## **NEUROTOXIN POST-CARE INSTRUCTIONS**

- Remain in a vertical position for 4 hours following treatment. Avoid resting your head or laying down flat; sit upright. It is ok to momentarily lean down, but do not have your head in a downward position for a prolonged period within the 4 hours following treatment.
- Avoid wearing tight hats for the first 24 hours after treatment.
- You may take Acetaminophen/Tylenol if you experience any mild tenderness or discomfort.
- Resume your daily skin care regimen the evening after treatment.
- Avoid dermal rollers for two weeks following treatment.
- With any other concerns, please reach out directly to your provider for further explanation.
- The product will be in full effect after 14 days.