

IPL, BBL, LaseMD & 1540 Skin Renewal Pre Care Instructions

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2-4 weeks before appointment

- Avoid direct sunlight, spray tans, or self-tanners.
- Important: treatment may be postponed if there is any recent sunburn or tan to prevent any hypopigmentation from occurring.

3-5 days before appointment

- Avoid any exfoliants like Retinol or Tretinoin.
- Avoid any photosensitizing medications such as Doxycycline or Tetracycline. Discontinue 3 days before treatment.

Alert your provider at Aurora Medical Spa

- You are on any new medications to check their sensitivity to light
- If you have any new or history of fever blisters around the potentially treated areas, we may be able to call in a prophylactic antiviral to be taken on the day of treatment if you have a history of flare-ups related to these procedures.
- Any new cosmetic tattooing on or around the potential treatment area.