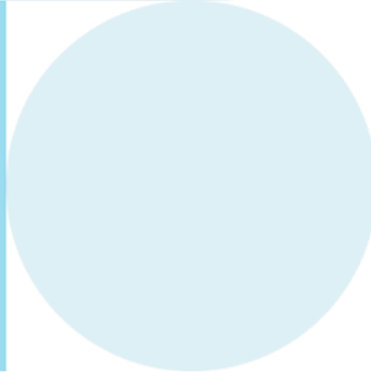
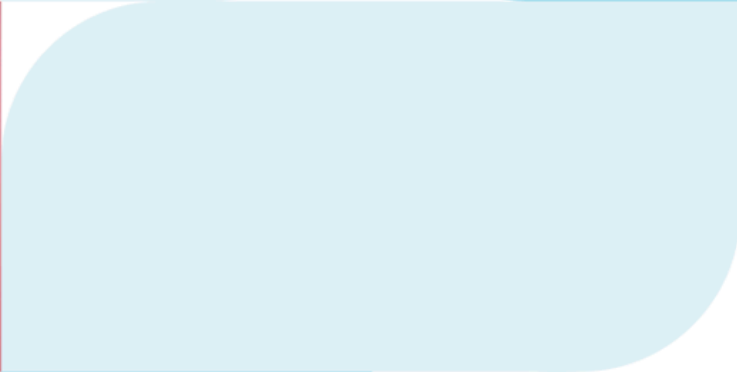




Test report



At-home test



Food Sensitivity Test Medium

 Lab test

 Blood

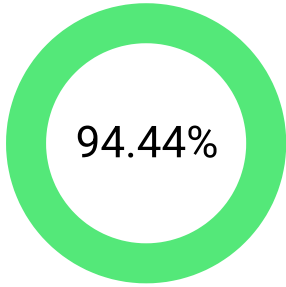
Name: **Dummy Persson** Date of test: **01/16/2025** Analysis-ID: **RRA4QH-U144**

About your test results

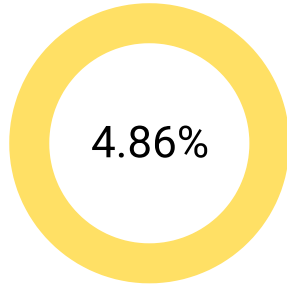
Thank you for choosing Get Tested International AB as your supplier of health analyzes.

Test result summary (Food Sensitivity Medium)

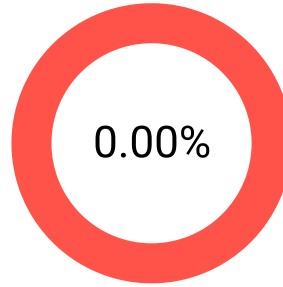
Below you see an overview of how the 78 different substances that are tested are distributed in accordance to sensitization based on your test results.



94.44% of items tested showed no reaction.



4.86% of items tested showed weak reaction.



0.00% of items tested showed strong reaction.



0.00% of items tested showed strong reaction.



Food Sensitivity Medium Test

Food Sensitivity Medium Test

About your test result

Our lab has tested whether your blood sample showed any signs of IgE sensitization to 38 different substances by measuring the concentration of IgE immunoglobulins in your blood. In an IgE-mediated response, the immune system responds by producing IgE antibodies when it comes in contact with the allergen. The higher the concentration of IgE antibodies, the greater the chance that the food will trigger allergic symptoms.

An allergy test can give a result/reaction even though the individual does not experience any symptoms. That is, an elevated IgE alone is not enough to diagnose allergies. It may be that the person being tested is only hypersensitive to a food instead of allergic, and then the analysis does not show it.

How to interpret your test results

Your test results shows on a scale from 1-6 how strong sensitization your body has reacted with, for each substance.





















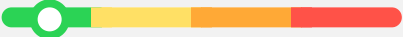





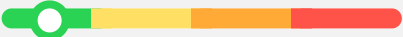





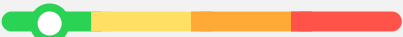



























CLASS 0: No reaction


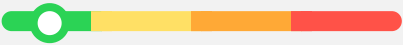





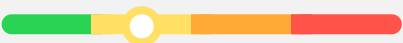























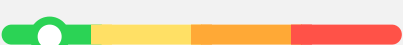




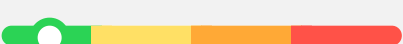








CLASS 1-2: Weak sensitization



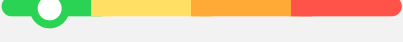


CLASS 3-4: Moderate sensitization

CLASS 5-6: Strong sensitization











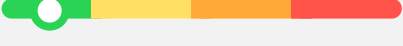


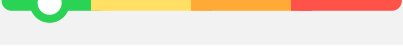

Your test results


Name	Your value	Class	Scale
Almond	 4.44	 0	
Anchovy	 1.54	 0	
Apple	 4.39	 0	
Apricot	 1.94	 0	
Artichoke	 7.06	 0	
Asparagus	 3.49	 0	
Avocado	 2.06	 0	
Baker's / Brewer's Yeast	 4.09	 0	
Banana	 2.99	 0	
Barley	 9.77	 0	
Basil	 9.12	 0	
Beef	 1.72	 0	
Beet	 3.23	 0	
Black Pepper	 9.23	 0	
Black Tea	 5.50	 0	
Blueberry	 4.37	 0	
Brazil Nut	 1.59	 0	
Broccoli / Brussel Sprouts	 2.10	 0	
Buckwheat	 1.34	 0	
Button Mushroom	 4.88	 0	


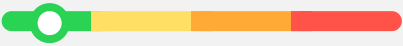
















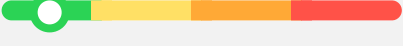





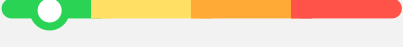





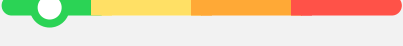
Name	Your value	Class	Scale
Cabbage	 2.00		
Candida albicans	 9.67		
Cane Sugar	 21.95		
Cantaloupe	 9.33		
Carrot	 12.53		
Casein	 5.29		
Cashew Nut	 3.37		
Catfish	 3.62		
Cauliflower	 2.27		
Celery	 2.55		
Cheddar Cheese	 6.26		
Cherry	 4.21		
Chestnut	 13.87		
Chicken	 0.88		
Chicken Egg White	 2.45		
Chicken Egg Yolk	 1.20		
Chickpea	 1.01		
Chili Pepper	 3.26		
Cinnamon	 5.22		
Clam	 0.46		
Clove	 5.55		
Cocoa Bean (Chocolate)	 7.75		

Name	Your value	Class	Scale
Coconut	 0.04		
Cod	 1.71		
Coffee Bean	 7.87		
Coriander	 10.50		
Corn	 3.91		
Cow's Milk	 7.73		
Crab	 1.01		
Cranberry	 2.20		
Cucumber	 3.49		
Curry Powder	 5.46		
Date	 4.32		
Duck	 0.11		
Duck Egg Whole	 0.10		
Eggplant	 7.34		
Fennel Seed	 3.41		
Fig	 13.05		
Flaxseed	 0.99		
Garlic	 4.42		
Ginger	 7.75		
Gliadin	 2.59		
Gluten	 1.57		
Goat's Milk	 3.51		

Name	Your value	Class	Scale
Goose	 1.36		
Grape	 3.54		
Grapefruit	 3.29		
Green Bean	 5.97		
Green Bell Pepper	 2.20		
Green Pea	 1.39		
Guava	 4.09		
Halibut	 0.00		
Hazelnut	 0.76		
Honey	 2.20		
Hops	 3.88		
Jackfruit	 6.39		
Kidney Bean	 8.89		
Kiwi	 6.70		
Lamb	 0.12		
Lemon	 1.52		
Lentil	 1.77		
Lettuce	 3.14		
Lima Bean	 1.80		
Lime	 1.44		
Lobster	 2.38		
Macadamia Nut	 1.39		

Name	Your value	Class	Scale
Mackerel	 4.75		
Malt	 9.25		
Mango	 3.66		
Millet	 2.78		
Mussel	 0.96		
Mustard	 1.30		
Oat	 8.74		
Octopus	 2.31		
Olive	 1.60		
Onion	 3.55		
Orange	 2.62		
Oregano	 7.54		
Oyster	 11.75		
Papaya	 4.24		
Parsley	 5.51		
Peach	 1.83		
Peanut	 1.22		
Pear	 1.06		
Pecan	 2.43		
Peppermint	 8.67		
Persimmon	 2.25		
Pine Nut	 2.88		

Name	Your value	Class	Scale
Pineapple	 2.88		
Pinto Bean	 4.36		
Pistachio Nut	 2.03		
Plum	 3.80		
Pork	 0.55		
Pumpkin	 2.45		
Quinoa	 1.69		
Rabbit	 1.06		
Raspberry	 1.57		
Red Snapper	 2.15		
Rye	 1.91		
Salmon	 0.76		
Sardine	 0.16		
Scallop	 0.20		
Sesame Seed	 3.37		
Shrimp	 0.88		
Sole	 0.00		
Soybean	 0.66		
Spelt	 5.84		
Spinach	 1.49		
Squid	 0.24		
Strawberry	 2.00		

Name	Your value	Class	Scale
Sunflower Seed	 1.83		
Sweet Potato	 4.86		
Tilapia	 0.97		
Tomato	 3.86		
Trout	 0.08		
Tuna	 2.89		
Turkey	 0.36		
Vanilla	 16.18		
Walnut	 2.72		
Watermelon	 4.12		
Wheat	 3.96		
Whey	 7.22		
White Potato	 3.44		
White Rice	 2.36		