.15 U/ml	0	
Cottonwood	Inhalation	 < 0.15 U/ml	0	
Cultivated rye	Inhalation	 < 0.15 U/ml	0	
Dandelion	Inhalation	 < 0.15 U/ml	0	
Goldenrod	Inhalation	 < 0.15 U/ml	0	
Hazel	Inhalation	 < 0.15 U/ml	0	
Japanese cedar	Inhalation	 < 0.15 U/ml	0	
Japanese hop	Pollen	 < 0.15 U/ml	0	
Maple leaf sycamore	Inhalation	 < 0.15 U/ml	0	
Mugwort	Pollen	 < 0.15 U/ml	0	
Oak	Pollen	 0.65 U/ml	1	
Olive	Inhalation	 < 0.15 U/ml	0	
Plantain	Inhalation	 < 0.15 U/ml	0	
Ox-eye daisy	Inhalation	 < 0.15 U/ml	0	
Russian thistle	Inhalation	 < 0.15 U/ml	0	

Name	Category	Value	Class	Scale
Timothy grass	Inhalation	0.80 U/ml	2	
White ash	Inhalation	< 0.15 U/ml	0	
White pine	Inhalation	< 0.15 U/ml	0	
Willow	Inhalation	< 0.15 U/ml	0	
Grass Mix 1	Pollen	< 0.15 U/ml	0	









Pet Allergy - Your result

Name	Category	Value	Class	Scale
Cat dander	Epithelia	 < 0.15 U/ml	0	
Dog dander	Epithelia	 < 0.15 U/ml	0	
Guinea pig	Epithelia	 < 0.15 U/ml	6	
Hamster	Epithelia	 < 0.15 U/ml	0	
Horse	Epithelia	 < 0.15 U/ml	0	
Mouse/ Rat	Epithelia	 < 0.15 U/ml	0	
Rabbit	Epithelia	 < 0.15 U/ml	0	
Sheep Wool	Epithelia	 < 0.15 U/ml	0	






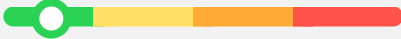



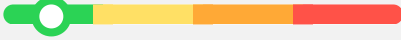


Mold/Yeast Allergy - Your result

Name	Category	Value	Class	Scale
Acarus siro	Inhalation	 < 0.15 U/ml	0	
Alternaria alternata	Inhalation	 < 0.15 U/ml	0	
Aspergillus fumigatus	Inhalation	 < 0.15 U/ml	0	
Candida albicans	Inhalation	 < 0.15 U/ml	0	
Cladosporium herbarum	Inhalation	 < 0.15 U/ml	0	
Penicillium notatum	Inhalation	 < 0.15 U/ml	0	

Dust/Mite Allergy - Your result

Name	Category	Value	Class	Scale
D. pteronyssinus	Inhalation	 0.23 U/ml	0	
D. farinae	Inhalation	 < 0.15 U/ml	0	
House dust	Inhalation	 < 0.15 U/ml	0	
Tyrophagus putrescentiae	Inhalation	 < 0.15 U/ml	0	

Other Allergies - Your result

Name	Category	Value	Class	Scale
Bee venom	Inhalation	 107.00 U/ml	6	
CCD	Miscellaneous	 < 0.15 U/ml	0	
Cockroach	Inhalation	 < 0.15 U/ml	0	
Latex	Inhalation	 < 0.15 U/ml	0	
Silkworm pupa	Miscellaneous	 < 0.15 U/ml	0	
Wasp venom	Inhalation	 < 0.15 U/ml	0	
Total IgE	Miscellaneous	21.00 U/ml	-	-

Interpret the results

Normal values - but showing symptoms?

It is possible to have a positive result on a blood test for allergies, even though you do not have any symptoms. This is because the test measures the level of antibodies in your blood, which can be raised even if you do not have any symptoms. The test is not perfect and can sometimes give a false positive result. It is also possible that you have a very mild allergy that is not causing any symptoms at the moment. It is important to talk to your doctor if you have any symptoms, even if the test result is normal. They can help you to understand the results and what to do next.

Cross reactions - positive result despite no symptoms?

It is possible to have a positive result on a blood test for allergies, even though you do not have any symptoms. This is because the test measures the level of antibodies in your blood, which can be raised even if you do not have any symptoms. This is often due to cross reactions, where the immune system reacts to a substance that is similar to the allergen. For example, if you are allergic to peanuts, you may also have a positive result for other allergens that are similar to peanuts, such as soybeans. It is important to talk to your doctor if you have any symptoms, even if the test result is normal. They can help you to understand the results and what to do next.

What can I do if I have an allergy?

There are several things you can do if you have an allergy. First, you should avoid the allergen that is causing the symptoms. This can be difficult, but it is the most effective way to manage your allergy. You can also take medication to help with the symptoms. Your doctor can help you to choose the right medication for you. It is also important to talk to your doctor if you have any symptoms, even if the test result is normal. They can help you to understand the results and what to do next.

Other

There are several other things you can do if you have an allergy. You can try to eat a healthy diet and exercise regularly. This can help to improve your overall health and reduce the severity of your symptoms. You can also try to manage your stress, as stress can make your symptoms worse. It is important to talk to your doctor if you have any symptoms, even if the test result is normal. They can help you to understand the results and what to do next.

