

# BBL, IPL Post Care Instructions

## IPL and BBL Post-Care Instructions



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- You may apply makeup immediately following
- You may resume your normal skincare routine immediately following treatment
- Avoid excessive sweating or heat for the first 24 hours following treatment. Slight redness or swelling may occur immediately following IPL and will subside usually within the first 24 hours. You may take an antihistamine such as Benadryl or Allegra for persistent swelling.
- The gradual darkening of pigmentation will occur. Patients are advised not to rub the treatment area or try to scrub the area away. This is part of the healing process and should start to slough off in three to four days.
- In extreme cases, blistering, burns, or bleeding may occur. Please call your technician if this occurs.
- For 24-48 hours following the treatment, strict adherence to sun protection and avoidance of direct sunlight is recommended.
- Retreatment of IPL or any other Aurora Esthetic service can be done as early as 2-4 weeks, patient-dependent.