**SCULPTRA AFTERCARE**

**DO:**

* Use ice packs may be used during the first 24 hours - 10 mins on and 10 min off.
* Massage the injected site as instructed for 5 minutes, 5 times/day, for 5 days.
* Elevate the head with two pillows while sleeping during the first few days to minimize swelling.
* Take Tylenol for pain control.
* Call us immediately if you experience any problem or have any questions.

**DO NOT:**

* Take ibuprofen, Aspirin, other non-steroidal anti-inflammatory drugs (NSAIDS), or vitamin E for 24 hours after injection.
* Drink alcohol for the first few days after treatment.
* Chew gum or eat hots foods for the first several hours as mouth trauma may occur in the anesthetized areas.

1 Park West Circle, Suite 200 - Midlothian, VA 23114 804.378.7443 | www.matthewbridgesmd.com