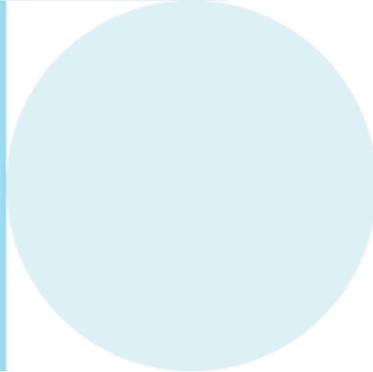
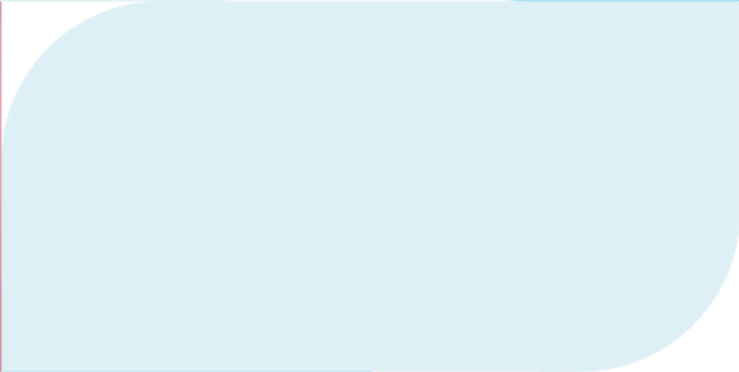




Test report



At-home test



# Food Sensitivity Test Large

 Lab test

 Blood

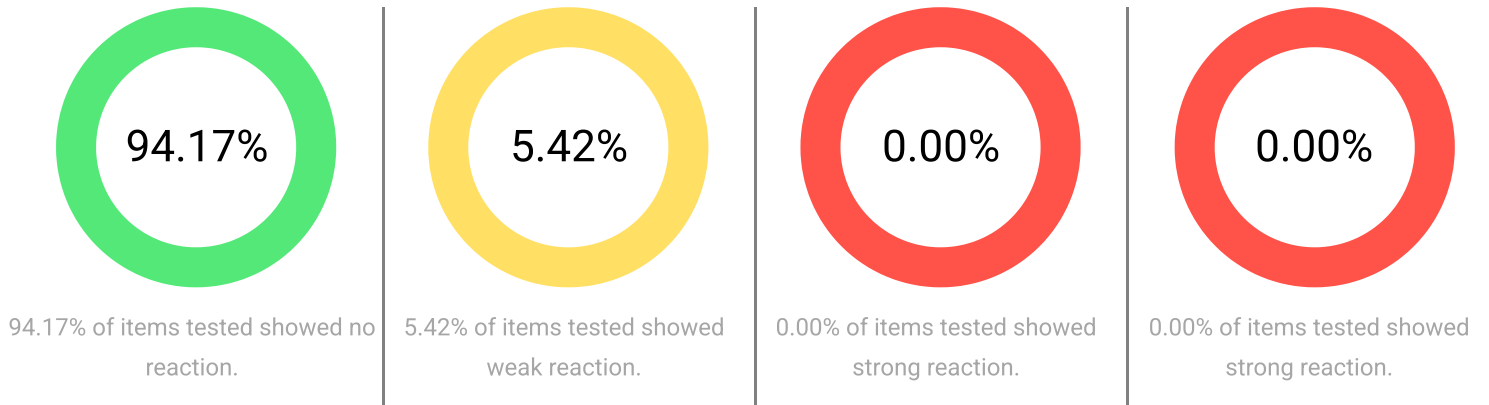
Name: **Dummy Persson**    Date of test: **01/16/2025**    Analysis-ID: **H6FJ4U-U240**

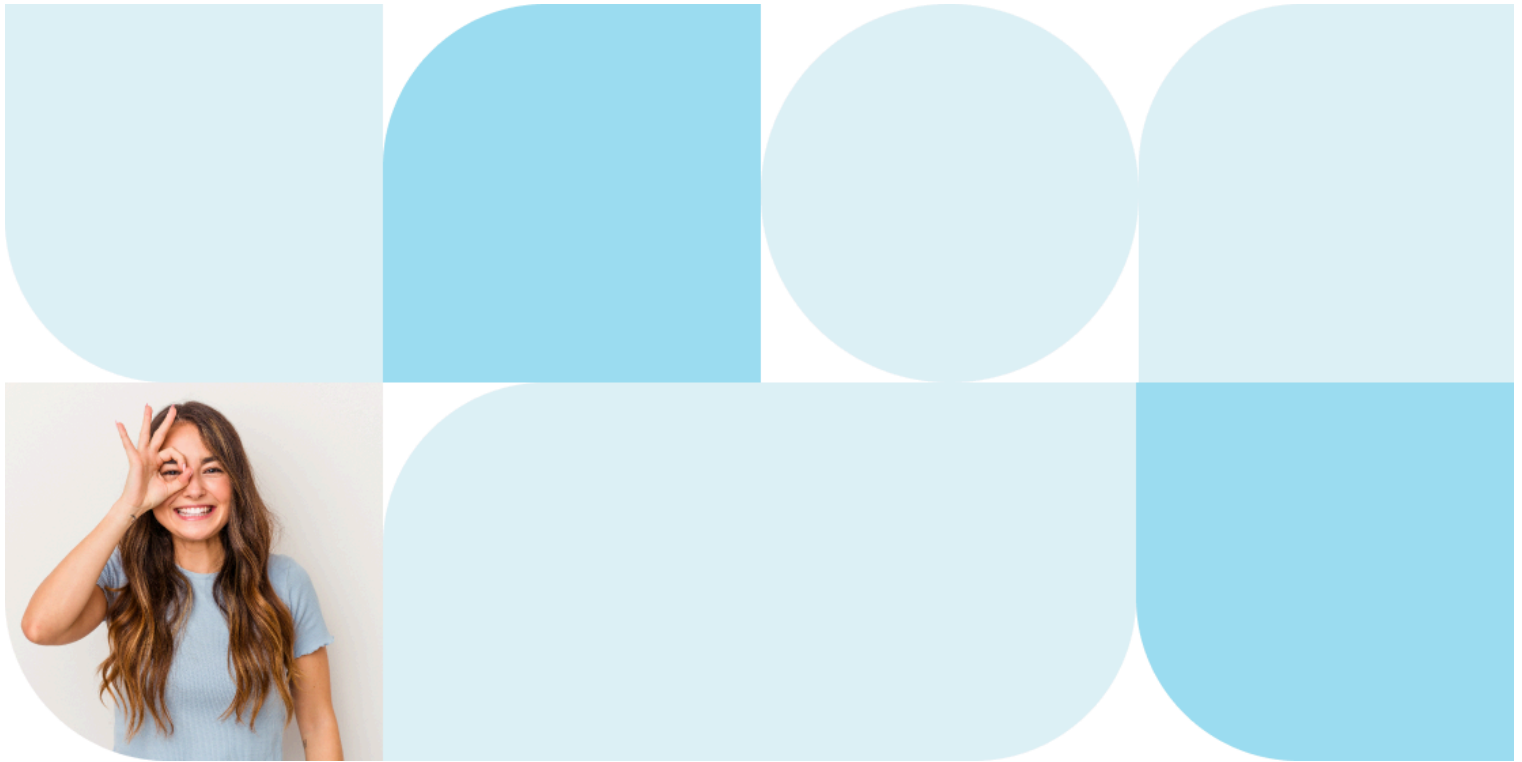
## About your test results

Thank you for choosing Get Tested International AB as your supplier of health analyzes.

### Test result summary (Food Sensitivity Large)

Below you see an overview of how the 78 different substances that are tested are distributed in accordance to sensitization based on your test results.





# Food Sensitivity Large Test

# Food Sensitivity Large Test

## About your test result

Our lab has tested whether your blood sample showed any signs of IgE sensitization to 38 different substances by measuring the concentration of IgE immunoglobulins in your blood. In an IgE-mediated response, the immune system responds by producing IgE antibodies when it comes in contact with the allergen. The higher the concentration of IgE antibodies, the greater the chance that the food will trigger allergic symptoms.

An allergy test can give a result/reaction even though the individual does not experience any symptoms. That is, an elevated IgE alone is not enough to diagnose allergies. It may be that the person being tested is only hypersensitive to a food instead of allergic, and then the analysis does not show it.

## How to interpret your test results

Your test results shows on a scale from 1-6 how strong sensitization your body has reacted with, for each substance.



































**CLASS 0: No reaction**










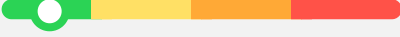





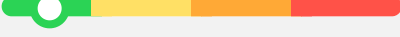




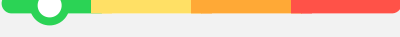









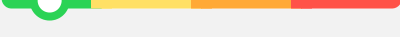





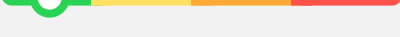

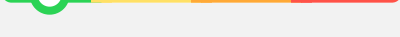





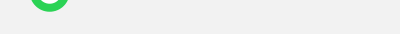


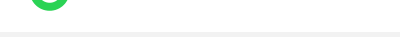


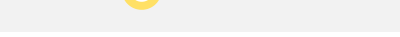


**CLASS 1-2: Weak sensitization**



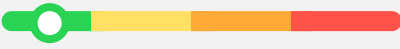





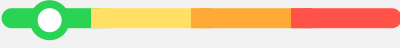





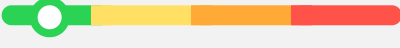











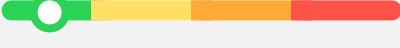





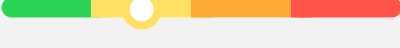











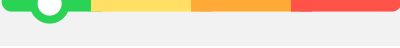





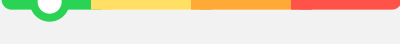





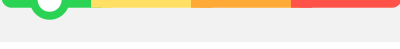





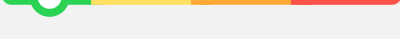



**CLASS 3-4: Moderate sensitization**

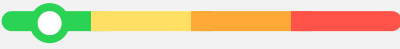
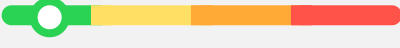



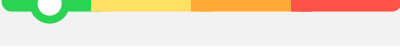




**CLASS 5-6: Strong sensitization**

## Your test results


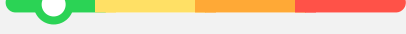

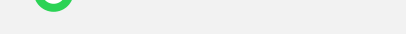
Name	Your value	Class	Scale
Adzuki Bean / Red Bean	 0.71	 0	
Allspice	 4.00	 0	
Almond	 4.44	 0	
Aloe vera	 4.12	 0	
Amaranth	 0.50	 0	
Anchovy	 1.54	 0	
Anise	 1.49	 0	
Apple	 4.39	 0	
Apricot	 1.94	 0	
Arrowroot	 15.99	 0	
Artichoke	 7.06	 0	
Asparagus	 3.49	 0	
Avocado	 2.06	 0	
Baker's / Brewer's Yeast	 4.09	 0	
Bamboo Shoot	 6.79	 0	
Banana	 2.99	 0	
Barley	 9.77	 0	
Basil	 9.12	 0	
Bass	 0.00	 0	
Bay Leaf	 3.84	 0	



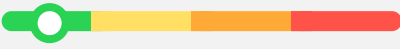




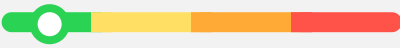





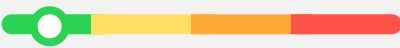





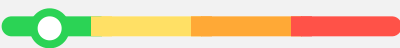




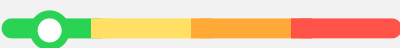





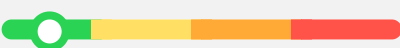





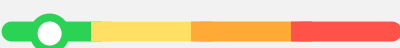





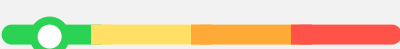




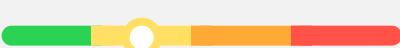





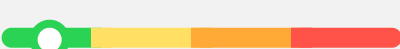




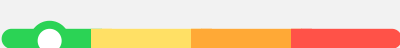



Name	Your value	Class	Scale
Beef	 1.72		
Beet	 3.23		
Black Pepper	 9.23		
Black Tea	 5.50		
Black-Eyed Pea	 1.01		
Black/Red currant	 4.61		
Blackberry	 0.59		
Blue Cheese	 4.89		
Blueberry	 4.37		
Bran	 8.13		
Brazil Nut	 1.59		
Broccoli / Brussel Sprouts	 2.10		
Brown Rice	 2.83		
Buckwheat	 1.34		
Buffalo	 1.19		
Burdock Root	 12.26		
Buttermilk	 4.89		
Button Mushroom	 4.88		
Cabbage	 2.00		
Candida albicans	 9.67		
Cane Sugar	 21.95		
Canola Seed	 0.71		


Name	Your value	Class	Scale
Cantaloupe	 9.33		
Caraway seed	 2.70		
Carp	 0.87		
Carrot	 12.53		
Casein	 5.29		
Cashew Nut	 3.37		
Catfish	 3.62		
Cauliflower	 2.27		
Celery	 2.55		
Chard	 3.21		
Cheddar Cheese	 6.26		
Cherry	 4.21		
Chestnut	 13.87		
Chia Seed	 4.12		
Chicken	 0.88		
Chicken Egg White	 2.45		
Chicken Egg Yolk	 1.20		
Chickpea	 1.01		
Chili Pepper	 3.26		
Chive	 2.74		
Cinnamon	 5.22		
Clam	 0.46		

Name	Your value	Class	Scale
Clove	 5.55		
Cocoa Bean (Chocolate)	 7.75		
Coconut	 0.04		
Cod	 1.71		
Coffee Bean	 7.87		
Cola Nut / Kola Nut	 12.19		
Coriander	 10.50		
Corn	 3.91		
Cottage Cheese	 6.29		
Cow's Milk	 7.73		
Crab	 1.01		
Cranberry	 2.20		
Crayfish	 2.58		
Cream Cheese	 5.45		
Cucumber	 3.49		
Curry Powder	 5.46		
Date	 4.32		
Dill	 2.40		
Duck	 0.11		
Duck Egg Whole	 0.10		
Eel	 0.07		
Eggplant	 7.34		

Name	Your value	Class	Scale
Elderberry	 5.19	 0	
Endive	 2.70	 0	
Fava bean	 1.93	 0	
Fennel Seed	 3.41	 0	
Fenugreek seeds	 1.38	 0	
Fig	 13.05	 0	
Flaxseed	 0.99	 0	
Flounder	 0.34	 0	
Garlic	 4.42	 0	
Ginger	 7.75	 0	
Ginkgo Nut	 9.00	 0	
Ginseng	 2.39	 0	
Gliadin	 2.59	 0	
Gluten	 1.57	 0	
Goat's Milk	 3.51	 0	
Gogiberry	 3.08	 0	
Goose	 1.36	 0	
Gooseberry	 5.45	 0	
Grape	 3.54	 0	
Grapefruit	 3.29	 0	
Green Bean	 5.97	 0	
Green Bell Pepper	 2.20	 0	



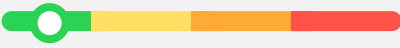


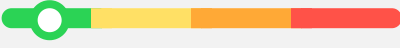




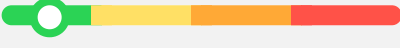










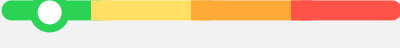














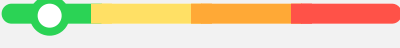











Name	Your value	Class	Scale
Green Pea	 1.39		
Green Tea	 7.43		
Guava	 4.09		
Haddock	 0.00		
Halibut	 0.00		
Hazelnut	 0.76		
Hemp	 1.76		
Herring	 0.18		
Honey	 2.20		
Honeydew	 2.40		
Hops	 3.88		
Horseradish	 8.30		
Jackfruit	 6.39		
Kale	 4.71		
Kelp	 18.70		
Kidney Bean	 8.89		
Kiwi	 6.70		
Kohlrabi	 2.66		
Kumquat/Cumquat	 2.46		
Lamb	 0.12		
Leek	 3.01		
Lemon	 1.52		

Name	Your value	Class	Scale
Lentil	 1.77		
Lettuce	 3.14		
Licorice	 4.78		
Lima Bean	 1.80		
Lime	 1.44		
Lobster	 2.38		
Lotus Root	 6.23		
Lychee/Litchi	 12.31		
Macadamia Nut	 1.39		
Mackerel	 4.75		
Malt	 9.25		
Mango	 3.66		
Mangosteen	 0.02		
Maple Sugar	 4.00		
Millet	 2.78		
Monk Fruit	 1.75		
Mozzarella Cheese	 6.30		
Mulberry	 2.92		
Mung Bean	 0.43		
Mussel	 0.96		
Mustard	 1.30		
Navy Bean / White Bean	 6.56		

Name	Your value	Class	Scale
Oat	 8.74		
Octopus	 2.31		
Okra	 2.60		
Olive	 1.60		
Onion	 3.55		
Orange	 2.62		
Oregano	 7.54		
Oyster	 11.75		
Papaya	 4.24		
Paprika	 3.08		
Parsley	 5.51		
Passion fruit	 2.68		
Peach	 1.83		
Peanut	 1.22		
Pear	 1.06		
Pecan	 2.43		
Peppermint	 8.67		
Perch	 0.00		
Persimmon	 2.25		
Pike	 0.14		
Pine Nut	 2.88		
Pineapple	 2.88		

Name	Your value	Class	Scale
Pinto Bean	 4.36		
Pistachio Nut	 2.03		
Plum	 3.80		
Pomegranate	 1.85		
Poppy Seed	 2.30		
Pork	 0.55		
Prune	 12.59		
Pumpkin	 2.45		
Pumpkin seeds	 1.51		
Quinoa	 1.69		
Rabbit	 1.06		
Radish / Daikon	 1.88		
Raspberry	 1.57		
Red Snapper	 2.15		
Rhubarb	 4.69		
Rosemary	 4.72		
Rye	 1.91		
Safflower Seed	 1.05		
Sage	 5.74		
Salmon	 0.76		
Sardine	 0.16		
Scallop	 0.20		

Name	Your value	Class	Scale
Sea Urchin	 0.00		
Sesame Seed	 3.37		
Sheep's Milk	 2.91		
Shiitake Mushroom	 15.15		
Shrimp	 0.88		
Sole	 0.00		
Sorghum	 2.29		
Soybean	 0.66		
Spelt	 5.84		
Spinach	 1.49		
Squash	 2.89		
Squid	 0.24		
Stevia	 0.57		
Strawberry	 2.00		
Sunflower Seed	 1.83		
Sweet Marjoram	 3.78		
Sweet Potato	 4.86		
Swiss Cheese	 5.38		
Swordfish	 1.26		
Tangerine	 2.51		
Tarragon	 2.92		
Teff	 3.07		

Name	Your value	Class	Scale
Thyme	 6.61		
Tilapia	 0.97		
Tomato	 3.86		
Trout	 0.08		
Tuna	 2.89		
Turkey	 0.36		
Turmeric	 7.19		
Turnip	 1.61		
Vanilla	 16.18		
Venison	 2.21		
Walnut	 2.72		
Wasabi	 1.57		
Watermelon	 4.12		
Wheat	 3.96		
Wheat germ agglutinin (lectin)	 9.91		
Whey	 7.22		
White Potato	 3.44		
White Rice	 2.36		
Yerba mate	 2.01		
Yogurt	 5.58		
Zucchini Squash	 3.21		
beta-Lactoglobulin	 1.16	