# **RF Microneedling Post Instructions**

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\*\*Follow LaseMD post instructions protocol when treating with Total Skin Solution.\*\*

### **DAY OF TREATMENT**

- Keep your phone, pillowcase, or any other objects that could touch the treated area clean for the first day following treatment. You may experience a burning or warm sensation for 2-4 hours immediately after the treatment.
- It is normal for your face to be pink to red for the first 24 hours
- Avoid makeup, direct sunlight, or excessive sweating on the day of treatment.
- Begin Aurora's recommended post-procedure products tonight. Wear mineral sunscreen immediately following treatment and, at a minimum, for 7 days following while in indirect sunlight.

#### **DAYS 1-7:**

- You may resume normal makeup
- Keep the treatment area moisturized nightly with Aurora's recommended post-procedure products, including TNS Advance Plus Serum. When washing your affected treatment area. use a gentle cleanser and pat dry gently to avoid scrubbing.
- Your skin will feel like sandpaper starting the day after treatment.
- Usually, any crust will separate naturally within 5-7 days after the treatment.
- Avoid chemical/physical exfoliators such as Retinol, Glycolic Acid, or Lactic Acid until day 7.
- Avoid any sunless tanning creams or sprays on treatment areas for 24 hours. Do not wax or use depilatory creams on treatment areas.