

# 1540 and LaseMD Skin Renewal Post Care Instructions

## LaseMD Post-Instructions

### LASEMD SKIN RESURFACING POST-TREATMENT

#### Day of Treatment

KEEP phone, pillowcase, or any other objects that could touch the face clean for the 1st day following treatment. You may experience a burning or warm sensation for 1-2 hours immediately after the treatment. May apply sterile gauze covered ice packs if needed to help with the warm sensation.

It is normal for your face to be pink to red for the first 24hrs.

AVOID Make-up, direct sunlight, or excessive sweating day of treatment.

BEGIN Aurora's recommended post-procedure products tonight.

#### Days 1-6

You may resume normal makeup.

KEEP the treatment area moisturized nightly with Aurora's recommended post- procedure products. When washing your affected treatment area, use a gentle cleanser and pat dry gently to avoid scrubbing.

Your skin will feel like sandpaper starting the day after treatment.

Usually, any crust will separate naturally within 5-7 days after the treatment.

AVOID chemical/physical exfoliators such as retinol, glycolic acid, or lactic acid till day 7.

Avoid submerging the treated area in chlorine or salt/lake water for 1 week as your skin is still healing.

Wear mineral sunscreen daily.

You may begin exercising after 24-48 hours. Increased redness may result from any activity that increases blood flow or body temperature (e.g. alcohol consumption, exercise, and sauna).

## **Days 7 and on**

You may now exfoliate with any Aurora approved exfoliator and resume normal skincare routine!

Apply UV A/B sunblock daily with an SPF of at least 30. Use an umbrella, hat, or any other available protection against sunlight while spending time outdoors.